



# thrive! newsletter

AUGUST & SEPTEMBER 2016

## Aug. Events

### Open Your Bible Study

Wednesday 3rd  
@ 6:45 p.m.

### Engage Bible Study

Wednesdays @ 7:00 p.m.

### White Rose

Thursday 11th @ 10:00 a.m.

### Grace Ladies

Monday 8th @ 10 a.m.

### C3 Bible Study (College age)

Tuesday 9 & 23 @ 7 p.m.

### Mary & Martha Study

Friday - 19th 10:00 am

## Sept. Events

### Mary & Martha Study

Friday- 2, 16, 30 @10:00 am  
Wednesdays @ 7:00 pm

### Engage Bible Study

Wednesday @ 7:00 p.m.

### Grace Ladies

Monday 12th @10 a.m.

### C3 Bible Study( College age)

Tuesday 6 & 20 @ 7 p.m.

### Ladies Night Out

Saturday 23rd @6:00p.m.

### Homecoming

Sunday, 11th AM Service

## Don't Quit

by:Michelle Rabon

1 Thessalonians 5:12-28

My daughter sat on my lap and cried bitterly. She was hurt and broken by someone else's words and I felt helpless to comfort her. She looked at me with eyes full of tears and said, "Mommy, maybe I should just quit... maybe I shouldn't go back... they don't think I am good enough anyway."

I couldn't help but think of how quickly I have spoken similar words in the past. Our gut reaction is to run when things get rough... to hide when words begin to hurt us. When fear begins to rule the day... we are rendered ineffective.

The world isn't pretty... it is broken and is under spiritual attack. Satan is seeking to weaken and cripple us to the core. Why? Because my friend, his time is running out! He is causing havoc all over the world and in our own back yard. He is seeking to destroy us like a roaring lion (1 Peter 5:8).

Friend, it is easy to feel discouraged. It seems that we cannot look at the news or social media or even be in a conversation without devastating news coming up anymore. The world is filled with darkness, sadness, and lost people who need to know the hope of Jesus.

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## Don't Quit {Continued from page 1}

Our job isn't done here until God removes us from the picture...

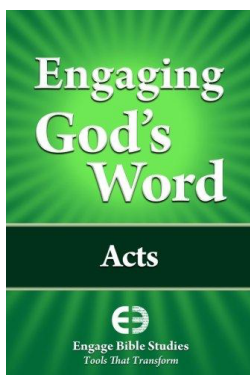
We could easily turn back in fear and run...we could stop praying, teaching, and working for Christ...we could say things like, "What good is my service doing? There is no way we will see revival come to this wicked world." Oh sister, how we doubt our magnificent God!

Have we stopped and thought for a moment that the hurt could be just enough to bring us to our knees...just enough for us to stop playing games and start seeking God. Have we thought for a moment that our Father in Heaven, the magnificent Creator of the world, can work in and through us in a world filled with darkness so that others will see His incredible Light?

Sister, don't you dare quit! Don't walk away and fold your hands in frustration... God's plan is far greater than you and I could even begin to fathom with our minds and hearts. God is faithful and sovereign...He is powerful and not without purpose. Let's trust Him, let us walk by faith when sight just leaves us broken and discouraged. Let us work faithfully until He calls us home.

1 Thessalonians 5:12-28 reveals how we as Christians should conduct ourselves. We should conduct ourselves so that others will see the truth in us, peace in us...God in us. He tells us in scripture to not repay evil with evil but to live in peace with one another and seek after that which is good for all men. So, instead of succumbing to dejection, chose to rejoice, pray, give thanks and let the Spirit of God move through you.

Friend, our hearts may be troubled...but we must keep moving forward because there are people who desperately need to hear about the only true hope - Christ Jesus our Lord!



