



Welcome to Metropolitan Track Club!

The Metropolitan Track Club Board Members, coaches, and parents welcomes all new and returning athletes. We are excited to have you joining us as part of our "MTC" Family.

Our Mission is to commit ourselves to the comprehensive development of young athletes while training to improve physical development, character building, and an opportunity for athletes to develop confidence, poise, individuality, mental and physical discipline, determination, work ethic, team work and self-respect.

The club has athletes ranked nationally each year ranking in ages 7 to 16 years. The training activities include: weight training, running, sprinting, jumping exercise, speed development exercises, flexibility and coordination exercises, and skill acquisition exercise that are specific to each event. Major events and competition include: Governor Games, USA Track & Field District, Regional Championships, and both AAU and USATF Junior Olympics.

Our coaches are some of the most committed I have ever worked with when it comes to developing winning programs and quality star athletes. They work many long hours over the summer and off-season to develop and implement their plans to build character and positive attitudes within all our athletes. Our coaches challenge each athlete to push beyond their perceived limits and to embrace the philosophy of working together as "One MTC" which is essential to their success in athletics and most importantly in life.

Please join us in the commitment of encouraging high expectations, teamwork, and pride within, our community and Metropolitan Track Club Family.

Sincerely,

A handwritten signature in black ink, appearing to read "J. M. Morris".

Jessica M. Morris
President



Metropolitan Track Club

P.O. Box 872994 New Orleans, LA 70187

metropolitantrackclub@gmail.com

Ph. (504)595-9198

Registration Form

Applicant Information

Athlete's Name: _____
(Last) (First) (M.I.)

Address: _____ City: _____ State: _____ Zip: _____

Parent's Home & Cell Phone: _____ / _____ Member's Cell Phone: _____

Parent's Email: _____ Member's Email: _____

Age: _____ Birth Date: _____ Returning Member: _____ First-Time Member: _____

Please List any Physical Handicaps, Injuries, Allergies _____

Date of Athlete's Last Physical: _____ Current Grade: _____ School Attending: _____

T-Shirt Size (Select one): YS ___ YM ___ YL ___ YXL ___ SM ___ M ___ L ___ XL ___

Parent Information

Name of Parent or Guardian of Athlete: _____

Address: _____ City: _____ State: _____ Zip: _____

Parent's Home Phone: _____ / _____ Parent's Cell Phone: _____

Parent's Email: _____

Relationship to Athlete (Mother, Father, Guardian, etc.) _____

Emergency Contact Name: _____ **Relationship:** _____

As the parent or legal guardian of the above athlete _____, I fully understand that participation in athletics, in this case track & field, could result in both minor and serious injury and even death. I further understand that to minimize the risk of injury or harm, the athlete should have had a physical within the past year. I assume any and all risks associated with the above athlete's participation as a member of the Metropolitan Track & Field Club, its coaches and representatives, of any and all rights for damages or injuries suffered while participating with the Metropolitan Track & Field Club during a scheduled practice, conditioning session or competition; while traveling to or from a scheduled practice, conditioning session or competition; or during any other club related activity.

Parent or Guardian Signature: _____ Date: _____

NOTE: NEW MEMBERS PLEASE INCLUDE A PHOTOCOPY OF BIRTH CERTIFICATE OR PASSPORT PHOTO PAGE FOR USATF AGE VERIFICATION

UNIFORM SIZE (CIRCLE ONE) YOUTH: S M L ADULT: S M L



**Athlete Membership 2019-2020
AAU Membership Form**

Required Fields*

If athlete/prospective member is a minor, the person completing this Application represents that he/she has the athlete's parents or guardian's consent for the athlete to become an AAU member.

*Yes, I understand and agree to the above statement

General Information

*Email Address

*First Name

*Middle Name

*Last Name

<input type="text"/>	<input type="text"/>	<input type="text"/>
----------------------	----------------------	----------------------

*Address

*Primary Phone Number

*Birth Date

*Gender

<input type="text"/>	<input type="text"/>
----------------------	----------------------

*Parent/Guardian's Signature _____



METROPOLITAN TRACK CLUB
 2019-2020 Approved New Athlete Budget
 October 1 - September 30 2020

