

thrive! Newsletter

APRIL & MAY 2016

APRIL EVENTS

Open Your Bible Study

Fridays- 8th & 22nd
@ 10:00 a.m.
(Childcare Provided)

Engage Bible Study

Wednesdays @ 7:00 p.m.

Grace Ladies Bible Study

Tuesdays- 5th & 19th
@ 6:30 p.m.

C3 Bible Study (College age)

4th & 18th @ 7:00 p.m.

MAY EVENTS

Renewed Ladies Conference

14th @ 9:30 a.m.

Open Your Bible Study

Friday - 6th @10:00 a.m.
(Childcare Provided)

Engage Bible Study

Wednesday @ 7:00 p.m.

Grace Ladies Bible Study

Tuesdays -
3rd & 17th @ 6:30 p.m.

C3 Bible Study (College age)

2nd & 16th @ 7:00 p.m.

Just...?

by:Jessica Harless

How many times have you heard someone say, "You're just a mom", "You're just a wife", "You just stay at home, that's not a job...you don't work"? I can't even begin to count how many times I have heard those phrases since my husband and I made the choice for me to stay at home. However, tonight as I sat cradling my newborn daughter in my arms, looking down at her sweet face, I thought to myself, "You will never be....JUST anything"!

God has called me to the two greatest responsibilities on this earth...motherhood and wifehood (is that a word?). With His help every day, I am building up armies, raising arrows (Psalm 127:3-5), and bringing up the next generation of godly women. God has called me to be my husband's helpmeet (Genesis 2:18). I am not a slave, nor do I ever feel used or degraded. My husband appreciates all that I do for him whether it be ironing his clothes, fixing his plate, or greeting him at the door with a smile after work, and he lets me know it every day.

Continued page 2

TABLE OF CONTENTS

Just...? ... pg.1&2	Renewed Conference...pg.5
Spring Recipe... pg. 2	Renewed! Crossword...pg. 6
Practically Clean... pg.3	Ladies Night Out... pg. 6
Bible Reading Plan... pg. 3	Motivational Monday... pg. 6
What's Going On... pg. 4	On my heart...pg. 7
Craving More...pg. 4	Reader's Choice...pg.8

BANANA SPLIT BITES



Ingredients

- 3 Bananas
- ¼ lb Cored Pineapple
- 6 Strawberries
- 1 cup Dipping Chocolate
- ¼ cup Chopped Peanuts
- 12 Popsicle Sticks (or skewers)

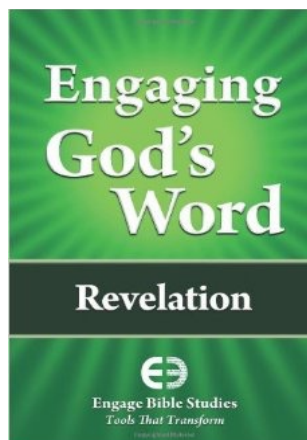
Instructions

- 1 Cut strawberries in half.
- 2 For each strawberry half, cut an equal size piece of banana and pineapple.
- 3 Place pineapple on first, then banana and lastly strawberry.
- 4 Place in freezer for 10 minutes.
- 5 Line a tray with wax paper or parchment paper.
- 6 Put chopped nuts in small plate to use for dipping.
- 7 Melt chocolate by heating in microwave for 30 seconds, stirring and repeating until melted and smooth.
- 8 Dip cold fruit in chocolate, then into nuts, then place on prepared tray.

Just...? {Continued from page 1}

It is in my heart to follow God's will for my life and become the Godly woman He designed me to be! It can sometimes be a struggle with outside influences saying, "Don't do that for him....make him do it....he can do that himself." However, when I listen to my heart, it is out of love and respect that I do what I do. Love and respect for my husband and love and respect for my Creator! He made me specifically for this purpose...to be a helper, a homemaker, a caretaker, a wife, a mother!

See, I will never be JUST anything....I will be their doctor when they're sick, their chauffeur when they go places, their referee when there is a battle, their maid (I use this term loosely, lol) when things need cleaned, their cook when they need to eat, their teacher when they need to learn, their mentor when they need advice and their example when they need someone to look up to. I will never be JUST anything.....I will be EVERYTHING! Why you ask?...because this is my God-given responsibility, my calling.....my legacy. Did I do enough with the time He has given me here on earth? Only time will tell but while I am here in this world, I will do my best to be **everything** more than....*just!*



If you, like me, have ever feared the study of Revelation, this is the study for you! It does not get into confusing debates about the meaning of the Revelation or the timing of the events. You will be comforted by the hope that it gives for how Christians will experience victory in Jesus Christ, Lamb of God, Bridegroom, King, and Judge.

