



May 2024

Highlights for May

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| May 1 | Summer Season Begins! |
| * | All swimming at Strathcona Gardens Indoor Pool |

| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|----------|--|--------------------------------|-----|--|--|
| April 29 | April 30 | 1 | 2 | 3 | 4 | 5 |
| Season Launch Meeting 6:30pm @ Carihi (MPR) | | Start of Season Trial Day 1 Age Group Swims | Trial Day 2 Age Group Swims | | | Regular Practice Schedule Begins |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | | | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Victoria Day: no practices | | | | | Seniors' Camp - Salt Spring Island (Division 5+ swimmers only) | Seniors' Camp - Salt Spring Island (Division 5+ swimmers only) |
| 27 | 28 | 29 | 30 | 31 | | |
| | | | | | | |



June 2024

Highlights for June

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| June 5? | Migrate to Centennial Outdoor Pool when it opens |
| June 10 | CRSK Blue & Yellow Mini Meet |
| weekends | First Competitive Swim Meets of the Season |

| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|-----|--|-----|-------------------------------------|---|---|
| | | | | | 1 Swim Meet: Cowichan | 2 Swim Meet: Cowichan |
| 3 | 4 | 5 Team Migration to Outdoor Pool & Family BBQ - tentative date | 6 | 7 | 8 | 9 |
| 10 CRSK Blue & Yellow Mini Meet | 11 | 12 | 13 | 14 | 15 Swim Meet: Oak Bay @ Commonwealth Pool | 16 Swim Meet: Oak Bay @ Commonwealth Pool |
| 17 | 18 | 19 | 20 | 21 | 22 Swim Meet: Courtenay | 23 Swim Meet: Courtenay |
| 24 | 25 | 26 | 27 | 28 Swim Meet: Nanaimo | 29 Swim Meet: Nanaimo | 30 Swim Meet: Nanaimo |



July 2024

Highlights for July

- 6th -7th: Campbell River Home Swim Meet (everyone should come!)
- 8th-11th: Fun Week (lots of fun activities at practices)
- 15th -18th: “Hell” Week (extra challenging practices)
- 22nd-25th: Theme Week (each day has a new theme for the practice)

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-------------|-------------|-------------|-------------|---------------------------------|--|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | | | | Set-Up for Home Swim Meet @ 4pm | Swim Meet: Campbell River | Swim Meet: Campbell River |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Fun Week | Fun Week | Fun Week | Fun Week | | Swim Meet: Salt Spring Island | Swim Meet: Salt Spring Island |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| “Hell” Week | “Hell” Week | “Hell” Week | “Hell” Week | | Swim Meet: Sidney @ Commonwealth Pool | Swim Meet: Sidney @ Commonwealth Pool |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Theme Week | Theme Week | Theme Week | Theme Week | | | |
| 29 | 30 | 31 | | | | |
| | | | | | | |



August 2024

Highlights for August

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| 2 nd -4 th : | Vancouver Island Regional Championship Meet |
| 8 th : | CRSK End of Season Awards Night, BBQ, AGM |
| 16 th -18 th : | BC Summer Swimming Provincial Championship Meet |

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|--|--|--|---|--|
| | | | 1 | 2 | 3 | 4 |
| | | | | Swim Meet: Vancouver Island Regionals, Commonwealth Pool | Swim Meet: Vancouver Island Regionals, Commonwealth Pool | Swim Meet: Vancouver Island Regionals, Commonwealth Pool |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | | | End of Season Awards Night, Family BBQ, AGM | Team Swim at McIvor Lake | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | Last Practice Day of the Season | | Swim Meet: BCSSA Provincial Championships - UBC (Vancouver) | Swim Meet: BCSSA Provincial Championships - UBC(Vancouver) | Swim Meet: BCSSA Provincial Championships - UBC (Vancouver) |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
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