Budget Breakdown - New Athlete	
Registration	
AAU Membership	\$ 16.00
Club Application Fee	\$ 40.00
Total Registration	\$ 56.00
Meet Fees	
NOTE: Estimated to cover 10-12 track meets. Does not include Junior Olympics	
	\$ 150.00
Total Meet Fees	\$ 150.00
Uniforms	
Platinum Track Package	
Ultrafuse Compression Top	\$ 45.00
Ultrafuse Compression Bottom	\$ 35.00
Total Uniforms	\$ 80.00
Miscellaneous	
Awards/Banquet	\$ 60.00
Equipment	\$ 14.00
Coaches Fees	\$ 50.00
Total Miscellaneous	\$ 124.00
2019-2020 Approved New Athlete Budget Total	\$ 410.00

Metropolitan Track Club

Athlete Membership Checklist

Membership Applications

- MTC Club Registration Form
- AAU Membership Form

Consent to Treat and Transport Form

Parent Handbook Acknowledgement Form

Birth Certificate **(New Athlete Only)**

Photo Release Form

Brochure

Athlete Budget Form

Registration Fee - \$56.00

- AAU
- Club Fee

Athlete Budget Fee - \$354.00 **(Must be paid no later than April 30th)**

- Meet Fees
- Uniform **(New Athlete Only)**
- Other

For MTC Officials Only:

Bylaws

Parent Handbook & Form

Registration Fee

Budget Fee



Metropolitan Track Club

Registration & Budget Payment Plan Options – New Athlete

- **1st Installment: October 31, 2019 - \$47.15**
- **2nd Installment: November 30, 2019 - \$47.15**
- **3rd Installment: December 31, 2019 - \$47.14**
- **4th Installment: January 31, 2020 - \$47.14**
- **5th Installment: February 29, 2020 - \$47.14**
- **6th Installment: March 31, 2020 - \$47.14**
- **7th Installment: April 30, 2020 - \$47.14**

NOTE:

- **Total Budget in the amount of \$330.00 must be paid no later than April 30th**
- **Registration fee in amount of \$56.00 must be paid no later than Dec 31st**

MTC Forms of Payments

- PayPal:** metropolitantrackclub@gmail.com
- CashApp:** \$MTrackClub

Additional Information

Any questions regarding registration and budget payments or other monetary transactions please contact Darolyn Brown, Secretary via phone (504)595-9198 or email: metropolitantrackclub@gmail.com ATTN: Secretary

Thank you!!!



P.O. Box 872994 | New Orleans, LA 70187 | (504)595-9198 |
metropolitantrackclub@gmail.com | metropolitantrackclub.org

AUTHORIZATION AND CONSENT TO TREAT AND TRANSPORT

I, the undersigned parent of a minor, do hereby authorize Metropolitan Track Club as agent for the undersigned consent to transport said minor for medical purpose, as well as any x-ray examination, anesthetic, medical and/or surgical diagnosis or treatment and hospital care which is deemed advisable by, and to be rendered under the general supervision of any physician and surgeon licensed under the Medical Practice Act, whether such diagnosis or treatment is rendered at hospital, office or in transport.

It is understood this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power on the part of Metropolitan Track Club and it's agents to give specific consent to any and all such transportation, diagnosis, treatment or hospital care which the aforementioned physician may deem advisable.

Athlete Full Name: _____

Birth Date: _____

Legal Parent/Guardian: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Email Address: _____

Mother Cell: _____ Father Cell: _____

Mother Work: _____ Father Work: _____

Additional Emergency Contact Name: _____ Phone: _____

Insurance Company: _____ Policy/Group #: _____

Employer: _____

Physician Name: _____ Physician Phone: _____

Allergies: _____

Current Medications: _____

Other Medical History or Conditions: _____

Parent/Guardian Signature: _____ **Date:** _____

Witness: _____ **Date:** _____



PARENT HANDBOOK ACKNOWLEDGEMENT

I, _____ have read the Metropolitan Track Club Parent Handbook. By signing this handbook, I am stating that I fully understand the rules, policies and commitment of being a part of Metropolitan Track Club and I am aware that this contract will be enforced.