Study begins Wednesday May 4 at 7:00 p.m.
in Grace Ladies Classroom
Facilitator: Glenda Wesson Cost \$15

Spring Clean !

Warmer weather means opening the windows and giving the house a deep cleaning. It also means sorting through clothes, toys and items that no longer fit and donating them or having a yard sale. Here is a Spring Cleaning checklist to help you get started:



Supplies

- Vacuum
- Steam Cleaner or Mop
- Dusting Materials
- Paper Towels
- Broom
- Boxes
- New Furnace Filter

Closets

- Donate or toss old clothes and shoes
- Pack up winter clothes
- Wash/hang up spring clothes
- Dust/wipe down shelves
- Clean or replace laundry basket

Kitchen

- Get rid of outdated spices and food
- Defrost and clean fridge and freezer
- Steam clean grout and appliances
- Polish silverware
- Clean inside of cabinets and drawers
- Dust top of cabinets and above fridge
- Steam clean microwave
- De-clutter junk drawer
- Clean oven
- Clean pantry shelves and around trash

Laundry Room

- Move washer/dryer and clean behind
- Check dryer vent
- Clean out cabinets and drawers

All Rooms

- Wipe down baseboards
- Clean air vents
- Dust blinds and windows
- De-clutter any drawers/messy areas
- Clean windows
- Vacuum/Mop Floors
- Replace HVAC/Furnace Filter

Bedroom

- Dust ceiling fan
- Clean or replace sheets
- Vacuum mattress
- Clean and vacuum under bed
- Wash pillows

Living Room

- Dust around and behind TV
- Clean fireplace
- Clean window treatments/furniture
- Wash, vacuum, or replace dog beds
- Polish hard wood floors

Outside

- Clean light fixtures
- Wash outdoor furniture
- Clean sliding glass door tracks
- Steam clean cement/cracks
- Plant flowers
- Clean/repair gutters
- Clean and organize garage

Bathrooms

- Throw away expired cosmetics
- Steam clean mirrors, countertops, sink
- Change shower curtain
- Steam clean floors, bath tub, and toys
- Clean in, around, and behind toilet
- Unclog drains

April - May Bible Reading

April	May
1- Matthew 10	1- Joshua 12
2- Matthew 11	2- Joshua 13
3- Matthew 12	3- Joshua 14
4- Matthew 13	4- Joshua 15
5- Matthew 14	5- Joshua 16
6- Matthew 15	6- Joshua 17
7- Matthew 16	7- Joshua 18
8- Matthew 17	8- Joshua 19
9- Matthew 18	9- Joshua 20
10- Matthew 19	10- Joshua 21
11- Matthew 20	11- Joshua 22
12- Matthew 21	12- Joshua 23
13- Matthew 22	13- Joshua 24
14- Matthew 23	14- 1 Cor. 1
15- Matthew 24	15- 1 Cor. 2
16- Matthew 25	16- 1 Cor. 3
17- Matthew 26	17- 1 Cor. 4
18- Matthew 27	18- 1 Cor. 5
19- Matthew 28	19- 1 Cor. 6
20- Joshua 1	20- 1 Cor. 7
21- Joshua 2	21- 1 Cor. 8
22- Joshua 3	22- 1 Cor. 9
23- Joshua 4	23- 1 Cor. 10
24- Joshua 5	24- 1 Cor. 11
25- Joshua 6	25- 1 Cor. 12
26- Joshua 7	26- 1 Cor. 13
27- Joshua 8	27- 1 Cor. 14
28- Joshua 9	28- 1 Cor. 15
29- Joshua 10	29- 1 Cor. 16
30- Joshua 11	30- 2 Cor. 1
	31- 2 Cor. 2



What's Going On?
This Summer
at CBC:

June - August

*Graduation Sunday
June 12th

*Kid's Camp
June 13-17

*Panama Mission Trip
June 21-27

*Youth Camp
July 18-22nd

*Blaze (Wednesdays)
beginning June 29th
until Aug. 17th

*VBS
TBD

*Back Pack Blessings
August 14th @ 2:00 p.m.

