



Ventura Tennis Club

P.O. Box 3005
Ventura, CA 93006
www.VenturaTennisClub.com

at Camino Real Park

Established 1981



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NEWS & NOTES

FALL 2023 - WINTER 2024

Holiday Mixer, December 2023

Following our usual end-of-year event, an extended rainy season dampened club activities during the winter months, but replenished the State's reservoirs.

Monday Night Tennis

VTC Monday Nite Tennis is rocking again every Monday evening from 6:30p until around 9p! Each player pays \$2, which covers balls

& lights. This is a very social group of mixed doubles. You don't need to bring a partner because we mix up and switch up every 6 games of no-ad tennis. It goes fast! We have folks of varying skill levels of play, the average being around 3.5. This event, a long-time staple of the VTC, has courts every week. This is a good way to meet other players and get started in our tennis community.



Monthly Mixer Madness!

Welcome to another exciting edition of the Ventura Tennis Club Monthly Mixer newsletter! As February unfolds, we're gearing up for another thrilling evening of camaraderie, competition, and all-around tennis fun at our upcoming Mixer on March 23rd.

What to Expect:

Friendly Competition: Get ready to showcase your tennis prowess in friendly matches that promise both challenge and laughter. Whether you're a seasoned pro or a newcomer to the sport, our mixers are designed to cater to players of all skill levels.

Networking and Socializing: The Ventura Tennis Club Monthly Mixer is the perfect opportunity to expand your tennis network. Connect with fellow players, exchange tips, and forge lasting friendships over a shared love for

the game.

Delicious Refreshments: No tennis event is complete without some mouthwatering refreshments! Join us for a delightful spread of snacks and beverages to keep your energy levels up throughout the event.

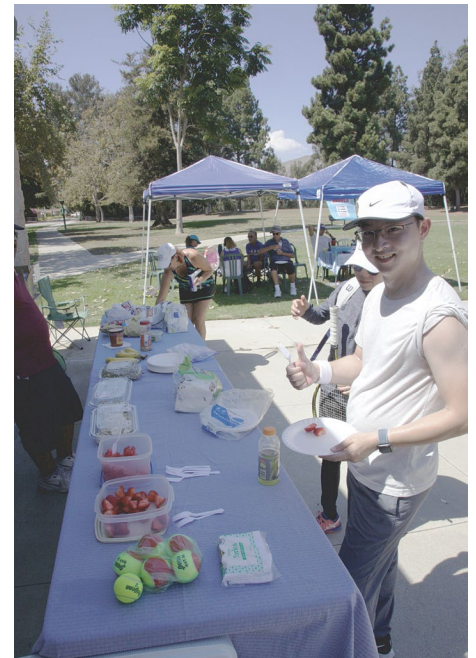
Lucky Draw Prizes: As a token of our appreciation for your continued support, we'll be hosting a lucky draw with fantastic prizes up for grabs. You never know, the next winner could be you!

How to Join:

Participation is open to all Ventura Tennis Club members. If you're not a member yet, sign up at www.VenturaTennisClub.com or contact our friendly team at [Club Contact Email/Phone] to become a part of the tennis action.

Member Spotlight:

In each newsletter, we'll be featuring a standout member of



our tennis community. This month, we're thrilled to shine the spotlight on [Member Name], whose dedication and sportsmanship have inspired many. Stay tuned for an exclusive interview in the next edition!

Club Announcements:

Keep an eye out for upcoming events, workshops, and announcements in our future newsletters. We're constantly striving to enhance your tennis experience at Ventura Tennis Club!

Follow us on our website www.VenturaTennisClub.com for real-time updates, behind-the-scenes glimpses, and interactive content.

We look forward to seeing you on the courts for another unforgettable day or evening of tennis and camaraderie. Until then, keep swinging those rackets and enjoying the game we all love!

Best regards,
Your VTC Newsletter Team



VTC's 2024 Kick-off Mixer: A Smash Hit Success!

What a fantastic start to the year it has been at Ventura Tennis Club! Our much-anticipated "2024 Kick-off Mixer" took place this past February 10, and it was nothing short of a smashing success.

Four tennis courts at Camino Real Park came alive with the energetic buzz of tennis enthusiasts on a beautiful Saturday afternoon. The sun was shining, and the weather couldn't have been more perfect for an afternoon filled with social tennis doubles play.

