



## Casa Grande Alliance April 2024 Newsletter

### OUR VISION:

We build resilient communities.

### OUR MISSION:

We are a force that builds stronger youth and families by delivering and providing access to essential resources and services.

### OUR VALUES:

Community, Integrity, Belonging, Change, and Service

### WHAT WE DO:

We provide trauma-responsive prevention education, programming, and services, youth coalition leadership, and treatment and recovery resource navigation. Our community coalitions represent a network of organizations dedicated to building individual, family, and community resiliency.

## APRIL MEETINGS & CLASSES

**FREE & Open to the Public.**

**All meetings are online unless otherwise noted.**

### **THURS, 4/4 @ 11:00 am-12:00 pm - *The Rise in Fentanyl***

*An hour-long educational webinar about the proliferation of this illicit opiate drug.*

### **THURS, 4/11 @ 11:00 am-12:00 pm - *Community Overdose Awareness and Naloxone Training***

*Be prepared to save a life! Learn how to identify and reverse an opiate overdose. Free Narcan is available at our office! Call 520-836-5022 or stop by to pick some up today.*

### **MON, 4/15 @ 6:00-8:00 pm - *Anger Management***

*Registration Required. Class meets once per week for 6 weeks. Must attend all sessions to receive Certificate of Completion.*

### **THURS, 4/18 @ 6:00-8:00 pm - *Triple P for all Parents***

*Registration Required. Class meets once per week for 6 weeks. Must attend all sessions to receive Certificate of Completion.*

### **THURS, 4/18 @ 11:00 am-12:00 pm - *Youth Drug Trends***

### **MON, 4/22 @ 1:00-3:00 pm - *Casa Grande Community Resilience Coalition "Resilience Rendezvous Meeting"***

(In-Person Meeting)

**TUES, 4/23 @ 6:00-8:00 pm - Triple P Teen for all Parents**

*Registration Required. Class meets once per week for 6 weeks. Must attend all sessions to receive Certificate of Completion.*

**THURS, 4/25 @ 11:00 am-12:00 pm - Snapchat: The Newest Drug Dealing Trend**

**TUES, 4/30 @ 9:00-11:00 am - Pinal County Wellness Alliance**

**SCHEDULE A FREE PARENTING SKILLS TRAINING  
OR PREVENTION WORKSHOP FOR YOUR GROUP!  
(520) 836-5022**



## COMMUNITY CONVERSATIONS

# YOU ARE INVITED TO PARTICIPATE!

In partnership with the [Department of Justice Safe Neighborhoods Initiative](#) through the [Arizona Criminal Justice Commission](#), and in partnership with the [Casa Grande Police Department](#), we extend a special invitation to you to take part in an important conversation about helping our youth feel safer while at school and in their neighborhoods. Through your participation, you will have the opportunity to make your voice heard, which may have direct impact on improving opportunities and conditions for youth in Casa Grande. **Refreshments will be served!**

**Our BIG goal is to host 10 Community Conversations that will bring together 200 youth and 200 adults to think together about how we can work together on making our schools and our community safer for everyone.** Using the Arizona Town Hall model, the discussions will happen in small groups facilitated by a team of well-trained high school youth from [PACE High School](#). Following the Community Conversations, we will analyze the opinions shared, develop recommendations, and publish a report on the project.

Our Casa Grande Community Conversations are scheduled for the following dates and locations:

**Wednesday, April 10 @ 6 pm** - Mission Heights Preparatory High School - Multi Purpose Room

**Tuesday, April 16 @ 6 pm** - Casa Grande Middle School - Media Center

**Tuesday, April 23 @ 6 pm** - Vista Grande High School Cafeteria

**Wednesday, April 24 @ 6 pm** - Cactus Middle School - Media Center

**PLEASE LET US KNOW YOU ARE COMING - SUBMIT THE SIMPLE FORM BELOW!  
THANKS!**

**Parent/Community Member Registration Form**



**Casa Grande Resilience Awards**



# CASA GRANDE RESILIENCE AWARDS

Nominations due April 12, 2024

**Resilience:** The capacity to withstand or to recover quickly from difficulties; toughness.

## AWARDS

These will be awarded to individuals and organizations that exemplify resilience in the face of adversity. Nominees will have demonstrated the ability to overcome, persevere, maintain a positive attitude, and their commitment to making a positive impact.

