



LUNAR ECLIPSE RENEWAL WORKSHOP

Libra Full Moon Lunar Eclipse
March 2024

THEWANDERINGLIONESS.COM

LIBRA FULL MOON LUNAR ECLIPSE

Hi beauties!

Lunar eclipse energy is rapid advancement in timelines. Cosmic wake up calls. Eclipses happen to help drastically move us into alignment with the true nature of our souls path. They are portals of opportunity.

This brings HUGE breakthroughs, major AHA moments, aaaand some confusion.

Right now we want to be allowing the cosmos, allow spirit to work with the cosmic energy to bring you back into harmony.

Cosmic energy is meant to help us, to serve us. The energy will affect you consciously or unconsciously. The best way to not get so rocked in the waves of change is to move mindfully through this energy, and work with the activation of our spiritual gifts to help us work through the change. We've got this!

Krystie Ann

ABOUT ME

It is my passion & purpose to support others in the understanding & integration of spiritual experiences. & provide a safe & trusting space for others to share, explore & expand on their own spiritual experiences & connection to what it is to be a spiritual being having a human experience.



TOOLS TO HELP US RELEASE BLOCKS



When we are working to release blocks, it is important to remember that it is a process. Remember to move through blocks with kindness, with grace, patience, and without judgement.

Eclipse season is a great time to be paying attention to what or who is showing its true colours to you.

What doesn't feel right? Are the relationships in your life serving your growth or hindering you?

We release during the full moon eclipse, and plant seeds during the new moon solar eclipse.

My intention is for these reflections to really help put things into perspective for us, in order for to receive the support to aid us in breaking down some of the blocks we've created, or allow to keep us from our authentic selves and so we may align with the life we desire and deserve.

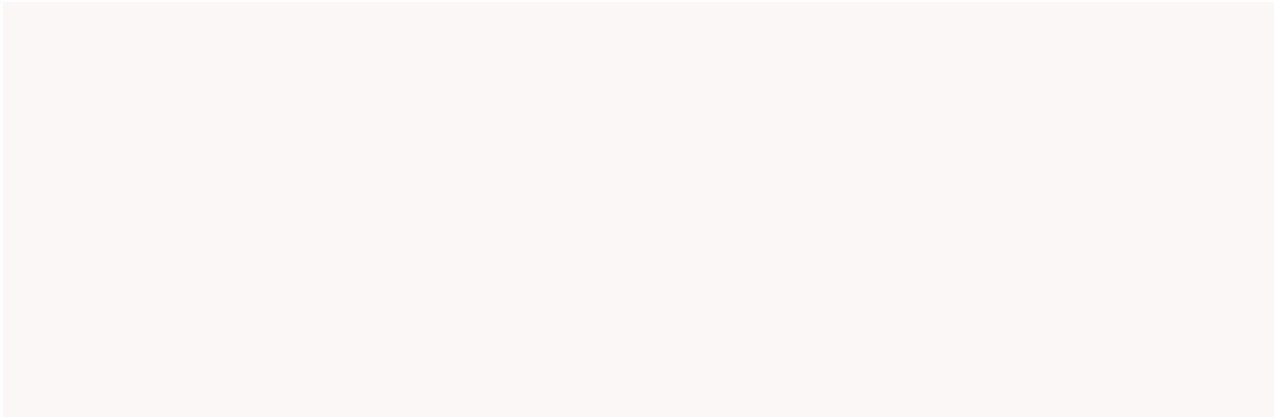
Work with this cosmic energy to be introspective, and to hold yourself accountable for patterns, behaviours and beliefs we need to clean up.

While the moon is in Libra, Sun in Aries, some prompts to help reflect on would be...

