# **Cliftonville**



Youth activity.....p3-6 Sport Award win.....p8 **Beware scammers..p8** 

Newsletter of Cliftonville Community Regeneration Forum

Issue No. 9 | April 2023



Crisis is leading to funding cuts for community groups.

The groups provide essential services to people working class communities.

Community groups in this area are seeing soaring bills for basic items such as gas, electricity and phones.

Facebook

secured for many projects for the new financial year.

Some groups will see staff cuts and other budget cuts. When the politicians

elections don't forget to ask them about the cuts to community services in your area and ask them how will they save our services.









Community Organising...

# Are you happy with your home?

n recent months Cliftonville Community **Regeneration Forum have** been contacted by residents in the Cliftonville area who have been faced with issues in their property.

Are you a private or social housing tenant? Is your property not up to standard and you are struggling to get your landlord to do essential works?

#### Damp or mould

Private and social landlords have a duty of care to their tenants to ensure they are providing suitable accommodation not riddled in damp or mould.

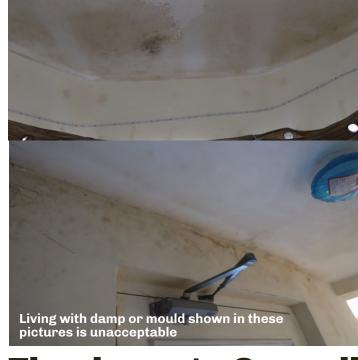
The cost of living crisis is effecting most of our society, but particularly the most vulnerable and people should not be under anymore pressure worrying about the conditions of their homes.

Cliftonville Community Forum are committed to working alongside residents to ensure their landlord is providing suitable accommodation.

If these are issues you are facing then please get in contact with Ursula to discuss the issues and work together to get your landlord to do essential works.

#### Please call, text or WhatsApp

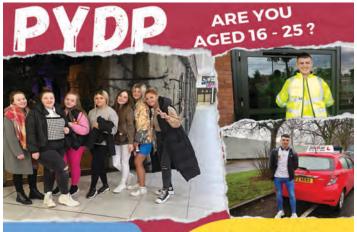
**2** 07808 640894



#### **Thank you to Council** cleansing workers



Eia Street residents and CCRF would like to thank Belfast City Council staff and Councillor Ryan Murphy for organising a walkabout of the area and arranging a large clean-up of illegal dumping.



INFORMATION REGISTRATION

TUESDAY **4TH APRIL 2023** 

10AM - 4PM

QUALIFICATIONS **NEW EXPERIENCES FUN TEAM BUILDING DAYS** RESIDENTIAL DRIVING THEORY **DRIVING LESSONS EMPLOYMENT SUPPORT** 

**CONTACT - FIONA ON** FACEBOOK (YOLO - PYDP NORTH **BELFAST) OR 07885369128** 







Personal Youth Development Programme...

# Get Involved!

re you interested in getting some qualifications, gaining new experiences, going on residential's and much more?

Then please get in contact with Fiona or Kerri-Leigh and discover how.

We are currently recruiting for our new Personal Youth Development Programme (PYDP) cohort of young people aged 16-25 who are not in Education, Training or Employment.

The catchment area consists of Cliftonville, Lower Oldpark and Shankill.

The programme will initially operate 2 days a week Tuesday and Wednesday with 1:1 support available on other

days

What can you expect to get from the programme?

If you know a young

- Team Building including Residential
- Good Relations including visits to Derry/ Londonderry & Dublin
- Personal Development Driving Theory Course
- Employability
   Opportunity to gain
   Qualifications and focus
   on a career of their choice

person/adult who would be interest in this programme, could you complete the attached referral, or they can contact Fiona on YOLO-PYDP North Belfast Facebook.





#### Girdwood Youth Space...

## **Building good relations**



ome of young people don't want to stop doing good relations work. Our previous T:BUC (Together: Building a United Community) group had so much unfinished business that when the funding came to an end we just couldn't possibly let them go.

We partnered up with Tar Isteach to form a good relations group, facilitated by Naoise Ó Cuilín and our North Talks Too youth workers John and Lauren.