## NOMINATION CRITERIA

**INTEGRITY AWARD** - Recognizes an educator who has overcome significant obstacles while continuing to provide a positive and supportive learning environment for their students.

**SERVICE AWARD** - Recognizes a youth (under the age of 18) who has overcome obstacles, displayed a positive attitude, and has shown remarkable strength and determination in the pursuit of their goals.

**CHANGE AWARD** - Recognizes a person in recovery who has displayed immense courage and strength in their journey towards recovery.

**COMMUNITY AWARD** - Recognizes a business, nonprofit or group for the ability to adapt and make necessary changes in strategies, and tactics while maintaining their commitment to their values, employees, and customers.

**BELONGING AWARD** - Recognizes a counselor or social worker who promotes resilience and empowers individuals to overcome adversity.

**Friday May 3, 2024  
6:00 pm**

Join us for an evening of celebration, proceeds from our celebration dinner will benefit our programs for youth and families

### LOCATION:

Redemption Church Gymnasium  
275 W. Viola Street

### TICKET PRICE:

\$50 per person or  
\$350 for table of 8

### CATERING:

Creative Cafe



## HOW TO SUBMIT A NOMINATION

Please email, mail or hand deliver your completed nomination on or before the deadline, Friday, **April 12, 2024**.

### IN PERSON:

280 W. McMurray Blvd,  
Casa Grande, AZ 85122

### VIA EMAIL:

[AWARDS@CASAGRANDEALLIANCE.ORG](mailto:AWARDS@CASAGRANDEALLIANCE.ORG)

### BY MAIL:

PO Box 11043, Casa Grande AZ, 85130

The Casa Grande Resilience Awards are designed to recognize and celebrate individuals, organizations, or communities that have shown exceptional resilience in the face of adversity.

[Casa Grande Resilience Awards](#)

[Resilience Awards Nomination Form](#)

**Deadline: Friday, April 12, 2024**

[Resilience Awards Sponsorship Form](#)

[Resilience Awards Dinner Tickets](#)

**Pictured below is a preview of the awards that will be given at the Casa Grande Resilience Awards Dinner**









# Casa Grande Community Resilience Coalition



## Resilience Rendezvous: Uniting for Change

MON • April 22 • 1:00-3:00 pm

Casa Grande Elementary School  
District Board Room  
220 W Kortsen Rd, Casa Grande, 85122



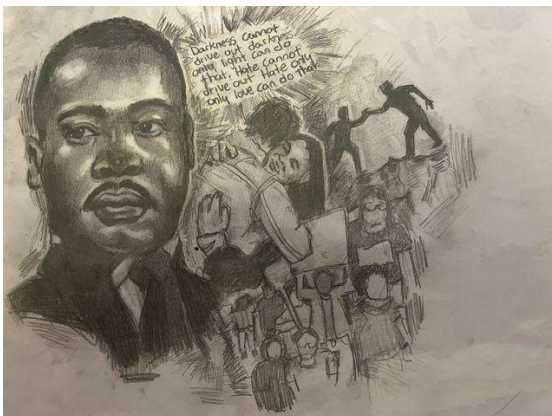
Lunch Provided • \$15 Donation Requested

[Scan or Click to RSVP!](#)

## Casa Grande Youth Alliance (CGYA) 2024 CIVIL RIGHTS ART CONTEST WINNERS

"Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that."

-Dr. Martin Luther King Jr.



Please join us in congratulating,  
**Alasha N. Gilliam**,  
an 8th grader at Casa Grande Middle  
School on **WINNING** the  
2024 Art Contest for CGYA.  
Her winning drawing is  
pictured on the left.

