Women Unite to Ignite Agenda 10/13/2023

Topic	Time	Facilitator	Details
Breakfast & Networking (downstairs)	8:30 – 9:00 AM		Register and receive name badge and gift. Enjoy breakfast.
Welcome & Storytelling (upstairs)	9:00 – 9:20 AM	Rhoda & Shannon	Learn more about the day.
Identity Shift	9:20 – 10:20 AM	Rhonda Gray	How to Increase Your Influence, Impact, and Income
Break & Transition	10:20 – 10:35 AM	Rhoda & Shannon	
Visualising Success	10:35 – 11:35 AM	Adrian Bracy	Harnessing the Power of Vision Boards to Shape Your Future
Lunch	11:35 – 12:15 PM		
Panel	12:15 – 1:15 PM	Christi Reiter, Debbie Watson, Sylvia Owens, Ana Sarg- Abernathy	Cultivating Growth Through Mentorship & Sponsorship
Transition & Break	1:15 – 1:30 PM	Rhoda & Shannon	
Heart Centered Leadership	1:30 – 2:30 PM	Kathy Lambert	Listening to the Voice Within
Transition & Break	2:30 – 2:45 PM	Rhoda & Shannon	
Overcoming Trauma	2:45 – 3:45 PM	Shirley Repta	From Surviving to Thriving from Trauma
Accept The Compliment	3:45 – 4:00 PM	Shannon	Accepting compliments fosters a positive self-perception, reinforcing one's self-worth and consequently enhancing overall confidence.
Closing Remarks	4:00 – 4:45 PM	Rhoda & Shannon	Grand Prizes
Networking Happy Hour (Red Room - downstairs)	4:45 – 5:30 PM		