

COME AND SEE

John 1:39

PROVIDED BY THRIVE LADIES MINISTRY
CENTRAL BAPTIST CHURCH, KANNAPOLIS, NC

In This Issue

FIVE WAYS TO PRAY FOR ISRAEL

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STRUGGLING OVER THE HOLIDAYS



Five Ways to Pray for Israel

FROM THE SOUTHERN BAPTIST CONVENTION

Pray for peace in the Holy Land.

Psalm 122:6

Pray for the peace of Jerusalem: they shall prosper that love thee.

his strength, Surely I will no more give thy corn to be meat for thine enemies; and the sons of the stranger shall not drink thy wine, for the which thou hast laboured.

make thy name great; and thou shalt be a blessing: And I will bless them that bless thee, and curse him that curseth thee: and in thee shall all families of the earth be blessed.

Pray for the protection of innocent people in Israel.

Isaiah 62:6-8

I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night: ye that make mention of the Lord, keep not silence, And give him no rest, till he establish, and till he make Jerusalem a praise in the earth. The Lord hath sworn by his right hand, and by the arm of

Pray for justice for Israel and blessings on the nations who come to her aid.

Genesis 12:1-3

Now the LORD had said unto Abram, Get thee out of thy country, and from thy kindred, and from thy father's house, unto a land that I will shew thee: And I will make of thee a great nation, and I will bless the, and

Pray for Christian believers in Israel.

Isaiah 62:6

I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night: ye that make mention of the Lord, keep not silence,

Five Ways to Pray for Israel - Cont'd

Pray that Christ would be made known as God fulfills His eternal purposes for Israel.

Isaiah 62:1-3

For Zion's sake will I not hold my peace, and for Jerusalem's sake I will not rest, until the

righteousness thereof go forth as brightness, and the salvation thereof as a lamp that burneth. And the Gentiles shall see thy righteousness, and all kings thy glory: and thou shalt be called by a new name, which the mouth of the Lord shall name. Thou shalt also be

a crown of glory in the hand of the Lord, and a royal diadem in the hand of thy God.





Sing to the Lord a New Song

BY PHYLLIS LEMMON

It was a season. Looking back now I see that it was just a season. But it felt like an endless number of days of tears, questions, and silence. You have had that season too.

Maybe it has been seasons. Days of seemingly eternal gray, stormy skies that hold your spirit captive

against any hope for joy again. But then, through the work of the Holy Spirit in your life, even as He worked in my life, your soul relinquishes to God. Then you begin to feel the warmth of the sun again, the bubbling of joy within, and the peace and hope that only God can bring.

The book of Psalms is filled with praise to God as well as words of comfort as David and other writers communicated with God.

It was during my “just a season” that I felt challenged by the Holy Spirit to write a Psalm to God.

Sing to the Lord a New Song - Cont'd

My Psalm to the Lord

Let all who breathe praise the name of God!
 God has never failed me.
 God's grace is beyond measure.
 His mercy is beyond comprehension.
 God's love for me never ends.
 His patience is continuous.
 Yet, I yearn for more when I have all that I need.
 He fails me not, yet I cry out in fear.
 His grace, mercy, and love are my greatest riches.
 Yet, I grieve as a pauper with no hope for care.
 May God be exalted.
 May He be glorified!
 For He is God and there is no other.
 Oh, how I will rest in Him!
 For what can I need that His hand cannot provide?

This Psalm helped me express to God all that was in my heart. People around me offered words of comfort, but I found that only God understood my deep hurt and pain.

Have you ever thought to pour your heart out to God? Maybe you are in a season of sorrow. Maybe it is a season of joy. I challenge you to write a Psalm to God expressing your deep feelings and your determination to trust in Him. It will no doubt be music to His ears! And you will find when you look

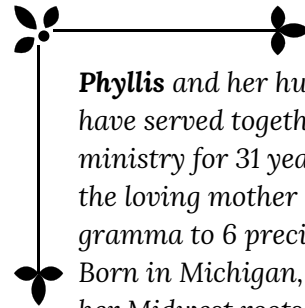
back on it that God is faithful, and His goodness never ends.

***Here is an additional challenge:**

Write your Psalm to God and share it as I did mine. It is sure to be an encouragement to others.

Email it to
 cbcthrireladies@gmail.com.

Perhaps it will show up in a future *Come and See* publication!



Phyllis and her husband, Barry have served together in full-time ministry for 31 years. Phyllis is the loving mother of 3 and grandma to 6 precious children. Born in Michigan, she is proud of her Midwest roots, but thoroughly enjoys living in the beautiful state of North Carolina.