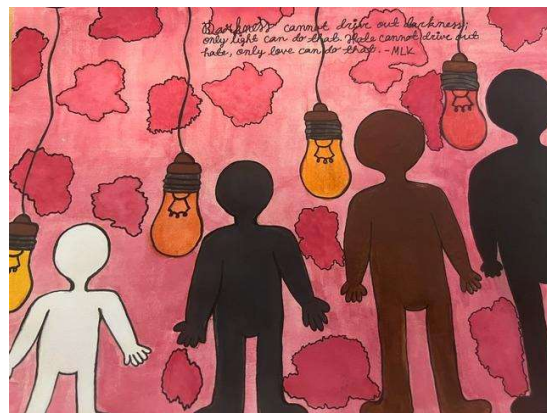
2nd place went to **Viviana Guerra**, a  
Freshman at Vista Grande High

School for her pastel and charcoal drawing entitled, "Our Rights Wipe Negativity."



3rd place went to **Summer Whitmer**, a senior at Vista Grande High School for her painting titled, "Connecting Lights."

**Natalia Olmedo**, a Senior at Vista Grande High School was a runner-up with, "Brighter & Darker the Light Goes," a paint and ink composition.



**Paola Vega Gonzalez**, a Junior at Vista Grande High school, brings us, "Civil Rights," a pencil drawing as a runner-up.

***Thank you to all that contributed!***





280 W McMurray Blvd.  
Casa Grande, AZ 85122  
(520) 836-5022

**Food Pantry**  
**Free Clothing Closet**  
**Diaper Bank**

(Bring ID and Birth Certificate/ or Crib Card)

**Times:**

**Tuesday: 4 pm - 7 pm**

**Thursday: 4 pm - 7 pm**

**Saturday: 10 am - 1 pm**



**DDDRP through Wildfire and CAHRA**  
(Diaper Distribution Demonstration and Resource Pilot)

**[CLICK HERE TO TAKE OUR RESOURCE ASSESSMENT](#)**

(We will contact you to help get your needs met!)

**ONE OF THE WORLD'S MOST  
EFFECTIVE PARENT PROGRAMS!**

The Triple P – Positive Parenting Program gives parents simple and practical strategies to help them build strong, healthy relationships,





® confidently manage their children's behavior and prevent problems developing.

The Triple P is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research.

Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups, and

in many different kinds of family structures.

[CLICK TO LEARN MORE](#)

**CASA GRANDE ALLIANCE PRESENTS:**



**REBECCA'S STORY**

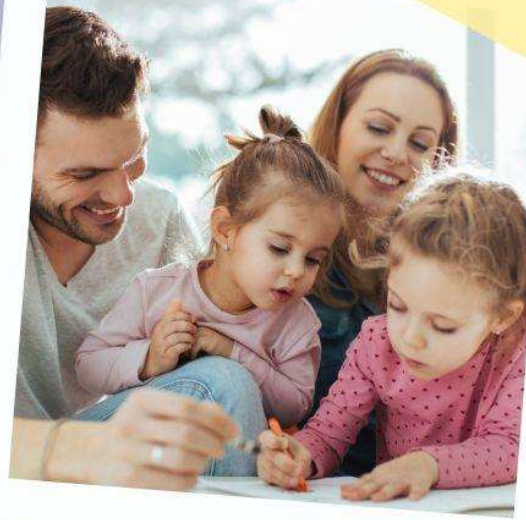
**A TRIPLE P SUCCESS STORY!  
Positive Parenting for EVERY Parent!**

**CHANGE THE WAY YOU PARENT  
IN JUST 6 WEEKS!**



## Set Limits

It's important to set limits for your children, so they know what is and is not acceptable behavior. By setting limits, you will help your children learn self-control and respect for others.



Need More Tips?



Join Triple P

(520) 836-5022

280 W. McMurray Blvd.  
Casa Grande, AZ 85122  
[casagrandealliance.org](http://casagrandealliance.org)



## 2024 Parenting Course Catalog



**FREE Parenting Skills Training  
for ALL Parents!**

***Triple P***  
***Positive Parenting Program***

**NEW Classes Start  
Thursday, April 18**

Do you have a child aged 14 or under? Have you had concerns about their behavior? Sign up for this intensive training in positive parenting! Join us online to learn a variety of parenting skills to apply to multiple contexts. For any parent who can commit to 6 weeks of group sessions and individual appointments: this course is for you!

