



The Bulldog Classic Track & Field Meet

Friday, March 6, 2026

Meet Schedule:

11:45am: Javelin (Girls then, Boys)

12:30 pm: Brief coaches meeting

1:15 pm: 4 x 800m (**teams can enter a B team**)

1:45 pm: All Field Events, using all runways

Discus Boys/Girls

Shot Girls/Boys

LJ Girls/ TJ Girls to follow

LJ Boys/ TJ Boys to follow

HJ Boys/Girls

PV Girls/Boys

2:15 pm: **B Heats of the 100m and 1600m, Girls, Boys (6+ entries, FAT timing)**

4:00 pm: Invitational Running Events (the meet will be on a rolling

schedule, but we will try to publish an approximation the week of the event):

100m/110m Hurdles

100m

1600m

4x100m relay

400m

400m hurdles

800m

200m

****3200m** (must meet the published standard)**

4x400m Relay

***Any athletes entered who do not make the standard will be deleted from your entries.**

Meet Information:

When: Friday, March 6, 2026

Where: The Bolles School

Entries Due: Monday, March 3, 11:59 pm

Cost: \$300 (\$150 per Gender); please pay via Direct Athletics

You are guaranteed:

- **2 entries in all field events**
contact the meet director if you have additional athletes meeting the standards below
- **2 entries in all running events**
contact the meet director if you have additional athletes meeting the standards below
- **ALL runners entered in the 3200m must meet the standards listed below.**
- Athletes must meet the following minimum standard based off a TFRRS time/mark from the 2025 or 2026 season.

Standards	Boys	Girls
100m	11.3	13.3
200m	23.40	27.0
400m	53.0	65.0
100/100H	17.5	17.5
400mH	64.5	74.5
800m	2:03	2:30
1600m	4:30	5:30
3200m**	10:10	12:20
High Jump	1.7m	1.4m
Pole Vault	3.0m	2.3m
Long Jump	6.0m	4.6m
Triple Jump	12.0m	9.0m
Shot	13.0m	9.0m
Discus	36.0m	25.0m
Javelin	38.0m	24.0m

All inquires/questions: Coach Tony Ryan at ryant@bolles.org