

# COME AND SEE John 1:39

PROVIDED BY THRIVE LADIES MINISTRY  
CENTRAL BAPTIST CHURCH, KANNAPOLIS, NC

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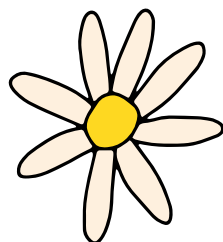


## How to Do All Things...

BY PHYLLIS LEMMON

Busy, busy, we are all so busy.  
Doing this. Doing that.  
Responsibilities. Taking care of  
ourselves. Opportunities  
to serve. Family. Friends.  
Neighbors. Life's "stuff".

Here are 5 verses to remind us  
how we are to do all these things.



### DO ALL THINGS WITH LOVE

I Corinthians 16:14 - "Let all that  
you do be done with love."  
Let love speak first. Let love  
work first. Let love be seen first.

### DO ALL THINGS THROUGH CHRIST

Philippians 4:13 - "I can do all  
things through Christ which  
strengtheneth me."

Anything done in our own  
strengthen is gambling with  
disaster.

### DO ALL THINGS WITHOUT COMPLAINING AND ARGUING

Philippians 2:14 - "Do all things  
without murmurings and  
disputings:"

Why? (verse 15) "that ye may be  
blameless and harmless, the  
sons of God, without rebuke, in  
the midst of a crooked and  
perverse nation, among whom  
ye shine as lights in the world;"

**How to Do All Things... - Cont'd**

**DO ALL THINGS IN AN APPROPRIATE AND BECOMING MANNER**

I Corinthians 14:40 - "Let all things be done decently and in order.

I Corinthians 14:33 - "For God is not the author of confusion, but of peace,"

It is clear how God would have things done.

**DO ALL THINGS AS YOU WOULD LIKE SOMEONE TO DO TO YOU**

Luke 6:31 - "And as ye would that men should do to you, do ye also to them likewise."

This Golden Rule (as it has often been called) should be a guide in all things. It could and should affect every decision you make.

Prepositions in the English language are little pieces of grammar that hold thoughts together.

Here we have used 5 of them: WITH, THROUGH, WITHOUT, IN, AS.

Let them remind you to use these biblical principles - to do all things:

**WITH** love

**THROUGH** Christ

**WITHOUT** murmuring and disputings

**IN** an appropriate and becoming manner

**AS** you would want others to do to you

*Phyllis and her husband, Barry, have served together in full-time ministry for 31 years. Phyllis is the loving mother of 3 and grandma to 6 precious children. Born in Michigan, she is proud of her Midwest roots, but thoroughly enjoys living in the beautiful state of North Carolina.*





## Lesson Learned from a Broken Bone

BY LYNETTE CANNON

A person's body is a miraculous creation of God. I was talking to my granddaughters recently about how "fearfully and wonderfully" we are made, intricately woven together in the womb by God—as Psalm 139 reminds us. The event that led to this conversation occurred several months ago.

Sadie had fallen off the "monkey bars" and broken her humerus (upper arm bone) into two completely separate parts, right above the elbow. In doing so, she had damaged the ulnar nerve and had some numbness and weakness in her thumb and forefinger. The doctor assured her parents that, over time, after the bone was set and had healed, the damage would resolve itself—and he was right.

It is quite evident now as she does multiple cartwheels all over the backyard.

The girls were curious about how the nerve was affected by the broken bone. This led to a discussion about how the brain controls the nerves and the movement of each part of the body. They were fascinated, as we all should be when we stop to think about how God put together these bodies. They are not just accidental products of some evolutionary process. As Joseph Paturi wrote in an article for *Creation* magazine:

"The raw material, the basic chemicals in our body, can be found in the 'dust of the ground'. However, these chemicals cannot arrange

themselves into cell tissues, organs and systems. This can only happen with an input of intelligence. The book of Genesis teaches that God took 'the dust of the ground', a heap of chemicals, shaped a man and then blew into his nostrils the breath of life. Then man became a living soul....Our bodies have been designed with the ability to pass on to the next generation the programmed information required to form another person from simple chemicals. We are more than the chemicals that form our body. We are a special creation of God. Man is God's masterpiece—His workmanship, the crown of creation." (*Creation*, September 1998)

**Lessons Learned from a Broken Bone - Cont'd**

Only the perfect Creator could create such an intricately detailed organism as the human body. Why did God make us so spectacularly special? His Word clearly tells us.

“Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him.” Isaiah 43:7

“Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created.” Revelation 4:11

We are to bring God glory in all that we say and do. That is why we were created. The unique value of our created bodies is clearly seen throughout the New Testament as the Holy Spirit led authors to use it as a metaphor.

The working of the human body is compared to the church body by Paul in I Corinthians 12.

In the human body, “God has set the members...as it hath pleased Him.”(v. 18) So it is in the membership of the church body. God always has a plan, and it always works perfectly... if we follow it. It is not a coincidence that the human body is a perfect metaphor for Jesus Christ’s church.

To bring glory to God with our bodies, we must first present them as living sacrifices, as Romans 12:1 tells us, we must make a commitment to use each and every part of our bodies: brain, eyes, ears, mouth, hands, feet-- all to bring glory to Him. I was reminded of that little song we sang as small children:

“Little feet, be careful, where you lead me to, Anything for Jesus, only let me do. Little hands, be careful, what you find to do, Anything for Jesus, only let me do.”

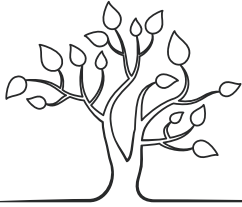
Or, as God’s Word so clearly commands: “Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.” Matthew 5:16

“Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.” 1 Corinthians 10:31

I was thankful that this conversation about the broken arm provided the opportunity to share God’s amazing creation of the human body with my granddaughters. It opened their eyes a little more to His majesty, and it reminded me to remain committed to bring Him glory in all that I do.

Lynette is a retired teacher, having taught in both public and Christian schools for a total of 32 years. Her loving husband, Tommy, went to be with the Lord in 2015. The Lord blessed them with a son and a daughter, and she is now the proud Mawmaw to six precious grandchilren





## Women in the Bible Trivia

Be the first to text your correct answers to 704-305-3210 to claim your prize!  
Be sure to include your name!

1. Why did Adam call his wife Eve?
2. What woman killed a man with a tent peg?
3. Who was the wife of Uriah?
4. Who was the queen mother who saw a hand that was writing on the wall?
5. What did Hagar call God?
6. What was the name of Gomer and Hosea's daughter?
7. What woman was chosen queen as the result of a beauty contest?
8. Who protected the Hebrew spies who came to Jericho?
9. What wealthy woman provided a room for Elisha?
10. How was Elizabeth related to Mary?

# Notes and Journaling

- Do you ever feel like you are just so busy? So busy you can't find a place to stop? How can we learn to be still and focus on the LORD?
- **READ:** Psalm 46:10; Exodus 14:14; Psalm 37:7; Psalm 62:5-6
- **WRITE or DRAW** your thoughts.

Notes:

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## RECIPE

### SPRING PEA SALAD WITH STRAWBERRIES

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##### Ingredients

- 8 cups mixed salad greens
- 1 cup snow peas (and/or snap peas, trimmed)
- $\frac{3}{4}$  cup strawberries (sliced)
- $\frac{1}{2}$  cup shelled fresh peas
- $\frac{1}{4}$  cup feta cheese (crumbled)
- $\frac{1}{4}$  cup fresh mint (chopped)
- 3 tablespoons extra-virgin olive oil
- 2 tablespoons champagne vinegar
- 1 teaspoon honey
- $\frac{1}{4}$  teaspoon salt
- $\frac{1}{4}$  teaspoon ground pepper

##### Directions

Arrange greens, snow (or snap) peas, strawberries, peas and feta on a serving platter. Whisk mint, oil, vinegar, honey, salt and pepper in a small bowl and drizzle over the salad

Do you have a recipe you would like to share? Email it to [cbcthriveladies@gmail.com](mailto:cbcthriveladies@gmail.com) and we'll feature it in an upcoming issue.