*Awana Registration
August 31st



Craving More

{21 Days to Cultivating the Habit of Studying God's Word}

By: Michelle Rabon

I don't know that I have had a morning in the last few years that did not include at least two cups of coffee. After that first cup I still crave more coffee. Do we have the same desire for the Word of God? Do we crave God's Word in a way that just a little bit of it isn't enough? Are we left craving more?

God knew we would need His Word for reproof, for instruction, for growth, and for wisdom (2 Tim. 3:16). We are so blessed to be able to hold His life giving Word in our hands. We can open it and have His Words breathe life into us everyday, but where do we start? It's time to stop making excuses as children of God as to why we don't have time to be in God's Word. It is time to make growing with Christ in His Word, daily study and prayer a priority rather than something we just "fit" into our day. We have to start by creating a habit of putting God first and letting everything else fall after Him. We have to stop saying we don't have time, but instead give Christ the time He deserves.

It takes 21 days to create a habit - 21 days of making the same choice for it to stick with us. Are you craving more of Christ? Are you ready and willing to give God the time He deserves and allow Him to teach you from His Word? Join the *thrive!* Ladies Ministry and Displaying Grace on a 21 day journey through the book of John as we cultivate the habit of studying God's Word. 'Craving More' study guides will be available beginning May 29th and we will begin our journey together on May 30th with a devotional kick off in our Motivational Monday email. Don't miss out on this incredible time of growing in the Word of God.

If you would like more information please see Julie Kimmins, Michelle Rabon, or email thriveladiesministry@gmail.com

Renewed Ladies Conference

Psalm 51:10 "Create in me a
clean heart, O God; and renew
a right spirit within me."



Saturday, May 14th, 2016
9:30 a.m. - 12:45 p.m.
Central Baptist Church
Fellowship Hall

Guest Speaker: Marti Tidwell
Creative Speaker: Michelle Rabon

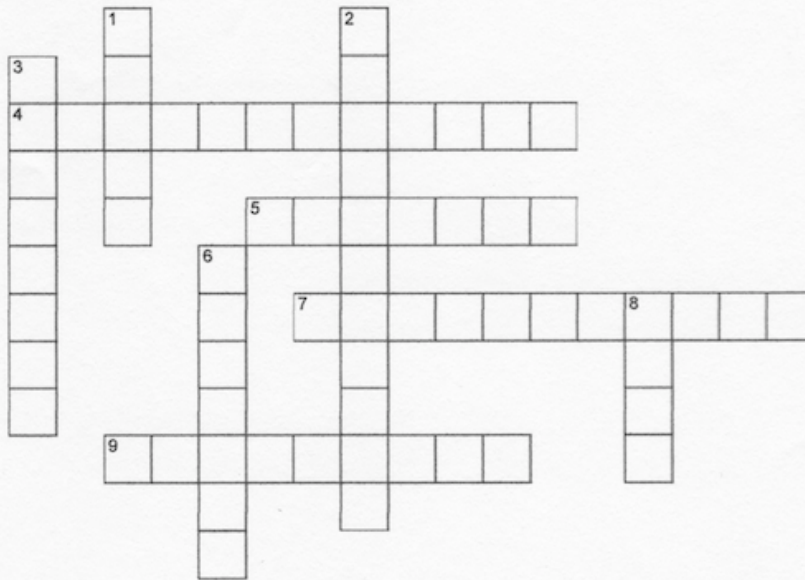
Come and be **Renewed** from the inside out! Join us for a
delicious breakfast, wonderful speakers, door prizes and
encouraging fellowship.

Tickets \$9.00

{purchase at information desk or
thrive ladiesministry@gmail.com}

Renewed!

thrive! Digging Deeper Crossword Puzzle



ACROSS

- 4** ...by the washing of _____ and renewing of the Holy Ghost. Titus 3:5
- 5** Behold, I show you a _____; We shall not all sleep, but we shall all be changed. 1 Cor. 15:51
- 7** A new _____ I give unto you, That ye love one another...John 13:34
- 9** And have put on the new man, which is renewed in _____ after the image of him that created him. Col. 3:10

DOWN

- 1** ...and renew a _____ spirit within me. Ps. 51:10
- 2** And be not conformed to this world, but be ye _____ by the renewing of your mind... Romans 12:2
- 3** Therefore if any man be in Christ, He is a new _____... II Cor. 5:17
- 6** But thanks be to God which giveth us the _____ through our Lord Jesus Christ. I Cor. 15:57
- 8** And be renewed in the spirit of your _____. Eph. 4:24

