## Seniors and Law Enforcement Together

Seniors and Law Enforcement Together is a committee of local senior citizens and representatives from the Ontario County Sheriff's Department, Office for the Aging, Canandaigua Police Department, Quail Summit and the Alzheimer's Association who educate the community on senior health and safety issues.

SALT holds multiple presentations throughout the year; topics include heart health, fall prevention, scam awareness, caregiver resources, preparing finances with aging loved ones, and much more.

## Save the Dates:

Caregiver Resource Panel comprised of of local experts to speak and take questions on the following topics:

April 10th: Normal Aging. What is normal aging? Wellness and community resources.

April 24th: Aging in Your Own Home & Community. Finding the right help, downsizing and stay at home

Older adults, caregivers, children, or anyone interested in aging and community resources are welcomed to attend these presentations, all of which will be held at Wood Library in Canandaigua from 6:00 pm until 7:30 pm.

May 8th: Next Steps After Home. What to prepare for and expect when looking at Senior Living communities.

May 22nd: Choice in Death. Celebrating life and honoring personhood through our final stages.

All presentations are open to the public! If you are interested in joining the committee or listening to a presentation, please call 585-396-4040.