PERFORMING TEAMS

2023-2024



HANDBOOK



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TRAINEES

Trainees Mission:

To introduce the structure and commitment of a youth company centered around the love of dance. We strive to positively lead by example and exude class, unity and strength. Trainees focus on developing technique through a variety of exposure and experiences.

Am I eligible for Trainees?

• Any dancer in 3rd grade or higher is eligible to be a part of Trainees.

Potential Performances

- Old Settler's Day Parade
- Winter Spectacular
- Community Performances
- Recital

All dancers are expected to attend and perform at all events. The Studio staff must be informed of all conflicts as soon as possible.



TRAINEES PROCESS

01

Dancer Requirements

- Enroll in and attend the Trainees Class (1 hour class).
- Dancer is required to enroll in Novice Ballet or higher level class depending on recommendations.
- Positively represent The Studio School of Dance and Trainees.
- Participate in all scheduled rehearsals, performances and events.

02

Studio Staff Expectations

- Centralize all information and Communicate through the app BAND and/or Email.
- Communicate to parents and dancers in advance of any potential changes or new opportunities.

03

Financial Investment

- Registration Fee
 - Trainees Company T-Shirt
- Additional requirements not included in the Trainees Fee
 - The Studio Merchandise
 - Tights
 - Half soles
 - Lipstick

Trainees Fee for 2023-2024 - \$150

JUNIORS

Juniors Mission:

To introduce the structure and commitment of a youth company centered around the love of dance. We strive to positively lead by example and exude class, unity and strength. Juniors focus on developing technique through a variety of exposure and experiences.

POTENTIAL PERFORMANCE'S

September

Old Settle's Day Parade

October

Anthology Senior Living
Performance

November

INOfusion Showcase

December

The ON Competition Winter Spectacular

January

DanceMakers Inc. KC* (Even Years)

February

Innovative Dance Championship

April

A Chance To Dance National Dance Week Kansas City

June

Recital

*All performances are subject to change and more may be added if scheduling allows.

All dancers are expected to attend and perform at all events.



JUNIORS PROCESS

01	Dancer Requirements	 Juniors required summer classes will include a Ballet class recommended for their level, Juniors Class and one Power and Technique class. Juniors fall enrollment requirement classes are Ballet and Leaps and Turns class recommended for their skill level along with the Juniors Class. Attendance at the rehearsals prior to a performance is required to perform.
02	Dancer Expectations	 Positively represent The Studio School of Dance and Juniors. All conflicts needs to be submitted as soon as possible to The Studio Staff. All November weekend rehearsals are mandatory to be able to fully participate in the Winter Spectacular. No cell phones are to be used during rehearsals unless told otherwise by the director.
03	Choreography	 Our year will be spent creating and developing a variety of pieces that highlight the Junior's technical strengths and abilities.
04	Studio Staff Expectations	 Centralize all information and Communicate through the app BAND and/or Email. Communicate to parents and dancers in advance of any potential changes or new opportunities.

JUNIORS FINANCIAL-







JUNIORS FEES INCLUDE

- Additional rehearsals other than Juniors class.
- Teacher attendance at events.
- Juniors T-Shirt.

ADDITIONAL REQUIREMENTS NOT INCLUDED IN JUNIORS FEE

- Convention fees
- Competition fees
- Warm-up Juniors Jacket
- Juniors Bag
- Rental Fee for The Studio Costume Closet. This includes all costumes being cleaned, steamed, altered, and ready for dancers each semester.
 - Fall Fee \$50 Due October 1st
 - Spring Fee \$50 Due February 1st

2023-2024 JUNIORS FEE - \$400

Payment Options	Due Dates
One Payment	\$400.00 Due on September 1st
Two Payments	\$200.00 Due on September 1st and October 1st

^{*}All fees are non-refundable.

COMPANY

THE STUDIO STAFF MUST BE INFORMED OF ALL CONFLICTS ASAP.

POTENTIAL PERFORMANCE'S

August

KC Dance Day

September

Old Settle's Day Parade

October

Anthology Senior Living
Performance
Dance Convention

November

INOfusion Showcase

December

The ON Dance Convention Winter Spectacular

January

Lied Center Showcase

February

Innovative Dance Championship DanceMakers Inc.

March

Inferno Dance Competition

April

A Chance To Dance National Dance Week Kansas City

June

Recital Nationals

*All performances are subject to change and more may be added if scheduling allows.

All dancers are expected to attend and perform at all events.



COMPANY CODE OF CONDUCT

01

Dancer Requirements

- Required Company Summer Classes will include Advanced Ballet, both Power and Technique, and Company Rehearsal.
- The required Company Fall Enrollment classes are Ballet, Leaps and Turns and one other class.
- Attendance at the rehearsals prior to a performance is required to perform.
- Excessive absences (6 per class) or tardies to classes will result in suspension from pieces and/or performance(s).
- Arriving late counts as an absence.
- Any uncommunicated absence for Company rehearsal is not allowed.
- If absent or tardy from a rehearsal is unavoidable, dancers must inform the Company director one month prior to the date of absence. Along with a one week follow-up reminder.
- If absence from a rehearsal is unavoidable, dancers are expected to learn any new choreography before the next Company rehearsal.
- Every dancer is required to attend a minimum of one hour of studio time per week, in addition to Company rehearsal to focus on Company choreography. Studio hour is often the hour before Company rehearsal begins.

