

## NFYTL DEVELOPMENTAL TRACK & FIELD SERIES

ENTRY FEE: \$30 per athlete ([www.coacho.com](http://www.coacho.com)) SPECTATOR FEE: \$15

MIDDLE SCHOOLS([www.flrunners.com](http://www.flrunners.com)): \$175 per team (6 Track/4 Field entries max per event)

**ENTRIES WILL BE LIMITED TO 500 ATHLETES**

### MEET SCHEDULE

8:30am - Track Opens

8:45am - Coaches Meeting

9:00am - Meet Begins

### ROLLING SCHEDULE

3000M 9:15AM 200M Hurdles 9:30AM

#### FIELD EVENTS - 9:00AM

SHOT PUT - BOYS THEN GIRLS

DISCUS - GIRLS THEN BOYS

LONG JUMP - BOYS THEN GIRLS

TRIPLE JUMP - FOLLOWS LONG  
JUMP

HIGH JUMP - GIRLS THEN BOYS

#### RUNNING EVENTS - GIRLS THEN BOYS 11:00AM

1. 4X800M (Relay) 2. 100M HURDLES

3. 100M 4. 1500M

5. 4X100M (Relay) 6. 400M

7. 800M 8. 200M

9. 4x400M (Relay)

**LIVE RESULTS AT: [WWW.JACTIMING.COM](http://WWW.JACTIMING.COM)**

**\*\*\*\*ATHLETES ARE RESPONSIBLE FOR PROVIDING THEIR OWN IMPLEMENTS FOR COMPETITION. \*\*\*\***

**All Field Event Competition will be contested with 3 Attempts Only- NO FINALS**

**FOR MORE INFORMATION: call Coach Smith at (904)413-8052 or email:**

**[nfyouthtrackleague@gmail.com](mailto:nfyouthtrackleague@gmail.com)**