The building good relations project has further cemented the lifelong relationships this group of young people had already began to form and puts an emphasis on cultural awareness, local history,

different backgrounds, politics, personal development and well-being while most importantly, having fun.

#### **Multi-Cultural**

Together, they have had several in-person learning experiences and off site visits including visiting the Chinese Welfare Association to learn about Chinese and other ethnic minority groups living in Belfast over the last 100 years. This was a great opportunity to learn about other cultural backgrounds and while there we got to sample some traditional Chinese food.

The group also got to visit the local history site of the Crumlin Road Gaol for a tour as well as taking part in a walking tour of the Falls Road.

They joined in on the 'Small Worlds Workshop'. Here the young people got to hear the personal journeys of those from Kazakhstan, Somalia, Tibet and Vietnam and how and why they came to Belfast. The group were also able to ask the hosts questions and appreciate the significant struggles faced by asylum seekers and migrants.

#### **World War One**

The young people also had the opportunity to visit the Somme Association to learn a bit about World War 1.

As well as all the offsite opportunities this group of young people have had over the last few months, we have also been grateful to have TAMHI come in to deliver fantastic mental health awareness sessions.

A mindfulness and visualisation session was facilitated by Carmel McGivern.

We welcomed in Aaron Kelly from the Blackmountain Rewilding Project. Aaron spoke about his journey into wildlife conservation both locally and across Ireland. Following this session the group took to Blackmountain to plant trees in their bid to help with the conservation.

As if the group wasn't fastpaced enough we headed to Need 4 Speed for a well deserved night of go-karting.

#### Girdwood Youth Space...

## **Carlingford Adventure!**

he Girdwood Youth
Space good relations
group headed off the
Carlingford Adventure
Centre for 2 days packed
with fun. To was to finish a
very busy couple of months
of good relations work and
good relations training.

Over the course of 2 days, they jammed in heaps of teambuilding games and activities, as well as taking part in some of the adventure centres onsite activities. Laser tag was a huge hit as was the high rope and zip-lining course.

#### **Lifelong friendships**

We also got the opportunity to explore Dublin City and take part in a 1916 walking tour to learn more about Irish history.

Taking young people away

on over night residential event have always been a great way for young people and staff alike to make lifelong memories and this one was no different!

The young people have the time to get to know one another and build relationships and sometimes life long friendships.

Programmes and partnerships like this are critical to maintaining a peaceful North Belfast and building stronger communities for this group's generation and the next.

We hope to continue the development of these incredible young people, learning from each other as the year continues. None of this would be achievable without their dedication and participation.



## A picture is worth a thousand words



#### Girdwood Youth Space...

### OCN Level 3 Youth Work completed!

ur Youth
Champions have
been working on
their OCN (Open College
Network) Level 3 in Youth
Work qualification and
have just recently
completed their portfolio's
to be submitted for
marking.

This has been a great achievement for all participants as not only do they work alongside the young people who attend our groups and drop-ins but they all also have full time jobs.

Their dedication to completion of this training course has been unreal and this qualification — which we are positive they will achieve — will be significant to their

roles within the youth space.

The Youth Champions have also been working hard on a project funded by Belfast City Council around young peoples views on the future of interface/peace wall.

#### Survey

As part of this they looked at survey questions relevant to young people and distributed them for responses. This project is ongoing and we hope to share the feedback in our next edition of the newsletter.

We where very lucky to be able to enjoy a night at Galgorm resort for a well deserved residential after completing the training.







Demi — Youth Support Worker ☎ 07510 677275

Find us on Facebook: Girdwood Youth Space

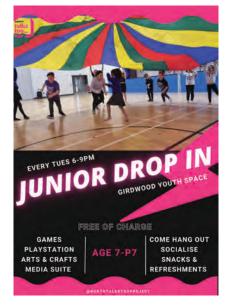
## **The Girdwood Superstars**

ince starting back in January our Girdwood Superstar's group have been really working on their communication skills.

We have been developing these through several team-building games and activities. These skills will be crucial in the next few weeks when we begin to explore relationships and self identity.

We currently have some places available to join our Superstars group so please get in touch if you're interested. Great things are yet to come! Contact Demi 207510 677275.