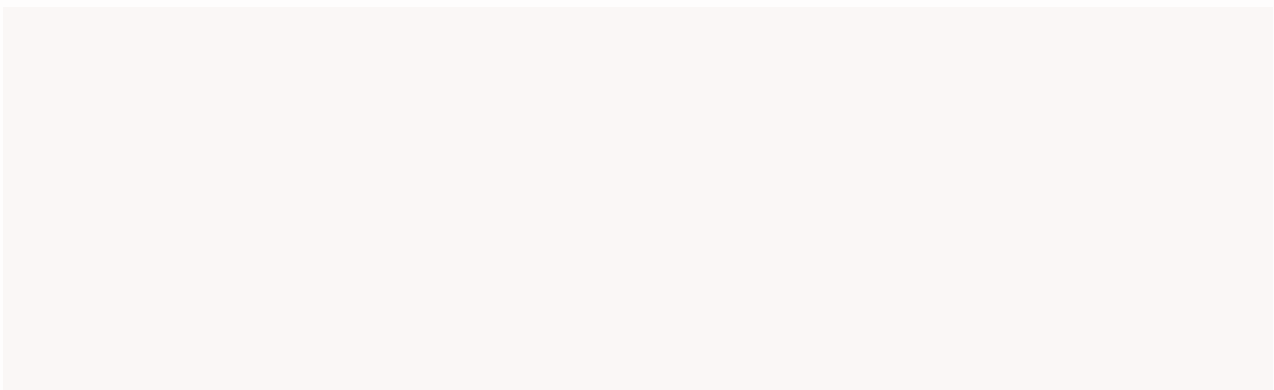
WORKING TO RELEASE BLOCKS

What Libra qualities might be inhibiting you from moving forward powerfully and confidently?

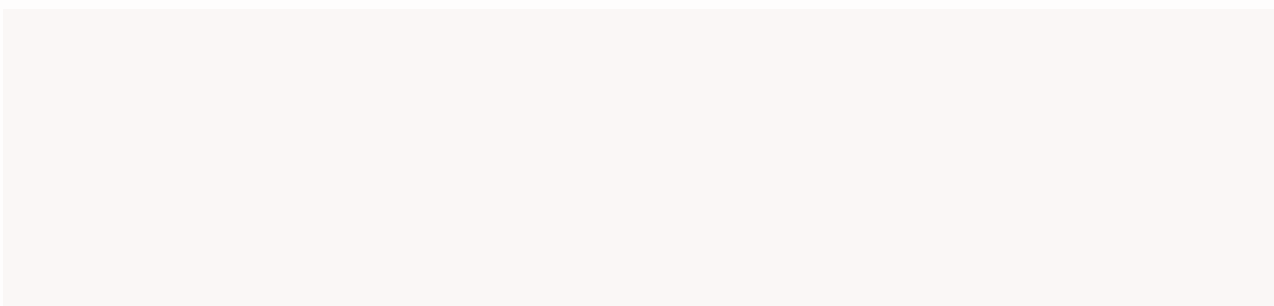
Indecisiveness - What options are being presented to you right now, that you are struggling to align with? Where are having a difficult time making the decisions to move forward,



Avoidance of confrontation - where might you not be expressing your needs, or true feelings? Why do you think you are holding back?



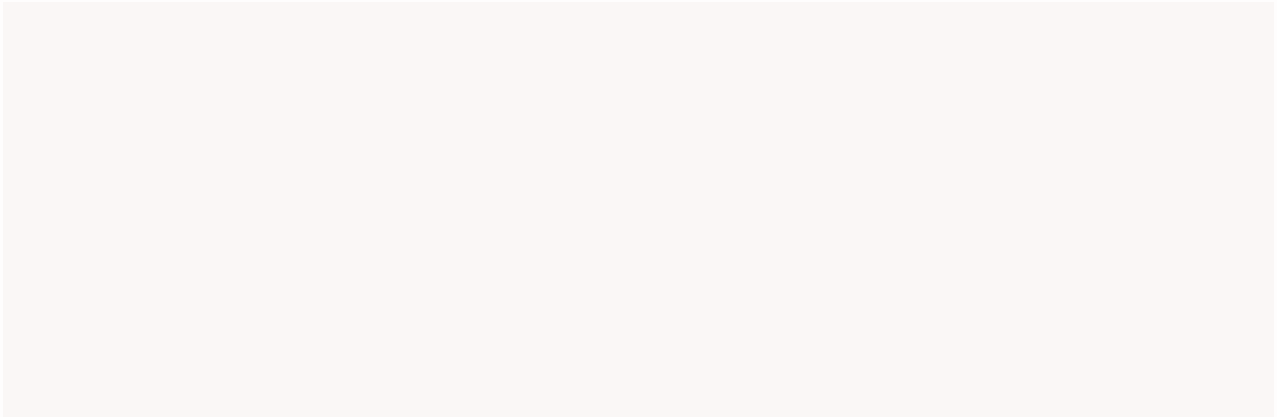
Dependency - where might you be relying too heavily on others for validation or support?



