### General Program Information

### Community Coach Program:

Are you looking for support to help make positive change in your life? Studies have shown that people leaving prison that have a Community Coach are less likely to be incarcerated. This program expects commitment, willingness to change, and open communication. By choosing this program, you are showing that you want to make positive change in your life.

The guidelines of this program are as follows:

- 1. This program is a commitment you are choosing to make. You are expected to communicate with your coach and program staff, put full effort into it the entire time, and provide contact information for follow up.
- 2. Community Coaches and participants will be matched by gender. Women will only be matched with women; men will only be matched with men.
- 3. Community Coaches will be matched by program staff. If you have problems with your Community Coach, please report problems to the staff immediately.
- 4. Activities with Community Coach and Participant should be positive, healthy and proactive.
- 5. You should contact your Community Coach when you want help or support. They will check in with you regularly, but if you need help you must make contact with them.
- 6. You should not give your Community Coach money for any reason. Your Community Coach will not give you money for any reason.
- 7. You are responsible for any changes you want to make in your life. Community Coaches are there for resources, guidance, and support.

#### Independent Referral Program:

We want to help you make choices that will keep you from returning to incarceration and be a helpful contributor to (County) community. The *Community Reentry Project* will help provide you with referrals to organizations that have shown an interest in helping people who have previously been incarcerated. We will provide you with this information, but you must make the phone calls, find transportation, and complete anything that needs to be completed. You are able to choose from a three or six month program.

The other guidelines for this program are as follows:

1. You will receive a list of community resources available within the area you will be living in from program staff.

- 2. You can call the program staff with questions and concerns.
- 3. The *Community Reentry Project* is here to help with access to community services.
- 4. Success with community services is dependent on your involvement and effort.
- 5. The *Community Reentry Project* staff will <u>not</u> make phone calls, write letters, or complete applications on your behalf.

#### Community Reentry Project Community Coach Program Guidelines

#### 1. Honesty

- Be honest with Community Reentry Project staff and your Community Coach
- Hold yourself accountable to all actions; past, present and future

#### 2. Reliability

- Attend meetings with your Community Coach on time
- If you need to change meeting dates or locations contact your Community Coach at least one day beforehand or as soon as you can
- If you say you are going to do something, do it

#### 3. Communication

- Maintain contact with the *Community Reentry Project* staff for the entire enrollment
- Notify program staff if your contact information changes, or if you are leaving the program
- Express concerns to program staff or your Community Coach
- Report problems with your Community Coach to program staff so changes can be made
- If you have problems with verbal/physical abuse, sexual harassment, or if your Community Coach is pushing for criminal activity, please report this to program staff immediately

#### 4. Self-Improvement

- Seek positive experiences
- Build positive relationships
- Be actively involved in your program
- Be a contributing member of the community
- Stay away from those currently involved with drugs, or any illegal activity
- Follow all rules of your parole or probation
- Abstain from drug or alcohol abuse

The items listed above are vital to success in your program and steps toward a life without returning to prison or jail.

The relationship with your Community Coach must strictly be a mentor/mentee relationship. Any exchange of money, participation in illegal activities, development of a sexual relationship or any other inappropriate mentor/mentee behaviors are prohibited

By following the guidelines above, your program and resulting experiences will help you to successfully build a positive future for yourself. We reserve the right to remove individuals from the Community Coach Program if these guidelines are not being followed. By signing below, you understand and agree to everything stated above.

First Name:	Middle Initial:	Last Name:	
Participant Signature		Date	

# Community Coach Communication

Let us know if you're okay with you	ir Community Coach co	ontacting you before you are released	
	•	ntact me while I am incarcerated. The my name, ADC number and facility	
☐ NO,  I do not give permission incarcerated.	for my Community	Coach to contact me while I an	n
First Name:	Middle Initial:	Last Name:	
Participant Signature		Date	

## Questionnaire for Reentry

Be honest. Read the questions and mark the answer that fits best. No answer will cause you to be rejected from the program; they are used to see what services you need.

ast IN	nme: First N	Name:			N	1.I
irthda	nte:/ DOC#			Gende	er: M	F
re yo	u a veteran? Y N Ethnicity (for sta	atistical purposes only):				
Histor	y					
1.1	How old were you when you were first arrested?	15 or you	nger	16 to	25	26+
1.2	How many times have you been arrested?	. 1	2	3	4	5+
1.3	How many times have you been in prison/jail?	1	2	3	4	5+
1.4	What was the reason for your most recent incarcer	estion? For how	1 0			
	what was the reason for your most recent incarcer	ration? For nov	v long?			
	what was the reason for your most recent incarcer	auon? For nov	v long?			
	what was the reason for your most recent incarcer					
	•					
	•					
	•				No	
Emplo	pyment		Ye		No	a year
Emplo 2.1	Did you have a job when you were arrested?		Ye	es months	No	
2.1 2.2	Did you have a job when you were arrested? How long have you held a job?	0-6 months	Y 6 6-12 1	es months	No Over	