# WHAT'S ON?





### DRUG AND ALCOHOL SUPPORT SERVICE

BELEAST HEALTH AND SOCIAL CARE TRUST AREA

Date of publication: 2022

This publication can also be downloaded from www.drugsandalcoholni.info





#### **Services for Adults**

#### **Community Drugs Programme**

One to one and family support, auricular acupuncture, mentoring and onward referral service.

#### Open Access

#### **Falls Community Council**

☐ Tel: 028 9020 2030

One to one support for alcohol and/or drug misuse (and other associated issues)

Open Access/Self Referrals Accepted

#### Extern

☐ Tel: 074 4253 3165

#### **Low Threshold Services**

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful wavs but who are unable to commit to formal treatment (including chronic drinkers  $\boldsymbol{\vartheta}$ injecting drug users).

Open Access/Self Referrals Accepted

#### **BHSCT Drug Outreach Team**

☐ Tel: 028 9504 1433

#### **Extern Alcohol Housing Support Service**

☐ Tel: 028 9033 0433

#### **Community Based Adult Services**

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

#### **Inspire Wellbeing Addiction Services**

☐ Tel: 028 9066 4434

#### **Dunlewey Addiction Services**

☐ Tel: 028 9039 2547

#### **Statutory Addiction Service**

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals

☐ Tel: 028 9504 2900

Residential treatment is accessible through the statutory addiction service.

#### **Residential Addiction Treatment Centre**

6 week residential programme.

Addiction Service Referrals

#### Carlisle House

☐ Tel: 028 9032 8308

For more detailed information on services available in your HSCT area visit

www.drugsandalcoholni.info



"Addressing drugs and alcohol together"

#### Young People/Family

#### **Belfast Youth Engagement Service (YES)**

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

#### **Extern**

☐ Tel: 028 9032 5786

#### **Community Drugs Programme**

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

#### **Falls Community Council**

☐ Tel: 028 9020 2030

#### Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

#### Open Access/Self Referrals Accepted

☐ Tel: 074 4253 3165

#### **Targeted Lifeskills Service**

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction

#### Targeted at At-Risk/Vulnerable Groups

#### **LYMCA**

☐Tel: 028 9267 0918

#### Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems. Open Access/Self Referrals Accepted

#### **ASCERT**

Tel: 0800 2545123

www.stepstocope.co.uk

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

#### Start 360 & ASCERT

☐ Tel: 028 9043 5815 www.start360.org

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

#### **Barnardos**

□ Tel: 028 9066 3470

#### DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties **GP/CAMHS** Referrals

#### **BHSCT**

□ Tel: 028 9504 0365

#### **Specific Groups**

#### **Needle and Syringe Exchange Sites**

#### **Maguire Pharmacy**

**Chemist Connect** 

Reechmount Avenue
 Reechmount Avenue

♥ 59 High Street

☐ Tel: 028 9032 0590

☐ Tel: 028 9023 1002

#### Street Injecting Support Service (SISS) (inc. needle exchange)

☐ Tel: 080 0085 8426

#### Removal of Drug Related Litter (Needle Finds)

Palfast City Council

☐ Tel: 028 9027 0469

#### BHSCT Drug Outreach Team (inc. needle exchange)

☐ Tel: 028 9504 1433

#### **Group Support**

Call or go online to find a meeting near you:

#### **Alcoholics Anonymous**

12 Step Programme/Group Meetings

☐ Tel: 028 9035 1222

www.alcoholicsanonymous.ie

#### AlAnon

Group Support for Family Members

☐ Tel: 028 9068 2368

www.al-anonuk.org.uk

#### **Alateen**

☐ Tel: 028 9068 2368

www.al-anonuk.org.uk/alateen

#### **Narcotics Anonymous**

12 Step Programme/Group Meetings

☐ Tel: 0300 365 1010 www.na-northernireland.org

#### Community/Stakeholder Support

#### Belfast Drug & Alcohol Coordination Team/

**Connections Service (BDACT Connections)** 

The DACT Connections Service provides information, advice. signposting and awareness raising initiatives to a range of community and stakeholder partners.