**UPCOMING EVENTS**

JUNE 10-14 - KIDS CAMP  
JUNE 23-28 - TEEN MISSION TRIP TO KENTUCKY  
JULY 8-13 - PANAMA MISSION TRIP

**'SHE READS' BOOK CLUB**

MEETS ALTERNATE SATURDAYS @ 10:00 AM  
FOR MORE INFORMATION, PLEASE CONTACT:  
REBECCA SCOTT-FIELDEN 704-680-2613.

**"WONDERLAND CREEK"  
BY LYNN AUSTIN**

**GRIEF SHARE**

"IT HURTS WHEN WE LOSE SOMEONE. FIND HELP AT GRIEF SHARE."  
MONDAY EVENINGS - 6PM  
FOR MORE INFORMATION, PLEASE CONTACT:  
LISA SCEARCE 704-640-4381

**RESOURCES**

CENTRAL BAPTIST CHURCH OFFICE  
704-933-8006  
[HTTPS://CBCKANNAPOLIS.COM](https://cbckannapolis.com)

CENTRAL BAPTIST CHURCH  
CHILD DEVELOPMENT CENTER  
704-934-2050  
[HTTPS://CBCKANNAPOLIS.COM/CCDC](https://cbckannapolis.com/ccdc)

CENTRAL BAPTIST CHURCH  
FOOD PANTRY  
704-933-8006  
[HTTPS://CBCKANNAPOLIS.COM](https://cbckannapolis.com)

DOMESTIC VIOLENCE  
CVAN HELP LINE  
704-788-2826  
[HTTPS://CVAN.ORG](https://cvan.org)

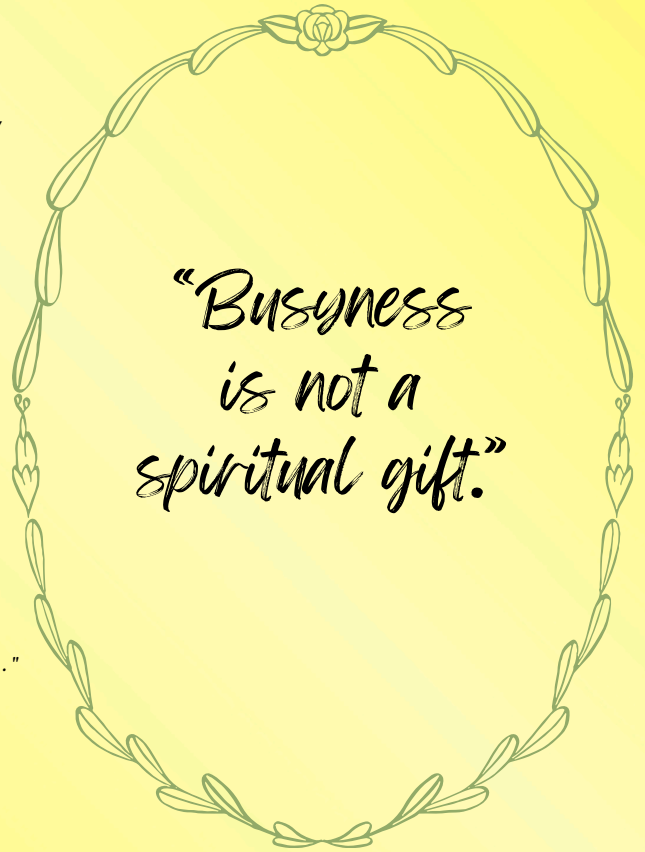
GATE PREGNANCY RESOURCE CENTER  
704-788-0501  
[HTTPS://GATEPRC.ORG](https://gateprc.org)

PREGNANCY SUPPORT CENTER  
704-633-7695  
[HTTPS://PREGNANCYSUPPORT.COM](https://pregnancysupport.com)

PRESENT AGE MINISTRIES  
704-956-2120  
[HTTPS://PRESENTAGEMINISTRIES.ORG](https://presentageministries.org)

COUNSELING CENTER AT CONCORD  
704-786-9205  
[HTTPS://WWW.COUNSELINGCENTERAT  
CONCORD.COM](https://www.counselingcenteratconcord.com)

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CENTRAL CHRISTIAN ACADEMY  
704-934-2050  
VISIT [CBCKANNAPOLIS.COM/CCA](https://cbckannapolis.com/cca)  
FOR MORE INFORMATION

**Follow thrive! Ladies Ministry on  
Facebook and Instagram!**