

Sydney Calisthenics Club

Safeguarding Children and Young People

January 2022



Code of Conduct

Sydney Calisthenics Club Commitment

At Sydney Calisthenics Club we want children and their families who participate in our program to have a safe and happy experience. We support and respect our children, their families, our coaches and all calisthenics participants and members while encouraging a love of calisthenics through Fun, Fitness and Friendship.

Title	Code of Conduct
Introduction & Code of Conduct Intent	<p>Sydney Calisthenics Club (Sydney Cali) aims to create an enjoyable environment for all students, families and coaches. Our goal is to fill each class with the magic of calisthenics... FUN, FITNESS & FRIENDSHIP! And we strive for each student to explore their dance and performing abilities, challenge and improve their strengths, learn to work together as a team and most importantly have FUN!</p> <p>Sydney Cali's Code of Conduct outlines behaviour and conduct expected by members and our team when interacting with children and young people. Having a Code of Conduct plays a vital role in helping Sydney Cali safeguard children and young people from abuse or neglect. This Code of Conduct is complimentary to Australian Calisthenics Federation (ACF) National Member Protection Policy.</p>
Key Requirements	<p>Sydney Cali supports active participation of children and young people in our club, providing team, solo and duo, calisthenics classes and participation in competitions.</p> <p>Sexual misconduct</p> <p>Under no circumstances is any form of sexual behaviour to occur between, with, or in the presence of children or young people participating in any Sydney Cali classes or competitions.</p>



Positive guidance

Wherever possible, children and young people are encouraged to have a say, especially on issues that are important to them.

Children and young people are given information about their safe participation in Sydney Cali classes and competitions including access to information about safeguarding children and young people. However, there are times when team members, volunteers or participants involved in Sydney Cali may be required to use appropriate techniques and behaviour management strategies to ensure:

- All classes and competitions are held in a safe, positive and welcoming environment.
- The safety and/or wellbeing of participants, families coaches and volunteers during our activities.

We will use strategies which are fair, respectful, and appropriate to the developmental stage of the children or young people involved.

The child or young person needs to be provided with clear directions and given an opportunity to redirect their misbehaviour in a positive manner.

Use of language and tone of voice

Language and tone of voice used in all interactions with children, young people and their families should:

- Provide clear direction, boost their confidence, encourage, or affirm them.
- Not be harmful to children, and must not be:
 - Discriminatory, racist, or sexist.
 - Derogatory, belittling, or negative; for example, by calling a child a loser or telling them they are fat.
 - Intended to threaten or frighten.
 - Profane or sexual.

Promoting equity and diversity

All Sydney Cali coaches, cadets, volunteers and participants must ensure their approach and interactions with children and young people are sensitive, respectful, and inclusive of all backgrounds and abilities.

When interacting with children and young people who are Aboriginal or Torres Strait Islander, from culturally and/or linguistically diverse backgrounds, Lesbian, Gay, Bisexual, Transgender, or Intersex (LGBTI) children, or who have a disability,



	<p>Sydney Cali will promote their safety (including cultural safety), participation and empowerment.</p> <p>Anti-Discrimination</p> <p>Sydney Cali is committed to providing a safe, inclusive, and respectful environment for children, young people, families, coaches, cadets and volunteers. Our classes and competitions should be free from any form of discrimination, bullying and harassment based on a person's characteristics, which are protected under Australian law.</p> <p>These include but are not limited to ethnicity or cultural background, faith, sexuality, gender identity, dis/ability, age, or family responsibilities. At Sydney Cali, we treat each other with respect and dignity.</p> <p>Use, possession or supply of alcohol or drugs</p> <p>When activity involved at Sydney Cali classes, competitions or events with children and young people coaches, cadets and volunteers must not:</p> <ul style="list-style-type: none">• Use, possess or be under the influence of an illegal/illicit drug.• Use, or be under the influence of alcohol.• Be incapacitated by any other legal drug such as prescription or over-the-counter drugs.• Supply alcohol or drugs (including tobacco or tobacco related products) to children and young people participating in our programs.
Reporting Obligations	<p>At Sydney Cali all coaches will adhere to all NSW legislative reporting obligations, including those set via Office of the Children's Guardian. If a child or young persons make a complaint of child abuse Sydney Cali will respond immediately and take all complaints seriously. Complaints will be addressed promptly, thoroughly and fairly. All adults understand their reporting obligations, including to external authorities. We want to create an environment where any person involved can identify and report suspected harm of children.</p>
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