

Allergen Matrix - Spring 2024 The Compasses, Greenfield		VEGETARIAN	VEGAN	GLUTEN FREE	GLUTEN FREE OPTION	Celery	Crustaceans	Eggs	Fish	GLUTEN	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Peanuts	Sesame	Soya	Sulphites	Notes	
The Croque										WHEAT											
The Brunch										WHEAT											
The Fish Finger										WHEAT											
Something Lighter...																					
Little Haddock, Chunky Chips, Buttered Peas, Tartare										WHEAT & BARLEY											
Butchers Sausages, Mash, Peas, Onion Gravy										WHEAT											
Steak Frites										WHEAT											
Cesar Salad										WHEAT											
Goats Cheese Salad																					
Korean Chicken Salad										WHEAT					PINE NUTS						
Kitchens Soup of The Day										WHEAT											Please Always Check with Kitchen Regarding Soup of The Day.
Little Ones - Childrens Menu																					
Rump Steak, Fries, Salad																					
Grilled Halloumi, Fries, Salad																					
Chicken Strips, Fries, Peas										WHEAT											
Fish Goujons, Fries, Peas										WHEAT											
Sausages, Mash, Peas, Gravy										WHEAT											
Pork Belly, Mash, Peas, Gravy																					
DESSERTS																					
Creme Brulee										WHEAT											
Banana & Rum Sticky Toffee										WHEAT											
Seasonal Crumble, Custard										WHEAT											
Cranachan Pavlova										OATS											
Cheese of The Week										WHEAT											
Cheesecake										WHEAT											Please Always Check with Kitchen Regarding Cheesecake