In this 30-lesson study you will engage with ordinary people who do extraordinary things as God empowers them. You also will clearly see God's love as He establishes and reveals His purpose for the church

**Wednesday Nights at 7:00 p.m.  
beginning October 5th  
in the Grace Ladies Classroom  
Facilitator: Glenda Wesson Cost \$15**

## Aug. - Sept. Bible Reading

August	Sept.
1- Isaiah 47	1- Hebrews 7
2- Isaiah 48	2- Hebrews 8
3- Isaiah 49	3- Hebrews 9
4- Isaiah 50	4- Hebrews 10
5- Isaiah 51	5- Hebrews 11
6- Isaiah 52	6- Hebrews 12
7- Isaiah 53	7- Hebrews 13
8- Isaiah 54	8- Eph. 1
9- Isaiah 55	9- Eph. 2
10- Isaiah 56	10- Eph. 3
11- Isaiah 57	11- Eph. 4
12- Isaiah 58	12- Eph. 5
13- Isaiah 59	13- Eph. 6
14- Isaiah 60	14- Phil. 1
15- Isaiah 61	15- Phil. 2
16- Isaiah 62	16- Phil. 3
17- Isaiah 63	17- Phil. 4
18- Isaiah 64	18- Col. 1
19- Isaiah 65	19- Col. 2
20- Isaiah 66	20- Col. 3
21- Lam. 1	21- Col. 4
22- Lam. 2	22- Eccl. 1
23- Lam. 3	23- Eccl. 2
24- Lam. 4	24- Eccl. 3
25- Lam. 5	25- Eccl. 4
26- Hebrews 1	26- Eccl. 5
27- Hebrews 2	27- Eccl. 6
28- Hebrews 3	28- Eccl. 7
29- Hebrews 4	29- Eccl. 8
30- Hebrews 5	30- Eccl. 9
31- Hebrews 6	

# The War Room

a prayer closet available to you  
whenever doors are open.

The thrive! Prayer team invites our entire Central family to visit our new 'War Room' located in the Grace Ladies Sunday School room off the back hallway.

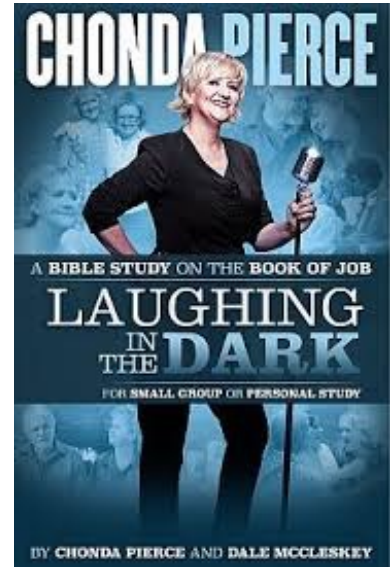
Taken from the movie by the same name, our War Room was created to provide you with a quiet, secluded prayer closet where you can meet with God and pour out your heart's concerns.

We have already seen the Lord bless this little space by answering prayer and encouraging believers. We look forward to what God is going to do as we humble ourselves and earnestly pray for His healing of our families, church, town and country.

Please see Gail Beck for more info.



## Tuesday Night Bible Study



Join us on the first and third Tuesdays of the month beginning **September 6th @ 6:30 pm**

"Laughing in the Dark: a Bible Study on the book of Job"

Join us for Movie Night!  
August 2nd & 16th  
"Laughing in the Dark"  
at Gail Beck's Home  
Sign up at the thrive!  
table

See Gail Beck for more information

## “Do All Things Without Murmurings and Disputing”

by: Diane Rowell (Central Baptist's Beloved Church Secretary)

When asked if I wanted to write an article for this newsletter, with a smile on my face I thought, “How can I add another item to my “To Do List”? So much has been happening in my life and I have been grumbling to myself about all the things that were going on. Then God said, “*Do all things without murmurings and disputings.*” Wow! That was a reminder I needed, but did not necessarily like being reminded of it.

As I prayed and thought about what to share, I couldn't settle on one particular thing. However, the word *servant* kept coming to my mind. In my heart all I wanted to do was to encourage the women of Central with a word from God's Word. I finally felt God leading me to share with you about being a servant. I started focusing on scriptures that dealt with service as a ministry or work. After looking at several verses Hebrews 12:28 seemed to light up right off the page. “*Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear.*”

We should offer to God an acceptable service with reverence and awe. What exactly is God trying to teach us through this verse? Let's see.