☐ Tel: 028 9084 0555 (Extern)

www.drugsandalcoholni.info

#### **Workforce Development Training Programmes**

A range of drug and alcohol training courses for those working with adults, children and young people.

#### **ASCERT**

☐ Tel: 0800 254 5123

#### In Crisis? Call Lifeline

**FREE 24/7 HELPLINE** 0808 808 8000

# **Beware! Scammers in the area!**



### here have been reports of bogus callers and scams in the Cliftonville area.

Cliftonville Community Regeneration Forum have been informed of a recent case where a man presented himself to a local person. He agreed to carry out work and asked for payment upfront. The person was paid and was never seen again.

If you are suspicious of a bogus caller, ask them to show some ID and never give payment up front without completion of the job. If you suspect someone is a scammer, please contact the police on 999 to report.



Text or email:

hello@peoples kitchenbelfast

#### Glasgow youth work learning trip

number of North
Belfast youth
organisations —
including Cliftonville
Community Regeneration
Forum — visited Glasgow
to learn from them how
they have tackled youth
related crime.

The youth groups visited two projects which have successfully tackled and reduced youth-related crime:

- Nil By Mouth an antisectarian youth project
- Reduction in Violent Crime was set up in response to rising violent crime. This initiative has shown that by working in partnership across the statutory, government and community sectors, levels of violent crime can be dramatically reduced.

#### **Work together**

Following the Glasgow visit the North Belfast groups involved are continuing to work together to explore ways of reducing youth crime and anti-social behaviour across North Belfast.

# Celebrating local talent



assive congratulations to Alicia Donaghy who won Volunteer of the Year at Belfast City Council Sports Awards in March 2023.

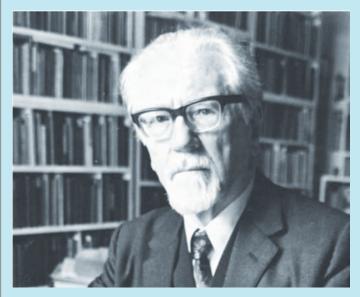
It has been an honour to see Alicia's journey over the past 2-3 years, from taking part in the Waterworks Positive Activity Leaders (PAL) programme, to volunteering on summer schemes. This includes the Let Youth Lead programme and delivering on Positive Activity Leaders (PAL) programme to help mentor young people who are on a similar journey to her. It's amazing to see Alicia turning into someone our young people all look up to.

Well done Alicia! We're all really proud of everything you have achieved and are excited to see what the future holds for you!

If you are interested in getting involved and following in Alicia's footsteps, please get in contact with us on Facebook at Waterworks Sport.

#### History

## John Hewitt



John Hewitt lived at 96 Cliftonpark
Avenue, Belfast. He was the most significant
Belfast poet to emerge before the 1960s generation of poets that included Seamus Heaney, Derek Mahon and Michael Longley.

He played an important role in the arts world in Ireland and Britain. In 1983 he was made a Freeman of the City of Belfast and was awarded honorary doctorates by the University of Ulster and Queen's University Belfast.

John Hewitt was born in 1907 and died eighty years later in 1987.

John Hewitt received his primary education (1912–19) at Agnes Street National School. He attended Belfast Methodist College ('Methody') (1919-24) and studied at Queen's University. He graduated in 1930 with a BA in English.

Hewitt's parents were Protestant and Methodist. His father was a radical socialist, an admirer of Keir Hardie, the founder of the British Labour party and Jim Larkin, the radical trade union leader and socialist. John Hewitt was deeply influenced by his father and his earliest poems in the late 1920s were rousing socialist anthems which appeared in such newspapers as the Irish Labour Party journal The *Irishman* and the Communist party's Workers' Voice.

#### **Turned down**

From November 1930 to 1957, Hewitt worked for the Belfast Museum and Art Gallery. In 1953 he was turned down for the job of Director of the Belfast Museum by the unionist dominated Belfast city council. It is believed that this was due to his association with the Catholic community and his radical socialist ideas.

In 1957 he moved to Coventry, where Hewitt was appointed Director of the Herbert Art Gallery and Museum where he worked until retirement in 1972.