8 WIND & KNOWLEDGE

ANSWERS: 1 RIGHTEOUSNESS 2 TRANSFORMED 3 CREATURE 4 REGENERATION 5 MISTERY 6 VICTORY 7 COMMANDMENT



thrive! Ladies
Fun and Fellowship Night
Saturday, May 21, 2016
at 4:00 p.m.
FoxFire Lanes
 Sign up at the *thrive!* table
 or see Beverly Butts

Motivational Monday



thrive! Ladies Ministry will begin Motivational Monday emails beginning May 2nd. Each Monday you will receive an email filled with encouragement to dig into God's Word with a devotion, weekly reading plan and reminders of weekly church events including Bible Study. Leave your email on the sign up sheet at the *thrive!* table to receive Motivational Monday emails.

On my heart...

by:Julie Kimmins

Spring always fills me with a fresh optimism to tackle my cluttered closets, weedy flowerbeds, and neglected exercise plans. After a dreary, gray winter the warm sunshine and green buds beckon us all to regroup and double-down on our efforts to complete the goals we made earlier in the year.

As I look forward to this new season, my eyes are fixed on three personal goals and two major ministry goals.{For those who don't know me, I will let you in on a little secret of mine: I love goals, objectives and action plans - there is nothing like a super sharp pencil, a blank piece of paper and an idea waiting to be brought to life!} My personal goals are simple, yet daunting: run one mile three times each week, reduce my dining out expenses by 50%, and read the Bible, itself, first thing in the morning Monday through Friday. I have fallen off the wagon several times but my resolve has been restored and I am back on track.

The two thrive! Ladies Ministry goals involve YOU and are wonderfully progressing along. God has given me and several other leaders a heart for the women of Central Baptist - to see you develop a deeper relationship with Jesus Christ by falling in love with His Word and reading it every day and to encourage you to exercise your spiritual gifts to build His Kingdom and strengthen our church and its ministries. In order to accomplish these lofty plans, several new initiatives have been developed and will be rolled out in late spring/early summer.

The *Craving More 21 Day Challenge* will focus on encouraging you to read a Bible chapter each day and keep a checklist log of your progress. The end goal is for you to begin or grow your Bible study, which ever may be the case, to the point that you 'crave more' of the Word every day and simply cannot live without it!

The second initiative called Motivational Mondays will be sent out via email to all our ladies on the *thrive!* database list. These posts will be geared toward encouraging Central Baptist women to seek God first each day, consume His Word hungrily and allow Him to change us from the inside out.

You CAN have a more intimate and personal relationship with the Lord Jesus. But, He will not force himself on you - YOU have to want his attention. Examine yourself carefully and answer the hard questions: Do I want Him, **really** want Him in my daily life? Am I willing to commit the time to get to know Him? I beg you to say, "Yes!" to both questions and then use the tools our ladies ministry and church make available and dive in to a deeper experience with our amazing Savior!



Calling all Writers!

Are you interested in writing for the *thrive!* Ladies Ministry Newsletter?

- *Book Reviews
- *Marriage Articles
- *Motherhood Articles
- *Biblical Truths Articles
- *Recipes
- *Poems

To submit items to the newsletter email
thrive!ladiesministry@gmail.com
 or contact Michelle Rabon

Reader's Choice - The Best Yes



"A woman who lives with the stress of an overwhelmed schedule will often ache with the sadness of an underwhelmed soul." - Lysa Terkheurst

Our schedules tend to be full and often overwhelming... we tend to feel like we can't say, "No" to new obligations that come our way. The older we get it seems like the more decisions that need to be made and the uncertainty of how to make them. Wherever you are in your life these two major obstacles come our way, it is important to know how to deal with them biblically and practically. This book does just that, Lysa Terkheurst teaches practically how to eliminate our 'disease to please' and to seek God when we are making the difficult decisions and to truly find out what our Best Yes is daily.

I give this book 5/5 ★★★★★

OPEN YOUR BIBLE

JOIN US!
WEDNESDAY'S NIGHTS
THIS SUMMER
BEGINNING JUNE 22ND
FOR 7 WEEKS AT 6:45 PM
STUDY IS BEING LEAD BY MICHELLE RABON

7-SESSION BIBLE STUDY FROM THE WOMEN OF SHE READS TRUTH
LIFEWAY.COM/OPENYOURBIBLE