



Ventura Tennis Club

P.O. Box 3005
Ventura, CA 93006
www.VenturaTennisClub.com

at Camino Real Park
Established 1981



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NEWS & NOTES

SUMMER – FALL 2021

June 26 Mixer

Our first mixer of 2021 was a big success! After 15 months without any activities it was great to see everyone back on the courts. We filled 6 courts and everyone easily got back in the groove of moving counter clock wise. Welcome to new members Richard, Bruce and Marc! Glad you joined us. Thanks

to everyone who pitched in to help make our long awaited return a big success! Stayed tuned for the next event!

Monday Night Tennis

VTC Monday Nite Tennis is rocking every Monday evening from 6:30p until around 9p! Each player pays \$2, which covers balls & lights. This is a very social group



of mixed doubles. You don't need to bring a partner because we mix up and switch up every 6 games of no-ad tennis. It goes fast! We have folks of varying skill levels of play, the average being around 3.5. This event, a long-time staple of the VTC, has courts every week. This is a good way to meet other players and get started in our tennis community.

August 13 Dave Dyke Retro Mixer

The Dave Dyke RETRO tourney went off without a hitch! We had 14 players, Food and Fun!

The wooden/metal rackets worked out very well and everyone played until the lights went out at 9 pm. It was a challenge to get them to stop for food! Along with the drinks, chips & salsa, beer... we had chicken wings (which got devoured)

In total we collected \$280 which included 5 membership renewals.

We did not have the music. Though I found two previous RETRO

CD's (2009, 2013) but neither would play in my boom box.

A good time was had by all!!

Thanks for all of the help.

— Marv King, VTC President

Fall Mixers

As the whole country eagerly tries to emerge from the pandemic,



Halloween Mixer

VTC has held events that included a Ventura Tennis Day (September 4), a Men's Mixer (October 9), a Halloween Blast (October 30), a Thanksgiving Hussle (November 20), and a Holiday Shuffle (December 18). Our last event enjoyed great weather, fine snacks & drinks, and a whopping 27 people eager to play. We had to expand to 7 vs our usual 3 or 4 courts.

is and private lessons, on any are allowed only by authorized city of Ventura personnel.

Thank you for your cooperation

Ventura Parks & Recreation • (805) 651-4776



Dave Dyke Retro Mixer



BOD Election Results

Marv King, Bruce Caldwell, Carol Goldreyer, and Paul Hansen comprise Ventura Tennis Club's Board of Directors for the coming year, 2022.



Upcoming Events...
(see website for updates)



Can Tennis Statistics Help Your Strategy?

Strategy analyst Craig O'Shannessy analyzed all the points played at the 2012 US Open. Here are his results:

Of the 46,432 total points played,

13,322 (29%) were winners (including aces);

14,295 (31%) were unforced errors;

18,815 (40%) were everything else (which, I presume, falls under the category of "forced errors").

Since a good portion of the points are neither winners nor unforced errors, it follows that you shouldn't expect to win matches just by hitting winners or by hoping your opponent hits more errors than you do. Instead, you should concentrate on hitting shots that are **SAFE** and **AGGRESSIVE**.

Statistics show that, on average, **if you can win at least 55% of all points played in a match, you will win the match.** In practice, this means that you must (1) get and keep the ball in play, and (2) keep the ball away from your opponent.

If you study Rafael Nadal's strategy during any match, you will notice that he is almost continually trying to **change direction** of the ball to keep his opponent on the run and thereby draw a short ball to the midcourt, which he can then put away to either corner. It wouldn't hurt to emulate the best.

— P.H.



Hats and visors and other accessories with embroidered club logos are available for purchase.

COURT RULES

Receiving Rights

CASE: I am a lefty, and when I am receiving serve in doubles, I like my partner to stand either on the edge of the service box, or just over onto my side, to increase my chances of receiving a forehand. We have had several teams complain that this is not allowed. I thought the receiver's partner could stand wherever they like, unless they are causing a hindrance. When would it be considered a hindrance?

VERDICT: The receiver's partner may "take any position inside or outside the lines on the receiver's side of the net (Rule 8, Server & Receiver)." Simply taking a position, even smack dab in the middle of the service box, would never be considered a hindrance. (Note the distinction between a hindrance, which is punishable under Rule 26 (Hindrance), and a "distraction," which isn't.) Why such a receiving position would be desirable, I'm not sure. But your partner was not doing anything wrong.

— Rebel Good,
USTA Tennis Rules & Regs Committee

TENNIS TIPS

More tips on how to develop good tennis habits and improve your control of the ball. The YouTube hyperlinks will take you to online audio-video instructions by tennis professionals.

2 Popular Strategies to AVOID in Singles (or when NOT to copy the pros)

Courtesy of Jeff Salzenstein at Tennis Evolution. In this [podcast](#):

- 1) **Running around too many backhands to hit forehands.** Unless you're a pro with a forehand like Jack Sock's, this yields too much court for you to recover when your opponent hits his next shot down-the-line, which you will have to hit on the run.
- 2) **Attacking the net on a down-the-line approach shot.** You're actually better off hitting your approach down the middle, which will minimize options and angles for your opponent's return.

Secrets of the Serve Toss

Courtesy of Jeff Salzenstein at Tennis Evolution. In this [podcast](#):

- 1) **RELEASE the ball, don't "toss" it.**
- 2) **Extend your whole arm AND shoulder with your toss.**
- 3) **Hold the ball with all 5 fingertips, not your palm. Don't spin the ball.**
- 4) **No "J" toss motion** (bringing your arm backward, then forward upon raising it). Raise your entire arm at about a 45 degree angle to the side of the direction your chest is facing.
- 5) **Rotate your palm toward the side fence (not the rear fence) after releasing the ball....**

Three Musts on Your Forehand Volley

Courtesy of Brady at DTL

- (1) Hold the racquet at a 45-degree angle—not vertical and not horizontal.
 - (2) Contact the ball slightly before you step into the shot to maximize momentum.
 - (3) Keep your elbow angled (about 90 degrees) and don't break the wrist as you push through the shot.0
- <http://www.dailytennislesson.com/video/3-forehand-volley-musts-volley-technique/>

Contact Information

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