Parents will learn 17 different strategies for improving their children's competencies and discouraging unwanted child behavior.

Roleplay, homework exercises, and discussions involving video examples of effective parenting strategies are used to help parents learn methods for dealing with unwanted child behavior and support for emotional needs.

**REGISTRATION IS OPEN!**

**(520) 836-5022**

**[Questions? Email Teresa](#)**

**Click to register**



Participants receive a free workbook and can earn a Triple P Parenting Certificate upon course completion.

## Group Triple P Teen Class starts April 23

For parents of teenagers up to age 17 years. After thorough family assessment, parents set their own goals, learn ways to encourage positive behavior for teens, and teach their teens new skills such as problem solving, conflict resolution, and self-regulation. **6 weeks of 2-hour group online sessions.**



**REGISTRATION IS OPEN!**

**(520) 836-5022**

[Questions? Email Teresa](#)

[Click to Register](#)



**REGISTRATION IS OPEN!**

**(By Appointment ONLY)**

**(520) 836-5022**

## Triple P Pathways

For parents with difficulty regulating emotions and as a result, are considered at risk of child maltreatment. The individual sessions focus on common parent traps, understanding and managing anger, and other strategies to improve a parent's ability to cope with raising children. Parents receive a workbook and certificate of completion.

***Two 90-minute sessions***

[Questions? Email Teresa](#)

[Visit our Website](#)

## Need Anger Management?



Anger Management training starts Monday, April 15 and is one of the best ways to help you identify what make you angry. This course helps you understand what triggers unhealthy responses to anger and behavior patterns that lead to anger. Through conversation, role-playing, and worksheets, we will learn to strategies to avoid or reduce those patterns.



**TO SIGN UP CALL:**

**(520) 836-5022**

**Questions? Email Teresa**

**Click to Register**

By attending this life-changing course, you will learn to mobilize techniques for controlling and overcoming anger.

Learn how to avoid situations that cause stress and frustration, how to better cope with stressful situations, and remove the mystery from this intense emotion.

***Meets Weekly. Six 2-hour Sessions.***



**PARTICIPANTS MUST BE 18 OR OLDER**

**MONDAY, MAY 6, 2024**

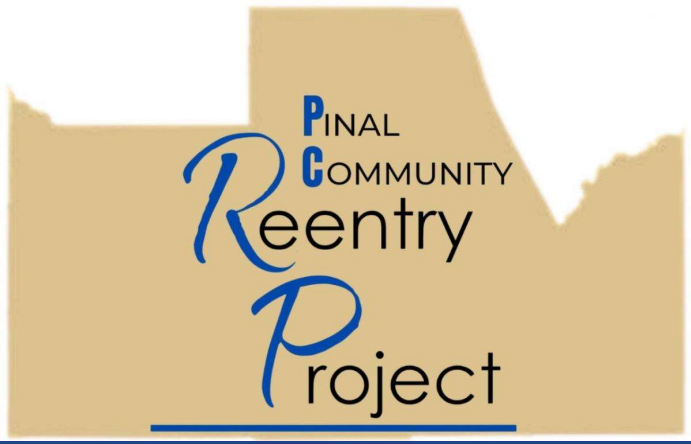
LOCATION: 280 W. MCMURRAY BLVD., CASA GRANDE, AZ 85122

[HTTPS://CASAGRANDEALLIANCE.ORG/](https://casagrandealliance.org/)

**TOPICS INCLUDE:**

- THE ADDICTION CYCLE
- ENABLING BEHAVIORS
  - PEER-TO-PEER
- DELAYED EMOTIONAL GROWTH
  - ROLE OF THE FAMILY
- SETTING REALISTIC BOUNDARIES
  - EMOTIONAL DETACHMENT
  - FINANCIAL STRINGS
  - STEPS OF RECOVERY
  - RECOGNIZING RELAPSE





## PINAL COMMUNITY REENTRY PROJECT

### Will you volunteer to serve?

The Pinal Community Reentry Project provides mentoring and support to individuals returning to society from jail or prison who face obstacles such as housing, employment, clothing, mental health, and substance use. **We are currently seeking volunteers to become Community Coaches.**

[Click for More Information](#)

# VOLUNTEER TO BE A COMMUNITY COACH

## CHANGE STARTS WITH YOU!!!

The Pinal Community Reentry Project is looking for volunteers to be positive, guiding, mentors to justice-involved individuals that are reintegrating back into the community.