02

Dancer Expectations

- Positively represent The Studio School of Dance and Company at all times.
- Company members will have a demerit system. This will include but not limited too arriving late, disrespect, negative attitudes, full participation in class and preparation of choreography and/or costumes (applies to class and rehearsal). Any teacher will be able to give a demerit.
- NO DRAMA, bullying or disrespectful comments regarding any student, teacher, staff, costume or event that Company attends. If any occur, it will result in an automatic three demerits.
- All parents and dancers will be notified for their students demerit.
- Once a student has reached three demerits, the director has the right to remove them from part of a dance, a whole dance, not allow them to preform their solo or have them do community service for The Studio as reprimand.
- All November weekend rehearsals are mandatory to be able to fully participate in the Winter Spectacular.
- No cell phones are to be used during Company rehearsals unless told otherwise by the director. There will also be NO CELL PHONES in the studio during rehearsals with other groups or dancers.

COMPANY PROCESS

Dance for Company. If the Company parents want to coordinate

• Company may and will accept donations. These donations will be

together to plan an event, that may choose to do so.

split equally between all dancers.

03	Choreography	 Our year will be spent creating and developing a variety of pieces that highlight the Company's technical strengths and abilities. If applicable, Company members will collaborate and choreograph their own piece. We encourage dancers to create their own pieces such as a solo, duet, or trio. Some rehearsal time will be allotted for the Company director to assist/ approve progress in the choreography process.
04	Studio Staff Expectations	 Centralize all information and communicate through the app BAND and/or Email. The app BAND will include rehearsal and performance videos, photos, polls, reminders on upcoming events and the schedule of Company events. Communicate to parents and dancers in advance of any potential changes or new opportunities.
05	Funds	 All fees for convention and competitions will be billed directly to each student for each event. There will be no fundraising organized by The Studio School of

COMPANY AUDITIONS

Audition Process

The audition process will take place in person and the date will be announced via email through invitation only.

Pre-Audition:

- Learn a two 8-count pass across the floor via video (will send 2 days prior to audition)
- Prepare an eight 8-count combo with choreography of your own

Audition Day:

• Learn a four 8-count center combo

Judges will score you on:

- Two 8-counts across the floor pass
- Four 8-counts center combo
- Eight 8-counts own choreography

Skills To Practice

- * All of these skills are not required, to make Company. The basic understanding and the desire to learn and correct these skills is necessary. If you would like clarification on any of the following moves please feel free to ask any instructor.
 - Chaine Turns (High and Low)
 - Pique turns
 - Pirouettes (turned in and out)
 - Soutenus
 - Spotting
 - Arabesque turns
 - Coupe turns
 - Fouette turns with double prep
 - Second turns with double prep
 - Pique turns into fouettes
 - Lame duck into fouettes
 - Pique turn into second turns
 - Lame duck into second turns
 - 3-4 Pirouettes
 - Turns with knees attached
 - Turns with leg lift
 - Attitude turns
 - Tuck jumps
 - Saut de chat
 - Hitch kicks
 - Sautes
 - Saute Arabesque
 - Axels
 - Centers/Seconds
 - Russian leap

- Stag leaps
- Barrels
- Calypso
- C jumps
- Turning C Jumps
- Reverse leap
- Switch leaps
- Tour an lair
- Grand jete
- Assemblés
- Grand assemblé en tournant
- Grand rond de jambe en l'air
- Saut de basque
- Sissonne
- Sissonne fermée
- Grande Sissonne ouvert
- Tour en l'air
- Tour jeté
- Brise
- Scorpion leap/fire bird
- lazz slides
- Jazz rolls/pretzel rolls
- Backward rolls (with and without layout)
- ETC.

COMPANY FINANCIAL





COMPANY FFFS INCLUDE

- Rehearsal expenses for the 12-Month season.
- Teacher attendance at events.
- Company T-Shirt.

ADDITIONAL REQUIREMENTS NOT INCLUDED IN COMPANY FEE

- Convention fees
- Competition fees (individual and group fee)
- Travel fees
- Warm-up Company Jacket
- Company Bag
- The Studio Merchandise
- Rental Fee for The Studio Costume Closet. This includes all costumes being cleaned, steamed, altered, and ready dancers for each semester.
 - Fall Fee \$75 Due October 1st
 - Spring Fee \$75 Due February 1st

2023-2024 COMPANY FEE - \$1,500



Payment Options

Due Dates

One Payment

\$1,500.00 Due on July 1st

Two Payments

\$750.00 Due on July 1st and December 1st

Four Payments

\$375 Due on July 1st, August 1st, October 1st, December 1st

^{*}All fees are non-refundable.

HANDBOOK



LET'S GET IN TOUCH

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