Athlete's Full Name: _____

Athlete's signature: _____

Date: _____

Parent/Guardian signature: _____

Date: _____

Club Witness: _____

Date: _____



P.O. Box 872994 | New Orleans, LA 70187 | (504)595-9198 |
metropolitantrackclub@gmail.com | metropolitantrackclub.org

METROPOLITAN TRACK CLUB "ACCOUNTABILITY" POLICY

The purpose of the athletes (Accountability) program is to provide an environment that encourages everyone to participate in learning the fundamentals of *TRACK & FIELD*, and having fun while doing so. Sportsmanship is essential in our entire area program. Sportsmanship includes positive behavior and attitudes from members, coaches, parents and athletes. In an effort to encourage a positive support base for everyone, MTC Board of Directors has adopted an Accountability Policy. The goal of this policy is not only to promote sportsmanship, but to also encourage positive and effective communication between boards, coaches, members, officials, parents and athletes. Therefore, the aforementioned groups that demonstrate behavior that is detrimental to any area program or policy may be removed from MTC program. Detrimental behavior is defined, but not limited to, as physical and/or verbal abuse toward any participant, coach or official at any time. Vulgar language or gestures will not be tolerated. All persons associated with MTC are expected to conduct themselves in a manner consistent with good sportsmanship. Violators during functions will be asked to relinquish membership.

I hereby pledge to provide positive support, care and encouragement toward all members, coaches, the board, and officials, remembering that the sport is for the children and not the adults.

I have read the MTC Accountability Policy, and will do everything in my power to implement and abide by these rules at all time.

Parent/Guardian Signature: _____ **Date:** _____

Witness: _____ **Date:** _____



P.O. Box 872994 | New Orleans, LA 70187 | (504)595-9198 |
metropolitantrackclub@gmail.com | metropolitantrackclub.org

METROPOLITAN TRACK CLUB "ATHLETE/PARENT CODE OF CONDUCT" POLICY

ATHLETES/PARENT(S) HAVE THE RESPONSIBILITY TO:

- Treat everyone fairly within the context of their activity, regardless of gender, place of origin, color, sexual orientation, religion, political belief or economic status.
- Consistently display high personal standards and project a favorable image of their sport.
- Refrain from public criticism of other athletes, coaches or officials.
- Uphold the rules of the sport, spirit of such rules and encourage other athletes to do the same.
- Treat opponents and officials with due respect both in victory and defeat. Encourage other athletes to do the same.
- To take care of their own personal belongings. A Coach and or Officials will not be held responsible.

ATHLETES/PARENT(S) MUST:

- Participate in a manner that insures the safety of fans, athletes, coaches and officials also participating in the meet.
- Respect other athlete's dignity: verbal or physical behavior that constitutes harassment or abuse is totally unacceptable.
- Where there has been a request for sexual favors or use of threats of reprisal for rejection, it must be reported to the Parent Advocate who will then report to the Board of Directors.

UNACCEPTABLE BEHAVIOR

- The following are some examples of unacceptable behavior that could involve suspension or other disciplinary action from the team. Please be aware that these are merely examples and other forms of unacceptable behavior not on this list could be subject to disciplinary action.
- Any vulgarity, profanity or intimidation directed to fellow team mates, other opponents, coaches, officials, or minor officials.
- Any unacceptable behavior while being transported to and from the event (not picking up garbage, swearing, disobedience to a coach or parents, disrespect to other athletes).
- Any unacceptable behavior in a motel/hotel and/or restaurant while on travel to a meet (unnecessary mess, failure to pay phone bills or other payments).
- Any vandalism or theft when traveling to and from meets (includes leaving showers plugged or water running, theft of any item belonging to another athlete or the team).
- The consumption of any drugs not prescribed by a doctor (this includes alcohol).
- Negative cheering from the stands (instead of calling the other team down, boost your team up!).
- Any form of hazing or other initiation activities will not be tolerated.
- Any action or behavior which would bring discredit to your team.

I have read and understand the statements in the Code of Conduct for Athletes and agree to conduct myself in a manner that demonstrates the established standards established in the Code. I was also in attendance at the meeting at which the code of conduct was reviewed. I have read and understand the statements in MTC Parent Handbook and agree to adhere to the policies laid out in this document.

Athlete Name (Print): _____ Date: _____

Parent Name (Print): _____ Date: _____

Parent/Guardian Signature: _____ Date: _____



P.O. Box 872994 | New Orleans, LA 70187 | (504)595-9198 |
metropolitantrackclub@gmail.com | metropolitantrackclub.org

PHOTOGRAPHIC CONSENT AND RELEASE FORM

Metropolitan Track Club has my permission to use my child's photograph publicly to promote Metropolitan Track Club. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

Parent/Guardian's signature: _____ Date _____

Parent/Guardian's Name _____

Athlete Name: _____

Phone Number: _____

Photographer Name: _____



P.O. Box 872994 | New Orleans, LA 70187 | (504)595-9198 |
metropolitantrackclub@gmail.com | metropolitantrackclub.org