If you have 4-6 hours a month to spare and would like to make a difference in our community call or come in today for more information!



**BE THE CHANGE YOU WANT TO SEE IN THE WORLD**



**APPLY NOW**

Casa Grande Alliance  
520-836-5022  
280 W. McMurray Blvd





JOIN US SATURDAY APRIL 27TH

NATIONALLY  
RECOGNIZED  
SECOND  
CHANCE MONTH



*Reentry*  
& AWARENESS

COMMUNITY RESOURCE FAIR  
&  
NECESSITIES DRIVE  
ACCEPTING DONATIONS!!!

D.E.A. Prescription Drug Take-Back for all your unwanted or expired medications.

We are also seeking donations to support our Reentry Program, we kindly request contributions of hygiene essentials, clothing, and non-perishable food items.



Meet with local agencies, providers, and resources such as these and more!



APRIL 27th 2024  
10:00 a.m. to 2:00 p.m.

Cactus Middle School  
Gymnasium  
1220 E Kortsen Rd.  
Casa Grande, AZ 85122

## PREVENTION WEBINARS

TO SCHEDULE A COMMUNITY TRAINING FOR YOUR GROUP,  
PLEASE CALL (520) 836-5022



### Rise in Fentanyl

Thursday, April 4 @ 11:00am

Youth Drug Trends presentation, created by SACLAZ and AHCCCS approved, is an education piece for caregivers and parents. Covering the top 4 most abused substances by teens in Arizona, this training is to familiarize yourself with the signs and effects of these substances. We will also discuss classifications of these drugs, Risk Factors, Protective Factors, trends in usage amongst 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students, and we will also discuss Fentanyl and its presence within our community.

Register to Save  
Lives

Community Overdose and Naloxone Training



**Thursday, April 11, 11:00am**

As Arizona is seeing a spike in overdoses and overdose deaths related to fentanyl, it is now more important than ever that we are prepared to save a life at a moment's notice with the overdose reversal drug Naloxone and/or Narcan.



**Register to Save Lives**



**Youth Drug Trends**  
**Thursday, April 18 @ 11 am**  
Marijuana, Alcohol, Nicotine, and prescription pills have long been teens' top four drugs of choice. Join us to learn about how these drugs used to impact our youth, what has changed, and finally, some things we can do to protect our youth and community.

**Register to Save Lives**



**Snapchat- April 25 @ 11:00am**

How youth are accessing substances from places we thought were safe and what we can do to protect them. This presentation explores all aspects of Snapchat, including law enforcement perspectives on criminal cases, a family personally impacted, and what we can do about it.

**Register to Save Lives**

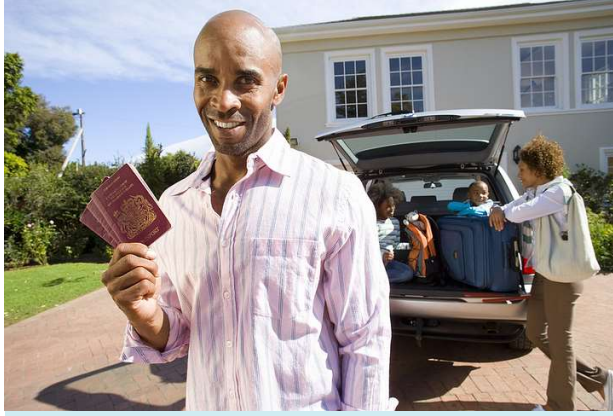
**PLEASE CALL (520) 836-5022 TO RECEIVE OVERDOSE PREVENTION AND NALOXONE TRAINING AND FREE NARCAN!**

## **RESOURCES: For Families**

### **51 Best Family Vacation Ideas for 2024**

By: Elizabeth Ciobanu

"Do you have your sights set on a dream



[Read the Article](#)

family vacation for 2024? Are you already exploring your options and seeking to book early to lock in a great rate?