#### Dilemma

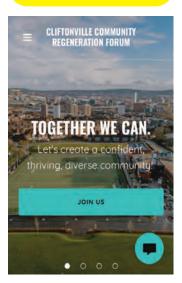
Hewitt enjoyed his time at Coventry, which Labour controlled and was socially progressive. He also remained active in the cultural life of Ireland. Many of Hewitt's poems addressed the issue of socialism, the division of Ireland and the culture and politics of his native Ulster.

In them he negotiates the dilemma of the Protestant identity in Northern Ireland, caught up in sectarian politics in a wider world which he saw as being dominated by socialist ideas.

In 1972 Hewitt retired from his Coventry post and he and his wife returned to live in Belfast. This gave John Hewitt a new leash of life. John Hewitt remained active and officially opened the Belfast Unemployed Resource Centre on May Day 1985. His name also inspired the name of their public house — The John Hewitt — on Donegall Street, Belfast.

# Domestic Abuse Helplines

- Domestic and Sexual Abuse Helpline ☎ 0808 802 1414
- Women's Aid Belfast
- **2890 666049**
- Victim Support NI
   02890 243133
- The Rowan Sexual Assault Centre
- **2** 0800 389 4424
- Mens AdvisoryProject (MAP)
- **2** 028 9024 1929
- Police/PSNI999 or 101



# **CCRF** website

You can access information about Cliftonville
Community Regeneration
Forum from our website.
The address is:
www.ccrf.org.uk.

The website is now live! Keep up to date, and receive your newsletter electronically when you sign up to our new and improved website.

## Report Anti-Social Behaviour

You can report anti-social behaviour at anytime to any of the to any of the following:

- Belfast City Council
- **2** 02890 270469
- Housing Executive
- **2** 0344 892 0900
- Community Restorative
   Iustice
- **2** 02890 753043
- Police Service of NI
- **2** 02890 650222

Let Cliftonville Community Regeneration Forum also know

**2** 02890 749147. Report it, sort it.

# SUPPORT AND ADVICE SERVICES

#### **BELFAST ADVICE SERVICES**

The Belfast Advice Centres across the city provide advice on a range of issues including benefit entitlement, consumer, debt, employment or housing issues.

Website: https://www.belfastcity.gov.uk/community/community-safety-and-advice/advice/advice-providers Tel No: 02890 320202

#### THE CONSUMER COUNCIL

Offers energy advice for consumers during these difficult times and also provides an independent energy price comparison tool. You can save by switching supplier, tariff, payment methods, how you receive your bills or a combination of all these.

Tel: 028 9025 16

Website: <a href="http://www.consumercouncil.org.uk/energy">http://www.consumercouncil.org.uk/energy</a>

#### **BELFAST SAFER HOMES SCHEME**

Provides people aged over 65 years (or vulnerable adults), with advice and support to help increase home comfort levels and reduce heating costs. Some of the services include referrals to other schemes, a home visiting advice service (safety and energy efficiency), equipment e.g. touch lamps, keep warm packs (warm clothing and blankets) and Bryson Energy – Handyperson Service. To make a referral, contact: Freephone: 08001422865

Email: handyman@brysonenergy.org

#### **NI ENERGY ADVICE LINE**

Offers free comprehensive advice on saving energy in the home and energy efficiency grants.

Tel: 08001114455

Email: NIenergyadvice@nihe.gov.uk

Website: https://www.nihe.gov.uk/Community/NI-Energy-Advice

#### GRANTS AND PRACTICAL ASSISTANCE BOILER REPLACEMENT SCHEME

Helps homeowners with the cost of replacing boilers. The boiler must be at least 15 years old. It is for homeowners with a total income of less than £40k. Contact Information:

Email: energyefficiency.psis@nihe.gov.uk

#### **BELFAST WARM & WELL SCHEME**

Provides advice and practical support to vulnerable people to help stay warm and well through the provision of heating measures and financial assistance (subject to assessment) to help alleviate the effects of living in cold and damp homes.

Contact National Energy Action (NEA):

Tel: 028 9023 9909.