**SING UNTO THE LORD A NEW SONG, AND HIS PRAISE FROM
 THE END OF THE EARTH, YE THAT GO DOWN TO THE SEA,
 AND ALL THAT IS THEREIN; THE ISLES, AND THE
 INHABITANTS THEREOF. ISAIAH 42:10**



Struggling Over the Holidays

BY HEATHER BALLARD

The holiday season is often portrayed as a time of joy, celebration, and togetherness. Families gather around tables filled with delicious food, gifts are exchanged, and memories are made. However, for many, the holiday season is a time of deep suffering.

For those who have lost loved ones, this time of year can bring painful memories and a sense of loneliness. For those experiencing financial difficulties, the pressure to provide for their families can be overwhelming. And for those struggling with physical or mental health issues, the added stress of the holidays can exacerbate their symptoms.

It is easy to feel alone in our suffering during this time of year, but as Christians, we are reminded that we have a Savior who understands our pain.

In Isaiah 53:3-5, it says, “He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not. Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.”

These verses speak to the ultimate sacrifice that Jesus made for us, taking on the weight of our sins and sorrows so that we could be free from them. He knows what it is like to suffer, and He is with us in our own suffering.

As the year draws to a close, we may be feeling discouraged and weary. But we must remember that our hope is not in this world, but in Jesus Christ.

In John 16:33, Jesus says, “These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.”

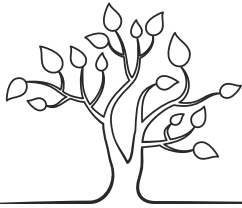
Struggling Over the Holidays - Cont'd

This holiday season, let us remember that we are not alone in our suffering. God is with us, and he is walking alongside us through every trial and hardship. We can find peace and hope in the knowledge that Jesus understands our pain and is

working all things together for our good. Let us hold onto faith and trust in God, even in the darkest moments. Though the holiday season may be difficult, let us lean on one another and be a source of encouragement and strength for those around us.



Heather is a devoted wife to Brian Ballard and loving mother of two girls. She has embraced Jesus Christ as the guiding light in her life. Born in New Mexico but settled in North Carolina, she cherishes quality time with her family. As a preschool teacher and behavioral therapist, Heather's true calling lies in ministering to other mothers and children with special needs.



Women in the Bible Trivia

Be the first to text your correct answers to 704-305-3210 to claim your prize!
Be sure to include your name!

1. She was the first wife of the King of Persia and was banished for failing to appear at the King's banquet.
2. Leah's handmaid who becomes wife of Jacob and bears him two sons?
3. Who was the mother of Timothy?
4. Who is the only female judge mentioned in the Bible, in the Old Testament?
5. The wife of wicked Nabal who became a wife of King David after Nabal's death?
6. The queen of Judah during reign of King Jehoram, and later became sole ruler of Judah for five years?
7. What was the name of Joseph's Egyptian wife?
8. Who is the mother-in-law of Ruth?
9. Jacob had twelve sons and one daughter, what was her name?
10. The wife of Old Testament, Hosea?

Notes and Journaling

- Prayer is communing with God. George Mueller (1805 - 1898) was widely considered one of the greatest prayer warriors of his time. Take some time to learn more about him and how he overcame his struggles with prayer.
- **READ:** I Thessalonians 5:16-18; I Chronicles 16:11; Psalm 66:17-19; Jeremiah 29:12
- **WRITE or DRAW** your thoughts. Review the article Phyllis Lemmon wrote in this issue. Writing a Psalm is a great way to pray!

Notes:

thrive! Ladies Ministry Spotlight...

Large-Scale Events



Festival of Tables



Awaken

Sharing Jesus' hope and joy with other women is why we host large-scale events such as our Christmas Festival of Tables and the Awaken Community Bible studies.

Opening our doors to women in our community is a hallmark of Central Baptist Church and a core value of our mission to the Kannapolis metro area.

It is a great time to get involved! If you are interested in serving on this team, please reach out to Julie Kimmins at: Jkimmins21@gmail.com. You can also reach her at 704-433-1371.



Scan to hear Julie Kimmins share more information about this spotlight ministry.