This guide is for you!"

## RESOURCES: For Teachers



[Read the Article](#)

### TEACHERS Eight Things Educators Should Do on Spring Break

by: Sara Qualls

"It's that time of the year again– spring break! Woo hoo! This is the perfect opportunity for you to recharge and have some fun, so let's make the most of it, shall we? Avoid these common pitfalls that educators make when they have time off."

## RESOURCES: For Employers



[Read the Article](#)

### The Importance of Vacation Time for Employee Well- being

by: David Anderson

"In this comprehensive article, we will delve deeper into the significance of vacation time for employee well-being, explore various aspects of the benefits it brings, and provide guidance on how to make the most of your time off."

## A PARENT'S GUIDE TO RAISING RESILIENT KIDS

The toolkit includes supportive parenting practices that you can use and practice in those challenging circumstances that all parents face. **Ultimately, we hope this resource will help you in your**



A Parent's Guide to Raising Resilient Kids

Partnership to End Addiction

efforts to raise healthy and resilient children with all of the wonderful opportunities to lead vibrant, fulfilling lives.

Download the Toolkit



**"WHEN I WAS A KID..." DOESN'T REALLY WORK WHEN TALKING WITH YOUR KIDS ABOUT MARIJUANA TODAY. IT IS A WHOLE NEW BALLGAME.**

Marijuana — legal or otherwise — is a hot topic. It's more important than ever for parents to protect their kids' health and development by addressing this issue early and often. Here, you'll learn how to set the stage to have an open dialogue with your teen. **Believe it or not, you are the most powerful influence in your child's life.** More than friends.

Download the Toolkit

Can you tell which pill contains a deadly dose of Fentanyl?



Neither can your child.

**PROTECT THE YOUTH OF CASA GRANDE!**

Click to Download FENTANYL Flyer

**CALLING ALL VOLUNTEERS!**



**Available opportunities:**

- Gardening
- Afterschool Tutors and Mentors
- Afterschool Program Leaders
- THRIVE facilitators
- Administrative Support
- Reentry Volunteers



**INTERESTED IN JOINING US?**

**Call:** 520-836-5022

**Email:**

bob@casagrandealliance.org

- Food Bank
- Community Clothes Closet

**Need More Resources?**

**Opioid Assistance and Referral Line  
Free and Confidential  
1-888-688-4222**

Need someone to talk to? Problem with drugs? Alcohol?  
Depression? Mental Health? Suicide?

**ARIZONA COMPLETE HEALTH 24 HOUR CRISIS LINE  
1-866-495-6735**

Teen Lifeline is a 24-hour service with trained  
Peer counselors available from 3 - 9 pm Daily  
**TEEN LIFELINE 1-800-248-8336**

Assisting Veterans and Military Families in Pinal County by  
providing services or connecting them to  
providers that will assist with life's challenges.

**Honoring/Hiring/Helping Our Heroes of Pinal County (520) 866-  
3645**

Does someone's drinking bother you?  
**AL-ANON 1-888-415-1666**



**Community Rewards Program**

**A Simple Way to Support Casa Grande Alliance**

Fry's Food and Drug will donate a small portion of what you spend every time you use your Fry's Card. If you would like to support Casa Grande Alliance, please link your Fry's rewards card to Casa Grande Alliance CGA Inc.

**Instruction to link CGA, Inc. in the Fry's app: for  
iPhone and Android**

- Open Fry's App
- Click my account
- Choose community rewards,
- Enroll- hit the link (find organization)
- enter our number YB442 (for CGA Inc.)
- Hit enroll



CGA, Inc. | 280 W. McMurray Blvd, Casa Grande, AZ 85122 P: (520) 836-5022

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