The event kicked off with enthusiasm and spirit, thanks to our President Marv King, who set the tone for a day of fun, camaraderie, and friendly competition, emphasizing the importance of coming together as a tennis community.

The courts were a vibrant mix of local VTC "veterans," Monday Nite Tennis (MNT) regulars, and tennis enthusiasts from Oxnard. It was a testament to the inclusive and welcoming atmosphere that defines Ventura Tennis Club.

Snacks, Drinks, and Laughter:

As the matches unfolded, participants enjoyed a delightful spread of snacks and refreshing drinks, creating the perfect environment for players to unwind and socialize. Laughter echoed across the courts, creating memories that will be cherished throughout the year.

The Kick-off Mixer served as the ideal platform for players to shake

off some of their winter rust. It was heartening to see everyone rekindle their love for the game and witness the joy that tennis brings to our community.

Capturing the Moments:

We encourage you to share your favorite moments from the event on social media using the hashtag #VTC2024Kickoff. Let's celebrate the joy of tennis and showcase the vibrant spirit of Ventura Tennis Club.

Looking Ahead:

The success of the Kick-off Mixer sets the stage for an exciting year ahead at Ventura Tennis Club. Stay tuned for more thrilling events, mixers, and opportunities to connect with fellow tennis enthusiasts.

Thank you to everyone who participated and contributed to the success of the 2024 Kick-off Mixer. Your passion for tennis and sense of community make Ventura Tennis Club truly special.

2024 UPCOMING EVENTS ...

All Year – Monday Nite Tennis!

630p - 9pm Camino Real Park

Join us on CRP Tennis Court #4. Bring \$2 and your best game!!

Sat, Mar 23rd – Post-Indian Wells Scramble!

1p - 3pm Camino Real Park

Doubles like you want it! Men/Women Challenges! Prizes??

Sat, Apr 13th – Spring Fling

1p - 3pm Camino Real Park

Round Robin play at it's best! Racquet Swap! Bring your extra racquets!

Sat, May 11th – Ladies Mixer & Potluck

Bring your favorite treat! Add some hot tennis to the mix!

Sat. May 25th – Tennis Day – Occurs during the Memorial day weekend. VTC spearheads and the City has supported this event which includes youth tennis lessons, racquet demos, clinics and open doubles play. From 6–8 courts have been used for this OPEN TO THE PUBLIC event and we have provided snacks, food and refreshments. The City has provided the clinics. This program supports the entire community and the tennis clinics benefit.

Sat, June 8th – Club Mixer & Potluck

Bring your favorite treat!

Sat. July 5th – Freedom Frolic

Doubles Mixer, Barbeque and Potluck



Hats and visors and other accessories with embroidered club logos are available for purchase.

2024 Special Event: Youth Tennis Camp

Our 2-week summer youth camp is in its 6th year. We have traditionally used Buena HS courts except during the last pandemic year. The youth program has had over 150 kids over the four years. The age range is 6 to 16 with skill levels from beginners to intermediate players. The kids are able to learn basic volleying up to rallying. The course includes a variety of skill lessons and games provided by USTA Net Generation.

TENNIS TIPS

More tips on how to develop good tennis habits and improve your control of the ball. The YouTube hyperlinks will take you to online audio-video instructions by tennis professionals.

How to Hit with Massive Kick on Your Serve

Courtesy of Jeff Salzenstein at Tennis Evolution.

In this [podcast](#), Jeff Salzenstein reveals three secret tips to hit massive kick on your tennis serve. Most players use a pinpoint stance, and struggle to generate topspin on their serve.

In this lesson, Jeff shares the solution to this common problem and demonstrates how you can master the kick serve, even with a pinpoint stance.

Tip #1: Adjust Your Stance

When you bring your back foot, aim to get it slightly behind your front foot.

Then, make sure to turn your upper body as you do the motion.

If you struggle with this movement, you've got to work on your upper body rotation. You should perform drills that will help you open the mid back, rib cage, and thoracic spine.

Tip #2: The Toss

Next, place your toss to the left hand side of your body if you're a righty, and vice versa for a lefty. Consequently, you'll be able to create the right swing path to hit topspin on the serve.

Tip #3: The finish

Finally, make sure to finish on the same side of your body.

If you follow these three awesome tips, you'll be able to generate massive kick on your tennis serve.

The Serve Routine

Courtesy of Brady at DTL

<https://www.dtlprime.com/wcsroutine>

Contact Information

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