FALL RECIPES

CHICKEN GNOCCHI SOUP

CROCK POT HOT CHOCOLATE

CHICKEN GNOCCHI SOUP

Ingredients

- 1 tablespoon olive oil
- 1 small onion, diced
- 3 stalks celery, diced
- 3 cloves garlic, minced
- 2 carrots, shredded
- 1 pound cooked, cubed chicken breast
- 4 cups chicken broth
- 1 (16 ounce) package mini potato gnocchi
- 1 (6 ounce) bag baby spinach leaves
- 1 tablespoon cornstarch (Optional)
- 2 tablespoons cold water (Optional)
- 2 cups half-and-half cream
- salt and ground black pepper to taste

Step 1

Heat oil in a large pot over medium heat. Cook carrots, celery, onion, and garlic in hot oil until onion is translucent, about 5 minutes. Stir in cubed chicken and chicken broth; bring to a simmer.

Step 2

Stir gnocchi into soup and cook until they begin to float, 3 to 4 minutes. Stir in spinach and cook until wilted, about 3 minutes.

Step 3

Whisk cornstarch into cold water in a measuring cup until smooth. Stir the cornstarch mixture and half-and-half into soup. Cook until soup thickens slightly, about 5 minutes. Season with salt and pepper.

allrecipes.com

CROCK POT HOT CHOCOLATE

Ingredients

- 1 1/2 cups heavy whipping cream
- 14 oz sweetened condensed milk
- 6 cups milk
- 1 1/2 tsp vanilla extract
- 2 cups milk chocolate chips (or semi-sweet chocolate chips)

Add all the ingredients to your crock pot and whisk together until well combined. Cover and cook on low for 2 hours, stirring occasionally, until warm throughout and the chocolate is melted. Whisk well before ladling into mugs to serve.

onegoodthingbyjillee.com

UPCOMING EVENTS

- NOVEMBER 11 - FESTIVAL OF TABLES
- DECEMBER 3 - CANDLELIGHT SERVICE
- DECEMBER 9 - TOYSHARE
- DECEMBER 10 - CHILDREN'S CHRISTMAS PROGRAM
- DECEMBER 15-17 - DRIVE THRU NATIVITY
- JANUARY 29 - THRIVE MINISTRY FAIR

'SHE READS' BOOK CLUB

MEETS ALTERNATE SATURDAYS @ 10:00 AM
FOR MORE INFORMATION, PLEASE CONTACT:
REBECCA SCOTT-FIELDEN 704-680-2613.

**"WHAT HAPPENS WHEN WOMEN SAY
YES TO GOD"**

BY LISA TERKEURST

BEGINNING OCTOBER 21

GRIEF SHARE

"IT HURTS WHEN WE LOSE SOMEONE. FIND HELP AT GRIEF SHARE."

MONDAY EVENINGS - 6PM
FOR MORE INFORMATION, PLEASE CONTACT:
LISA SCARCE 704-640-4381

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704-933-8006
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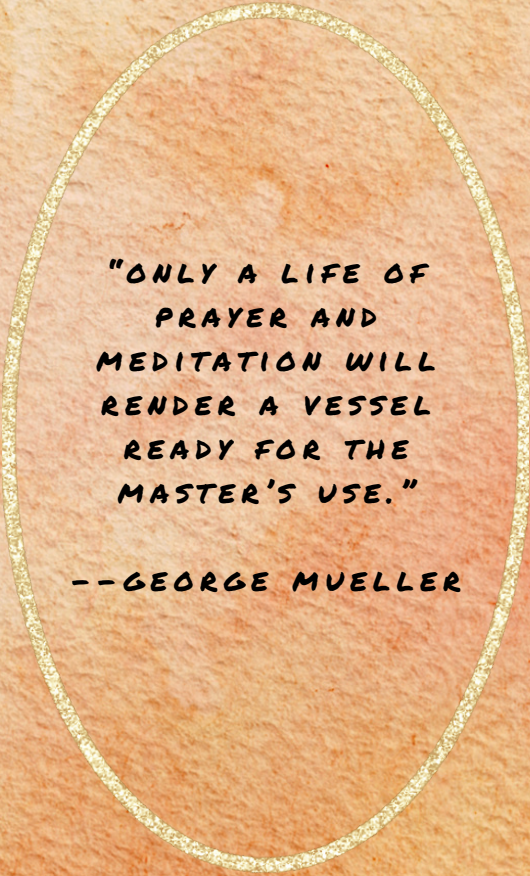
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PRESENT AGE MINISTRIES
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[HTTPS://PRESENTAGEMINISTRIES.ORG](https://presentageministries.org)

COUNSELING CENTER AT CONCORD
704-786-9205
[HTTPS://WWW.COUNSELINGGCENTERAT
CONCORD.COM](https://www.counselinggcenteratconcord.com)



**"ONLY A LIFE OF
PRAYER AND
MEDITATION WILL
RENDER A VESSEL
READY FOR THE
MASTER'S USE."**

--GEORGE MUELLER



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