Email: warmandwell@nea.org.uk Facebook: @NEANorthernIreland

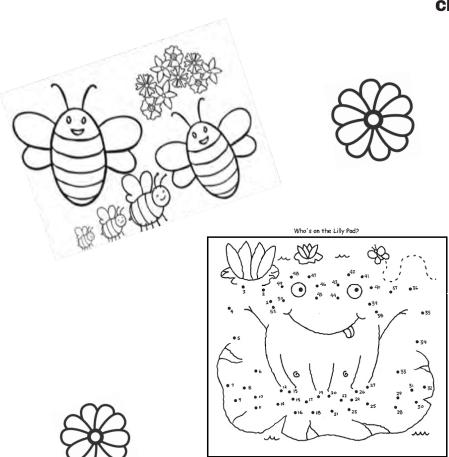
#### **HOME SAFETY CHECK SCHEME**

Belfast City Council offers home safety checks for residents with young children and would refer to other schemes and support where applicable in relation to fuel poverty issues e.g., broken heating system in a rented property.

Contact or make a referral: Tel: 028 9027 0428

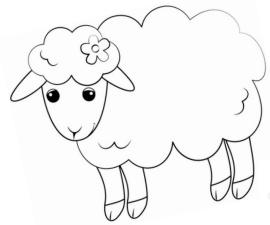
Email: envhealth@belfast.gov.uk

















## Useful Numbers

#### **Belfast City** Council

**Pest Control 2** 028 9027 0431

**Anti-Social Behaviour 2** 028 9027 0469

**Bulky Items 2** 028 9027 0230

Alley gate Keys **2** 028 9027 0428

**Noise Control Hotline 2** 028 9037 3006

Graffiti Removal **2** 028 9027 0230

Recycling **2** 0800 0328100

**Refuse Collections 2** 028 9027 0230

**Pest Control &** Dog Warden

**2** 028 9027 0431

#### Housing **Executive**

**3** 0344 892 0900

#### Housing **Associations**

Apex Housing Association **2** 028 7130 4800

**Choice Housing Association 2** 0300 111 2211

#### Housing **Associations**

Clanmil **2** 028 9087 6000

**Newington Housing 2** 028 9074 4055

**NB** Housing **2** 028 9059 2110

Radius **2** 0330123 0888

#### **Police**

**2** 028 9065 0222

#### Mental Health

**Samaritans 2** 0330 0945717

**PIPS** 

**2** 028 9080 5850

Lighthouse **2** 028 9075 5070

TAHMI **2** 028 9074 7437

#### Childline

2 0800 1111 (Free)

#### Community Organisations

Cliftonville Community **Regeneration Forum 2** 028 9074 9147

#### Community **Organisations**

**Cancer Lifeline 2** 028 9035 1999

Cliftonville Community Centre

**2** 028 9074 9332

Community **Restorative Justice** (Ireland)

**2** 02890 301521

Food Bank/ The People's Kitchen **2** 07783 376664

North Belfast Senior Citizen's Forum **2** 028 90755 894

**Survivors of Trauma 2** 028 9074 9944

**Cancer Lifeline 2** 028 9035 1999

**North Belfast Advice Partnership** 

**2** 028 9039 1225

**North Belfast Community Food bank 2** 07741 380991

#### **Political** Representatives

John Finucane MP Sinn Féin **28** 9050 0890

#### Political Representatives

MLAs

Phillip Brett MLA DUP

**2** 028 9002 7277

Carál Ní Chuilín MLA Sinn Féin **2** 028 9521 5649

Brian Kingston MLA

**2** 07795 233313

Gerry Kelly MLA Sinn Féin

**2** 028 9521 9295

Nuala McCusker MLA □ Alliance Party **2** 028 9515 0100

numbers and

keep

them

for when you need

Councillors

**Cllr Nichola Bradley** Sinn Féin

**2** 07741 380991

Cllr Fiona Ferguson People Before Profit **2** 07823 668428

Cllr JJ Magee Sinn Féin

**2** 07711 762578 Cllr Paul McCusker

Independent **2** 07467 339637

Cllr Ryan Murphy Sinn Féin **2** 07554 222395

Cllr Jordan Doran

**2** 07342 706781

02890 749147



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