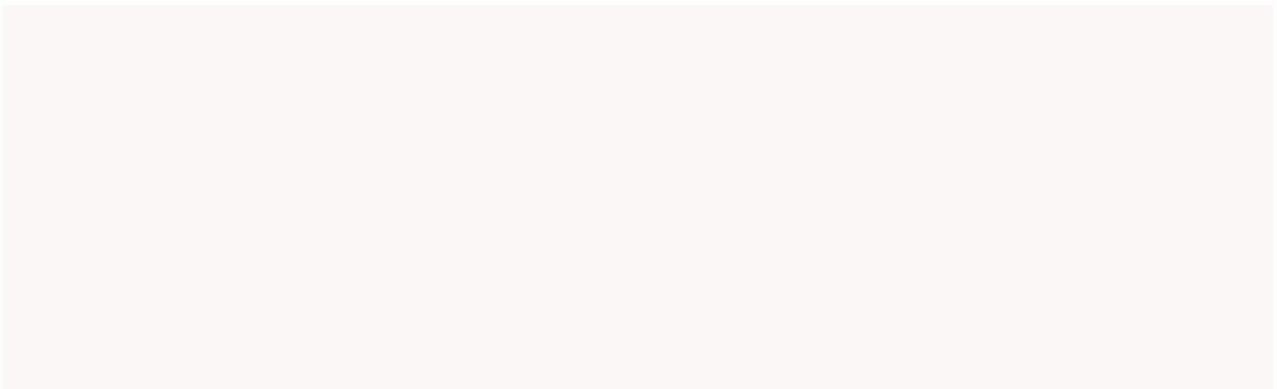
WORKING TO RELEASE BLOCKS

**With the Aries energy of the self,
reflections to help work through blocks would be:**

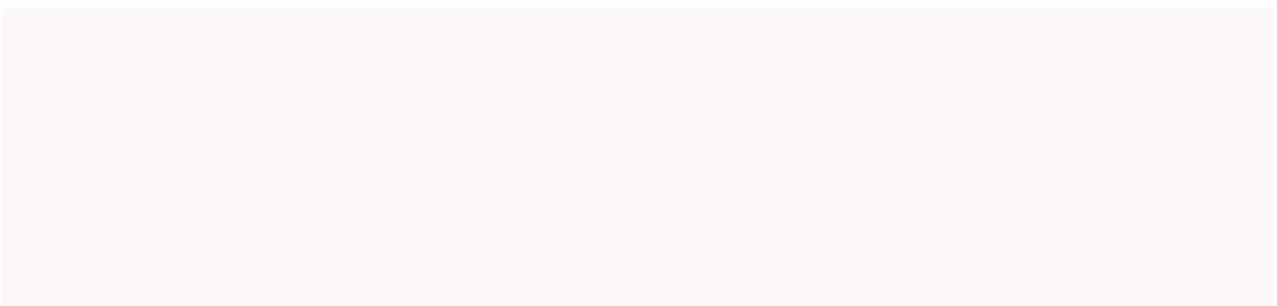
Where might I be acting impatiently? Perhaps in a restless way? Where am I trying to force things to work, or where am I not trusting divine timing?



Where might I be behaving stubbornly? Am I resisting changing my opinions or viewpoints, even when presented with compelling evidence or alternative perspectives.



Where may I be prioritizing my own needs and desires above those of others? How can I serve others more, while still maintaining my energetic boundaries?



OUR INNATE SPIRITUAL ABILITIES



Spiritual abilities are innate gifts we all possess, BUT because of the way our society is structured, or because of trauma we may have experienced, or how our caregivers raised us, these abilities may be laying dormant within us. These are:

Intuition, Empathy, Psychic abilities, Telepathy, Mediumship
Energy Healing etc,

We all have the ability to develop these gifts to some extent. Some may be more naturally stronger in some areas. Some are meant to utilize these abilities for work, in service. Or just to help navigate your own life.

Allow ample time to connect with YOURSELF during this eclipse season to allow these gifts to awaken and strengthen. Seek support with like minded friends & family, or with a therapist or spiritual coach. Order the books you may have been holding off on ordering, or take the development course you have been putting off.

You were born with incredible spiritual abilities to help you navigate this life's journey to its full authentic power. **Don't sit on your brilliance!**



SEEKING SUPPORT?



I am happy to hold space in a 1:1 private session to even further provide guidance, insights, and support for your spiritual growth and or healing.

Connect with me for more information!

SUPPORT@THEWANDERINGLIONESS.COM

Thank you bringing your energy to our beautiful healing circle! Wishing you a beautiful eclipse season
Hope to see you again soon!

Keystie Ann