God sends His Holy Spirit to equip us to do what we are asked according to His will. You may be thinking, “How is this done?” Like a flood, scriptures started coming into my mind. God led me to Hebrews 13:21: “*Make you perfect in every good work to do his will, working in you that which is well pleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen.*”



Continued Page 7

Family Corner:

## Teaching our Children Compassion

by: Leigh Hollman

The Bible commands us to put on – clothe ourselves with compassion. Colossians 3:12 says, *“Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;”* Is this easy? NO WAY! But, if we will pray and ask God to help, direct, and guide us, He will equip us to do just that. Have you noticed lately that people do not even look up at anyone as they go about their daily lives. No eye contact is made and definitely no smiles are given. Someone has to spark a change. Why not you?

Start with one act of kindness – smile at a stranger, hold the door for the person behind you, speak a gentle word or greeting to a passerby. As you begin to show compassion, those around you will see and hopefully act accordingly. My prayer is it becomes an epidemic!

School is about to start again and what a summer we’ve had! It seems the world tries daily to draw us away from God and to look within to satisfy ourselves. If we as parents do not start NOW exemplifying compassion for our children, then who will show them? So, get them involved. Let’s teach our children to be kind and empathetic toward others.

Here are some simple ways to help us teach our children to think of others.

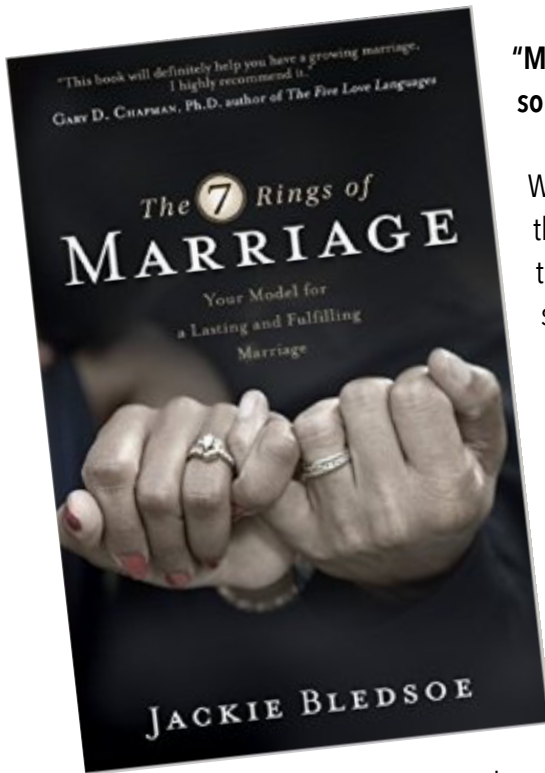
### Empathy

- E = Everybody needs somebody**
- M = Model and mirror**
- P = Put yourself in their shoes**
- A = Ask if you can help**
- T = Treat others the way you want to be treated**
- H = Help cheerfully**
- Y = You feel better and they feel better**



Start today! Talk with your child(ren) about how to be more compassionate to others. As a family create a plan to show compassion to others and then, “Do it!” Remember Ephesians 4:12, *“Be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.”*

## Readers Choice - 7 Rings of Marriage



**“More marriages might survive if the partner realized that sometimes the better comes after the worse.” - Doug Larsen**

Whether you have been married for thirty minutes or thirty years one thing remains the same... marriage takes work and it is not always the fun kind of work. The married life is one of seasons... some seasons are far better than others. Each of the rings described in this book will look familiar to those of us who have been married... and they are a strong warning to those who are not.

This book is very transparent on the author's part... displaying very openly troubles within his own marriage and the experiences of God working things together for good. Some parts of the material drag on but overall this book is a great tool with tips and ideas on working through the difficult seasons of marriage and thriving in the seasons that are filled with wonderful joy and blessing.

