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We're making a
world of difference.



Oak Cliff Lions Club Weekly CUB Newsletter

Next Meeting & Program

Wed., Apr. 5 | NOON

*****Weiss Auditorium*****

1441 Beckley Ave., Dallas

No Reservation Required | Guests Welcome

Lion Michelle Metzger

Food as Medicine: How I'm Curing MS with Diet

In September 2003, Michelle was diagnosed with multiple sclerosis after falling out of bed with no feeling in her legs. In February 2019, she had been on four different disease-modifying drug treatments but was experiencing severe progression in the disease. She was losing vision in both eyes from progressive optic nerve damage and was unable to walk more than 10 feet without risk of falling and used motorized carts and scooters when a lot of walking would be required.

Her long-time friend, Past President Lion Iris Smith grabbed her by the shoulders at a Lions Club meeting and told her about a diet protocol she had seen and told her, "you have to get this book and try this!" Michelle bought the book that night and started the new protocol immediately. Two weeks later, the vision improved in her right eye to be able to read using it, and her mobility began to improve rapidly. Since then, she has been snow skiing three times and no longer needs any motorized vehicle to get around. She also eliminated all prescription medications in 2021 and will share why this diet protocol has been so miraculous.



Even if you do not have a chronic disease like MS, you will learn ways to improve your overall health.

Meeting Recap

Lots of members and guests came to see Captain Allen Clark's program about the JFK assassination and hear about his extensive research into the people and events surrounding this piece of history.

Copies of his two books also were available to purchase, and the story of his time in Vietnam was both difficult to hear and inspiring.

Past President Lion Charlie Tupper also presented the slate of officers for 2023-24 to the membership, and we had a few other announcements.

Don't miss the slate of programs for the rest of April - especially the OCLC Bill Melton Humanitarian Award honoring Patrick Esquerre on Apr. 26!



Upcoming Programs



April 12

PP Lion Michelle Metzger, Beating MS with Diet: How Iris Smith Saved Me from a Wheelchair

April 19

Christopher Bryant, Geneologist

April 26

OCLC Bill Melton Humanitarian Award
Patrick Esquerre, founder of La Madeleine and Essilor Foundation

RESERVATION REQUIRED

Announcements



OAK CLIFF LIONS CLUB BILL MELTON HUMANITARIAN AWARD

2023 RECIPIENT PATRICK ESQUERRE

Wed., Apr. 26, 2023 @ 11:30 a.m.

OCLC recognizes PATRICK ESQUERRE's work as the Founder of Essilor Vision Foundation and Kids Vision for Life Coalitions, whose mission is to correct poor vision and lifelong effects by providing eye exams & glasses to children who cannot afford them. Patrick is most known as the creator of La Madeleine Restaurants.

[CLICK HERE TO RSVP](#) BY APRIL 19

OCLC 2023-24 Slate of Officers

Pursuant to our Club Constitution, the slate will once again be called out the following Wednesday, April 12, at the Club membership meeting, and then the vote of the Club on New Officers and Directors will take place at the membership meeting on Wed., Apr. 19.

The slate of Officer Nominees for 2023-24 from the Nominations Committee is as follows:

Immediate Past President: Current President Blake Lindsay

President: Current first VP, Past President, and Past District Governor Wayne Meachum

First VP: Current 2nd VP Bobby Allen

Second VP: Current Director and Lion Tamer Ted Ferguson


Club Secretary: Current Secretary Teri Bailey
Club Treasurer: Past President Paul Nielsen

2023-2025 Directors (2-year term):


Past President Diana Ezzell
Perry Flowers
Deena McDonald
Anna Urban

To fill unexpired 2022-2024 Directorship:

Glenn Shank



Support LSTF
Enter to Win
2023 Ford
Maverick Pickup

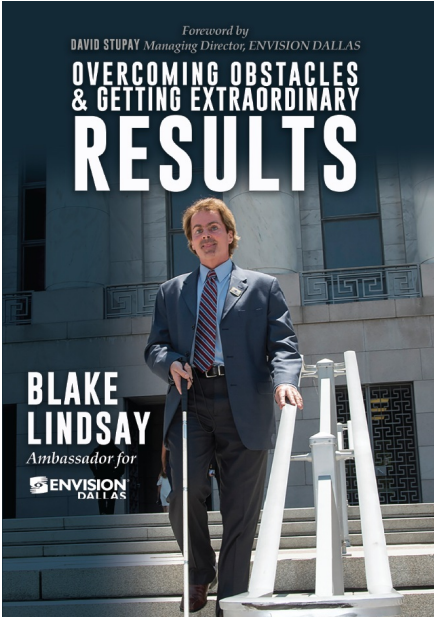


Support LSTF. Win a Truck!

The Lions Sight and Tissue Foundation has been part of District 2X-1 since 1956 with OCLC as one of the founding member clubs. This year LSTF has examined over 2,300 North Texans and we've put glasses on nearly 2,000 of them. But this comes at a cost of fuel, bus maintenance and equipment.

To raise money, LSTF is selling tickets to win a 2023 Ford Maverick Hybrid Pickup Truck. Tickets are \$100 each, and no more than 1,000 tickets will be sold. The winning ticket will be drawn at the Denim & Diamonds Gala in June.

Visit <https://go.eventgroovefundraising.com/lstf> to purchase.



Buy Lion Blake's Book to Support OCLC

Our President Lion Blake Lindsay has released his book *Overcoming Obstacles and Getting Extraordinary Results* this month and has offered to sell discounted copies of the book as a fundraiser for the Oak Cliff Lions Club.

The MSRP of the book is \$19.95, and he will offer copies to OCLC members and guests for \$10 each with \$5.80 going to the OCLC Activity Account to support our charities.

We are honored to have such a generous and inspiring leader this year. To read more about his book and story, visit the link below.

<https://www.blakelindsay.com/blog-archive/overcoming-obstacles-announcement>

Sunshine & Care 

Please keep our members going through health challenges in your prayers.

Please send Sunshine & Care updates to [Lion Chaplain Steve Bayless](#).

Service Opportunities

Meals on Wheels

9:30 AM - Monday thru Friday

PRIORITY NEED: 1st and/or 5th Mondays

Cliff Temple Baptist Church, 134 W 10th Street. Dallas, TX 75208 | Other Locations Available!!

For more details and to sign up, email [Lion Teri Bailey](#).

North Dallas Shared Ministries Eye Clinic (2nd Friday)
March date TBD - 8 AM to noon
2875 Merrell Rd. Dallas, TX 75229 | Contact [Lion Charlene Vezina](#)

Upcoming Events

Apr. 14-15 District Convention | Richardson

May 18-20 MD-2 State Texas Lions Convention | Fort Worth | [REGISTRATION LINK](#)

Oak Cliff Lions Club | [OakCliffLions.org](#)



Oak Cliff Lions Club | P. O. Box 4445, Dallas, TX 75208

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