



Athens and the Saronic Gulf
June 15 – 22, 2024



ITINERARY

SATURDAY:

Our departure location is Alimos Marina, Athens. As usual, after a lazy morning, Admiral Mila will be leading the provisioning raiding party, while the skippers, with the help of Capt. Belen, will get checked in on their yachts. When we are finally released, we will set sail for nearby Aegina, where we will spend the night and have dinner at a local taverna.

SUNDAY:

Off we go to Cape Sounion to visit the temple of Poseidon. After all, as sailors, we must pay our respect to Old Poseidon and make sure that he blesses us with calm seas during that week. The sunset from the temple is breathtaking. We will be at anchor there for the night and dinghy to shore to one of the local tavernas for dinner. Capt. Belen told us that being at anchor in the dark and looking at the illuminated temple of Poseidon up the hill is a magical experience.



ASA GREECE FLOTILLA



Join us for this exciting new destination in Greece.

Our guide will be our local instructor and Captain, Belen Castro Martin.

Not only is Belen an accomplished sailor who is thoroughly familiar with the local waters, but she is also a knowledgeable archeologist and specialist of classic Greek history.

This promises to be an unbelievable experience combining sailing, science and local culture and history. Add to that mix the legendary Greek hospitality and gastronomy and you have a vacation you will never forget.



MONDAY:

From Cape Sounion to Poros is about 28NM. Let's hope Poseidon's blessings work... We will spend the night in Poros where, of course, we will enjoy the local specialties in one of the port's tavernas. Poros is a very touristic and lively vacation destination, and you will have no problems finding entertainment there.

TUESDAY:

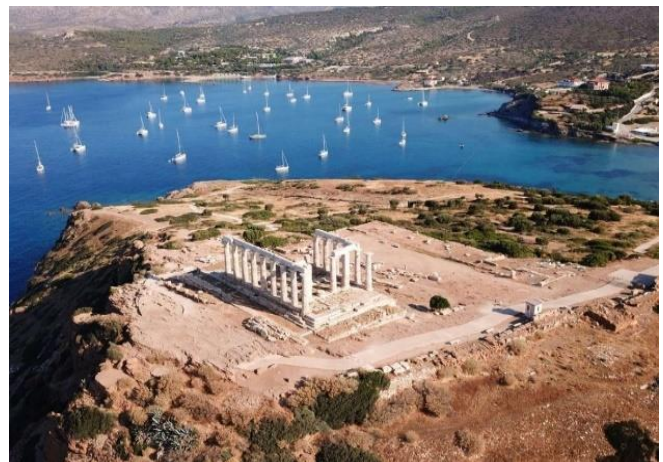
This will be a short sail when we aim for the peninsula of Methana.

This volcanic peninsula has thermal spas where, after a hike to the volcanic crater, we can rest our old bones in healing mineral waters. Even if you are not a scientist, you will guess the origin of the name methane gas.

We will spend the night in the nearby typical fishing village of Vathy. Belen describes it as gorgeous and not to be missed. This is a tiny village with limited docking access. In case we do not find enough space, we will spend the night at the dock in Methana.

WEDNESDAY:

Not to be missed will be the old city of Epidavros where a visit to the temple of Asklepius and its famous theater, the largest well preserved one in Greece. Asklepius was the God of Medicine and the medical professionals among our sailors will not want to miss this land tour.





THURSDAY:

We have to make our way back towards Athens but we will spend the night on Moni Island, near Aegina, where peacock and deer roam freely. They are not afraid of humans and will make for great photo opportunities. Dinner on board.

FRIDAY:

This is the last day of our trip, and we must return to our base but not without some more sailing, swimming, and snorkeling before we arrive back at the base around 17:00.

You can check in at a local hotel or spend the last night on the yacht and disembark by 9:00 am Saturday morning.

Prices:

Monohull: \$2095 per person, double occupancy
Catamaran: \$2250 per person, double occupancy



Please note that itineraries are subject to change due weather conditions or other circumstances beyond our control.

NEW!

Obtain your ASA 103-104 certifications during this flotilla. One dedicated yacht with an instructor will follow our fleet and students will enjoy the flotilla experience while training for the Basic Coastal Navigation and Bareboat Cruising certifications.

ASA Class 103 - 104

\$4,795 per person (min. 2 people, max. 6)

IMPORTANT NOTES:

- To book this trip a 50% deposit is required, of which \$150.00 is non-refundable. The balance will be due 45 days prior to departure
- Participants will need to adhere to all health, safety, and travel regulations in place at the time of the event.
- Participants are encouraged to purchase an international travel policy in place with a cancellation "for any reason" clause and with medical and repatriation clauses
- If the charter must be cancelled due to a government mandate or for any other reason beyond our control, a voucher will be issued for the following year.

For reservations or more info, call (941) 258-8890 or (941) 204-0023 or email us at:

sailing@medsailingadventures.com

Capt. Jean and "Admiral" Mila De Keyser

www.medsailingadventures.com

Your Sailing Hosts



Capt. Jean and "Admiral" Mila have been organizing sailing flotillas with the American Sailing Association since 2009 and have introduced hundreds of sailors and non-sailors to fascinating destinations in the Mediterranean and the Seychelles.

They know the sailing waters and show participants places that many tourists do not know. They put a very heavy emphasis on safety while ensuring that all participants go home with fun and unforgettable vacation memories.

Jean, a native of Belgium, holds a USCG 100T Master License and teaches 101, 103, 104, 114, 105 & 118 in Florida and the Mediterranean.

Mila, born and raised in Peru, the Admiral of the flotilla, master organizer, first mate and the proverbial strong woman behind her husband.

Together, they run Whitecaps Sailing, an American Sailing certified school in Southwest Florida.

Med Sailing Adventures. Friendships are born here.