

2024 JAC Final Countdown

Saturday, July 27th, 2024

Tentative Meet Information

The Jacksonville Athletic Club is extremely excited to be able to host the 2024 JAC Final Countdown! This meet will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217). This is an open track and field meet, not an age-group track meet and anyone who registers ahead of time is welcome to compete! All meet info is below:

Registration Information: All registration will be done on Direct Athletics. [A direct registration link can be found here.](#) Entry fee is \$35 per athlete, paid during the registration process. Entry deadline is Wednesday, July 24th at 11:59pm, so that we can properly seed the meet to ensure the best competition for everyone. Under rare circumstances will we accept late entries, and they will be charged an additional \$10 fee.

Admission Fee: We never charge an admission fee for any of our meets for families / spectators.

Parking: There is plenty of free parking right next to the track / football stadium.

Weather and Heat: Pretty much every Florida afternoon over the summer there is a lot of heat, and a chance of a pop-up shower. Please be prepared for both. In the event of a storm or lightning where we will need to move inside for a short period of time (I would recommend your own vehicle) we will be providing live weather updates on our website (jacksonvilletrack.com) If we do have to take a break for the weather, we will of course give everyone plenty of time to re-warm up / get situated before continuing on with the next event. This competition is 100% for the athletes, so we will cater to them and what they need.

Tents/ Crowds: Before setting up any tents at the track or jumps area, please ask a staff member first, to make sure your location is ok. We will do our best to provide plenty of space for people to set up camps and space out.

Meet Schedule: Tentative time schedule is below. Final time schedule will be emailed to all athletes and coaches after entries close. They will also be posted on jactiming.com

Results: Timing for all meets will be done by JACTiming. Live results and final results can be found at jactiming.com

Tentative JAC Final Countdown Time Schedule

Running Events

8:30am- 1 mile run finals (Women and Men Together)
9:00am- Kids 60m / 80m hurdles (ages 5-8 / 9-12)
9:15am- Kids 50m dash (ages 5-8)
9:30am- Kids 100m dash (ages 9-12)
9:45am- 800m finals (Women and Men Together)
10:00am- Kids 200m dash (ages 5-12)
10:30am-100mH finals (Women)
10:45am- 110mH finals (Men)
11:00am- 100m prelims (Women, then Men)
11:45am- 100m finals (top 16 from prelims, Women, then Men)
12:00pm- 400m finals (Women, then Men)
12:45pm- 200m finals (Women, then Men)

Field Events

9:00am- Men's Long Jump
10:00am- Discus Throw (Men and Women Together)
10:30am- Women's Long Jump, Kids Long Jump (ages 5-12)
11:00am- Shot Put (Men and Women Together)
12:00pm- Javelin Throw (Men and Women Together)
12:00pm-Triple Jump (Men and Women Together)
1:00pm-High Jump (Men and Women Together)
2:00pm- Pole Vault (Men and Women Together)