

STOP THE PAIN...FEAR THERE WILL BE MORE AND IT WON'T STOP.

EVERY ACT ADDRESSED TO UNMET NEEDS: MET NEEDS = NO S

S IS SOLUTION TO A PROBLEM. REFRAME OR REMOVE PROBLEM; FIND ALTERNATIVE ANSWERS

PROBLEM NO LONGER EXISTS. IF THE SOLUTION IS SEEN AS CESSATION OF CONSCIOUSNOESS... THIS MAJOR STEP TOWARD COMPLETION... WHAT IF NO CESSATION?

SINGLE MOST POWERFUL FACTOR FOR "PRECIPITOUS CAPITULATION" FUTURE LONLINESS

EXPLOIT, THE AMBIVILENCE. WANT TO KILL MYSELF, BUT DON'T WANT TO BE DEAD.... CONFLICT BETWEEN SURVIVAL INSTICNT AND UNBEARABLE STRESS.

**B/W MAGICAL SOLUTION** 

90% SOME IMPLC/EXPLIC COMMUNICATION OF INTENTION

MOVEMENT TOWARD BUT AWAY FROM.

HOW HAS PERSON RESPOED N PAST... S RADICAL FORM.

## Slide 2

## **Evaluating Lethality Potential**

- Demographic
- Plan
- Stress
- DSM Symptoms
- History
- Relationships
- Suicidal
- Communication
- Capacity to engage/contractMedical Status
- Resources
- Lifestyle

## Slide 3

## Some Intervention Tactics

- · Non-anxious presence
- · Communicate empathy Attend to suicidal
- communication Situational/non-situational crisis
- Exploit +/↑ transference
  Evaluate lethality
- Short term contracts

- Recognize boundaries
  Reinforce positive relationships
  Carefully identify needs and elicit self actualizing, non-lethal plan
  Carefully identify
- <u>Carefully</u> identify feelings: anger, shame, weariness, helplessness.
- <u>Carefully</u> reframe toward hope.