3.1 A	Are you taking any medications?	Yes	No
3.2 I	Do you have thoughts about committing suicide?	Yes	No
3.3 V	Would you like more information on signing up for health insurance?	Yes	No
	Have you been diagnosed with any physical disability or mental illness?	Yes	No
If	f yes, please explain below:		

Substa	ance Use			
4.1	How old were you when you first did drugs or alcohol?	Never	Under 16	16+
4.2	Do you have a substance use problem?		Yes	No
4.3	Is your most recent conviction because of drugs/alcohol?		Yes	No
4.4	Have drugs/alcohol ever affected your relationships or jobs?		Yes	No

5.1	What is your current relationship status?	Significant Other	Divorced/ Widowed		
5.2	Are other people in your family incarcerated?	Are other people in your family incarcerated?			
5.3	Do you have family without a criminal record reyou will live?	Yes	No		
5.4	Do you have people to provide you with emotion personal support?	Yes	No		
5.5	Are you, or have you ever been, involved in a g	ang?		Yes	No
5.6	Do you have children you plan on being involv upon release?		Yes	No	
	If yes, please explain how, or if you need help v	with this, be	low:		

Housi	ng		
6.1	Do you have a place to stay when you get out?	Yes	No
	Please give us a way to contact you upon release:		
	Address:	_City	
	Phone number(s):		
	With whom:		
6.2	Where and with whom were you living when you were arrested?		
6.3	Have you ever been homeless?	Yes	No
6.4	Have you ever rented/owned an apartment/home?	Yes	No
Behav	rioral Health		
7.1	Do you feel as though you have control over your life?	Yes	No
7.2	Do you have problems controlling your anger?	Yes	No
7.3	Do you easily become stressed out or anxious?	Yes	No
7.4	Are you able to listen to criticisms of yourself by others?	Yes	No
Finan	cial		
8.1	Do you have restitution fees?	Yes	No
	If yes, how much?		
8.2	Do you have child support or alimony to pay upon being released?	Yes	No
	If yes, how much?		
8.3	Do you have court/legal fees to pay?	Yes	No
	If yes, how much?		
8.4	Do you have other debt?	Yes	No
	If yes, for what and how much?		

Educa	tion		
9.1	Have you completed high school/obtained a GED?	Yes	No
	If yes, did you get it in prison/jail?	Yes	No
9.2	Do you want to go back to school?	Yes	No
	If yes, what do you want to study?		

Service	es												
10.1	Will you be	e on pa	role or	probat	ion wh	en relea	ased?			Yes	No		
	If yes, v	which?								Parole	Probation		
10.2	Do you wa	nt to ha	ave a C	ommuı	nity Co	ach to l	help yo	ou?		Yes	No		
10.3	Do you hav	ve any l	kind of	transp	ortatio	n (car, t	oike)?			Yes	No		
10.4	What level	of con	fidence	do yo	u have	in findi	ng ser	vices ir	your c	ommunity?			
	1	2	3	4	5	6	7	8	9	10	Circle one number		
	Low									High			
10.5	Which prog	gram d	o you v	vant to	be enro	olled in	?			nity Coach gram	Independent Referral Program		

Please list below any classes, counseling, work programs, certificates or anything else you have participated in or accomplished while in prison:

Class/Program	Dates	Want to continue?
		Yes No

# Personal Action Plan

List below three goals you have for when you are released.

Goal 1: ( want to get a job
Steps needed to reach Goal 1: Get an ID so I can apply for a job, write a resume, and look in the newspaper to find jobs.
Goal 1:
Steps needed to reach Goal 1:
Goal 2:
Steps needed to reach Goal 2:
Goal 3:
Steps needed to reach Goal 3:
Steps needed to reach Goar 3.

# Essay

How do you plan on being successful in the community and not being rearrested or return to prison/jail?

# Participant Match Preference

This questionnaire is to help us place you with a Community Coach that you are comfortable working with. Please answer all questions honestly. No answer will affect your enrollment in the program.

Fi	rst Name:	Middle Initial	Last Name	
City Returning to:			Date	
1.	. Are you willing to drive/get a ride/take public transit to cities that are not your place of residence to meet with your coach?			
	☐ Yes ☐ No	Depends		
	If depends, please explain	n:		
2.	Are you in recovery?			
	☐ Yes ☐ No	•		
3.	3. Would you prefer to work with a coach who has experience working with people in recovery or is in recovery?			
	Yes No	)		
4.	Would you prefer to work  Yes No  If depends, please explain	Depends	xperienced incarceration?	
5.	Do you want a coach wh	- •		

We work our best to match based on these, but cannot guarantee that every area will be matched to your preference.