I strongly suggest that a couple read this book together, rather than one or the other because the author speaks directly to both the husband and wife. This book will certainly help your marriage grow stronger and strengthen you starting with the core... Christ.

I give this book 4/5



*thrive!* Ladies Night Out

**Self-Defense Class  
with Sonia Fields**

Saturday, September 23, 2016

at 6:00 p.m.

@CBC - FLC

Come dressed in casual clothing and learn how to defend yourself!

If you have questions contact Beverly Butts (704) 213-3037



## Do All Things...

(continued from Page 4)

Once again scriptures seemed to jump off the pages. Is this not how God works? Philippians 2:13-15 states *"For it is God which worketh in you both to will and to do of his good pleasure. Do all things without murmurings and disputings: That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world."*

During my lifetime I have learned that when I'm too busy to be still, my spirit suffers. When I focus on the wrong things, my attitude quickly deteriorates. When I lose sight of my purpose, I wander aimlessly through days of uncertainty, self-pity, and unnecessary frustrations.

I don't know what you are facing but take heart! When you become overwhelmed with serving, remember (1) He is at work in you, (2) He will equip you, and (3) He wants you to do it without murmurings and *disputings* (grumbling, complaining, arguing, etc. even if it's only to yourself).

### Service is NOT spelled serve-us.

Always keep His Word in your heart - *"Be still and know that I am God..."* (Psalm 46:10). He will take care of the rest. If you remember this, you will appear as light to the world. We need only listen to and obey God's calling on our lives.

## Jamie Deen's Five Layer Beef Taco Pie

Serves 4 to 6

### Ingredients

1 1/2 cups crushed tortilla chips  
1 TBSP olive oil  
1 pound ground beef  
One 1.25-ounce packet taco seasoning mix, or homemade taco seasoning  
1 cup prepared salsa  
3/4 cup sour cream  
1 avocado, halved, peeled, pitted and cubed  
1 cup grated extra-sharp cheddar cheese



1. Spray 9x13 baking dish with non-stick cooking spray. Spread 1 cup of the crushed chips over the bottom of the dish.
2. Heat the oil in a large skillet over medium-high heat. Brown the beef, breaking it up with a fork, for 5 to 7 minutes, or until meat is no longer pink. Pour off the drippings from the skillet and add the taco seasoning and 2/3 cup of water to the meat. Simmer, stirring occasionally, until most of the liquid has evaporated. Transfer meat to baking dish, spreading it on top of the chips.
3. Preheat the broiler.
4. Spread the salsa over the meat and then the sour cream over the salsa. Scatter the avocado cubes over the sour cream, and the remaining 1/2 cup tortilla chips over the avocado. Top with the cheddar cheese. Broil, 4 inches from the heat, for 3 to 5 minutes or until cheese is melted and bubbling. Serve hot.

From The Deen Bros. cookbook

## Ministry Update: Parish Nursing



- \* We will be holding a blood drive on Saturday, September 24, 2016 from 9:00 am to 1:00 pm.
- \* The *Adopt-A-Shut* in ministry is going well as we serve our shut ins and meet their needs as they arise.
- \* Don't forget to check out the Parish Nursing table for more medical information.

### **This month's tips from the Parish Nursing team:**

Disposal of old medications:

- \*Medicine take back program in Kannapolis at Walgreens (1310 S. Cannon Blvd. Kannapolis, NC 28083)
  - \*Mix medicines with a substance such as kitty litter or used coffee grounds in a plastic sealed bag and throw in household trash
  - \*Scratch off personal information from medicine bottles before disposing of them.
- (Information provided by US Food and Drug Administration via CHS Faith Community Health Team)

## *Having a Mary Heart in a Martha World*

Finding Intimacy with God in the Busyness of Life

2016 Fall Bible Study

Every other Friday @ 10:00 am beginning (August 19th)  
Wednesday Nights @ 7:00 pm beginning (September 7th)

Childcare will be provided for all studies

If you would like more information  
email us [thriveLadiesministry@gmail.com](mailto:thriveLadiesministry@gmail.com)  
or see Michelle Rabon