6.	Do you prefer a coach who matches your religion?				
	Yes Depends				
	If yes or depends, please explain:				
7.	Would you prefer to work with a coach who is a veteran?  ☐ Yes ☐ No				
8.	How often would you like to meet with your coach?    Weekly   Bi-Weekly   Monthly   Depends on schedule				
9.	Are there specific areas you are looking for support in? Please explain:				
10.	Please explain any other areas or concerns that we did not cover that you would like us to know for the matching process:				

# Community Reentry Project Participant Intake Form

Release Date:	Enrollment Date:
Prison Only: DOC#	Date of Birth:
Program:	Length: 3mo 6mo
Contact Information	
First Name: N	Middle Initial Last Name
Phone Number: _()	Home Cell Work
Phone Number: _()	Home Cell Work
Email:	
Housing Information	
Where are you living?	Homeless: Yes/No
Address:	Apartment/Unit
City:	Zip Code:
Who are you living with:	Relationship to you:
Community Supervision	
Are you on Parole: Yes No	Are you on Probation: Yes No
Type of Supervision:	Time Remaining:
Notes:	

# Community Reentry Project Audio-Visual Authorization

Participant/Community Coach Sign		Date
First Name:	Middle Initial:	Last Name:
		Initials
	e to me in any manne	Project Sponsor may publish materials, er that the <i>Community Reentry Project</i> or and publicize their services.
authorization.		Initials
	and may only be with	ndrawn by my specific rescission of this
Troject Sponsor s internet west as	50.	Initials
(PSAs) or for other related endea Project Sponsor's Internet Web Pag		may also appear on the Corporation's or
	*	ials, broadcast public service advertising
	<b>O</b> 1	This material may be used in various
		eo that may pertain to me, including my
I	autho	orize the Community Reentry Project to

#### Mentoring Agreement

The *Community Reentry Project* follows general principles of conduct to serve the public and treat all persons associated with the organization with respect, concern, courtesy, and responsiveness. This extends to the volunteers and participants actively involved in our program.

We believe by agreeing to follow these principles during your mentorship, it will foster a positive relationship which will lead to personal growth and success.

The coaching commitment is for three to six months by both the Community Coach and the Participant. However, if agreed upon by both people, we can extend the mentoring commitment.

D. C. C. D. C. M.		
Participant Print Name		
Participant Signature	Date	
Community Coach Print Name		
Community Coach Signature	Date	

# Community Reentry Project Contact Information

		Date
First Name: Preferred Name (nickname):		Last Name
Housing:		
Where are/will you be living:		Homeless: Yes or No
Address:		Apartment/Unit
City:	State:	Zip :
Who you live with:		Relationship to you:
Who you live with:		Relationship to you:
Who you with live:		Relationship to you:
We must have at least <b>TWO</b> (2		ou upon your release:
Phone Number: _()	Home	Cell Work
Phone Number: _()	Home	Cell Work
Phone Number: _()	Home	Cell Work
Email:		



#### Yavapai Reentry Project Code of Conduct: Participant

The Yavapai Reentry Project, a project of MATFORCE, is a community-based project dedicated to providing reentry support services to justice-involved individuals. Yavapai Reentry Project ("YRP") is committed to ensuring that all participants are protected and during their enrollment. Participation in the project is subject to the observance of the organization's rules and procedures. Participants shall strive to conduct themselves in such a manner that the work of YRP is effectively accomplished according to the mission statement.

*The activities and conduct outlined below are strictly prohibited:* 

- Possession of alcoholic beverages or illegal drugs while meeting with staff, coach or volunteer for the project.
- Inter-personal relationships and /or intimacy between coach and participant.
- Overnight stays with YRP coaches.
- Bringing onto MATFORCE's property dangerous or unauthorized materials such as explosives, firearms, weapons, alcohol or drugs, or other similar items.
- Discourtesy or rudeness to a YRP participant, coach, staff member or volunteer, including abusive language, verbal, physical or visual harassment, or any action that occurs which violates the principles of mutual respect, honesty, fairness, and courtesy.
- Actual or threatened violence toward any individual or group.
- Conduct endangering the life, safety, health, or well-being of others.
- Failure to follow any agency policy or procedure.
- Failure to cooperate with an adult coach/staff member/mentor.

I have read and I understand the Yavapai Reentry Project's Code of Conduct. I agree to abide by the rules described above and understand that I may be removed as a participant if I violate any of these rules.

Signature:	 	
Dotai		
Date:		
Witness:	 	
Date:		

# Please mail completed applications to:

Pinal Community Reentry Project/

Casa Grande Alliance

P.O. Box 11043

Casa Grande, AZ 85130

## Or by email to:

cgareentry@gmail.com

Any questions, call us at

<u>520-836-5022</u>

Or stop by and see us at:

280 W McMurray Blvd.

Casa Grande, AZ 85122