

# TRACK & FIELD MEET #31

Sanctioned by USA Track & Field

#151542



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**DATE:** Saturday, May 11, 2024

**FIRST CALL-EVENT-Coaches Meeting:** See Schedule Below

**LOCATION:** Eldorado High School - 11300 Montgomery NE

**MEET DIRECTOR:** Carl Brasher

**ENTRY DEADLINE:** Tuesday, May 7, 2024 - 8:00 PM

**\*\*NO LATE ENTRIES!**

**NM Team Entries can use Athletic.net or email Hy-tek Team Manager entry file to: [aatrack@aol.com](mailto:aatrack@aol.com)**

**Out of State and Unattached Entries use Athletic.net.**

Turn in all team and unattached athlete USATF Combined Participant Waiver Forms and entry payments at the packet pick up tent.

**MAKE CHECKS PAYABLE TO:** Albuquerque Athletics Track

**REQUIREMENTS:** All participating athletes (Adults & Youths) must submit a signed USATF Combined Participant Waiver Form and have a valid 2024 USA Track & Field membership. Purchase at [USATF.ORG](http://USATF.ORG).

**ENTRY FEE:** \$7.00 Per Athlete \*Returned check fee \$40

## DIVISIONS:

8 & Under Division (2016 & younger)	15-16 Division (2008-2009)
9-10 Division (2014-2015)	17-18 Division (2006-2007)
11-12 Division (2012-2013)	Open (Ages 19-29)
13-14 Division (2010-2011)	*Masters (Ages 30 & Up)
	*5 Year Increments

**EVENT LIMITATIONS INCLUDING RELAYS:** 8 & Under, 9-10, 11-12 Divisions 3 events, all other age divisions 4 events.

**AWARD RIBBONS:** 1st through 6th Place for individual and relay events.

**NOTES: BOTH THE INFIELDF OF THE TRACK AND THE ARTIFICIAL TURF SOCCER FIELD WILL BE KEPT CLEAR AND CLOSED TO ALL ATHLETES, COACHES AND SPECTATORS PER USATF INSURANCE, APS REQUIREMENTS, ELDORADO ADMINISTRATON AND ATHLETIC DEPARTMENT. WARM UP THROWS AND JUMPS ARE ONLY ALLOWED IN THE EVENT COMPETITION AREA AFTER THE ATHLETE HAS CHECKED IN FOR THEIR EVENT.**

The athlete warm up area and team tent area is the upper grass soccer field. The javelin will be contested on the upper soccer field. The discus is located on the NE corner of the infield and will be contested under a 50 minute time limit and will end at 9:20 AM with all age divisions and genders combined. Flights and the number of attempts per athlete will be based on the total discus entries to fit within the time allotted for the discus competition. The NE side of the track will be closed until the conclusion of the discus. Shot put will follow discus. Running events will be run youngest to oldest, female to male and some events may be combined by age division and gender based on the number of entries.

## SCHEDULE OF EVENTS

Coaches Meeting 8:00AM  
Events on a rolling schedule

### TRACK EVENTS

\*ONLY 1/8 INCH SPIKES ALLOWED

#### 8:30 AM

100M Dash  
3000M Run  
4x100M Relay  
400M Dash  
Lollipop Dash  
800M Run  
200M Dash  
1500M Run  
4x400M Relay

### FIELD EVENTS

\*Athletes must provide their own throwing implements

#### 8:30 AM DISCUS

All age divisions, flight and throw limitations will be based on the number of entries. *Discus will end at 9:20 AM.*

#### 8:30 AM JAVELIN

on upper soccer field  
13-14 G&B and all older age divisions.  
Aero/Mini-Javelin follows Javelin (AJ 11-12G, 11-12B)(MJ 9-10G, 9-10B, 8UG, 8UB)

**8:30 AM LONG JUMP South Pit**  
13-14G and older, 8UG, 9-10G, 11-12G

**8:30 AM LONG JUMP North Pit**  
13-14B and older, 8UB, 9-10B, 11-12B

### SHOT PUT

follows Discus  
8U G&B, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G and Older, 13-14B and Older

**PARKING:** North and East side school parking lots.

**Enter campus at the light at Cairo and Montgomery on the north side of EHS to access track and upper soccer field.**

**FACILITIES:** Restroom facilities in GYM lobby. Concession Stand east side of track.



## **AAT TRACK MEET ELDORADO HIGH SCHOOL 11300 MONTGOMERY NE**

**PER USATF INSURANCE, APS and EHS Athletics the TRACK INFIELD and the SOUTH SOCCER FIELD IS CLOSED TO EVERYONE. NO ATHLETES, COACHES OR SPECTATORS ALLOWED ON THESE FIELDS.**

**Parking - North and East school parking lots, access off of Montgomery & Cairo NE.**

**Team Tent Area – Upper grass soccer field, NW side of campus.**

**Warm Up Area – Upper grass soccer field, NW side of campus.**

**Check In Area – NE side of track**

**Restrooms - Gym Lobby - East side of Gym**

**Concessions - West Side of Gym - East side of track**

**Packet Pick Up – West Side of Gym – East Side of Track.**

**Results – Posted at concession stand and on Athletic.net**

**Javelin – Upper Soccer Field, West end of soccer field.**

**Discus – North end of infield**

**Shot Put – West of track**

**Long Jump – West of track**

All participating athletes must have a current USA Track & Field membership and by submitting entry into this meet the participating athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a current USATF membership and has also submitted a signed USATF Combined Participant Waiver form for the athlete. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in this meet. Albuquerque Athletics Track Team, Inc. (AAT) are not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. Athlete participation in this meet confirms that I, for myself, the parent or legal guardian, do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc., its owners, coaches, officers, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments or demands for damage arising from accidents, injuries, or death of the above athlete(s), athlete(s) family members or property.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Bib # \_\_\_\_\_

Event Name: 2024 AAT TF Meet #31

Event Date(s): 05-11-24

Event Location: Eldorado HS - Albuquerque, NM 87111

Sanction #: 151542

For and in consideration of USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby represent that (i) I am at least eighteen (18) years of age... (ii) I am in good health... (iii) I am not under the influence of alcohol...
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous...
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event...
4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties...
5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information...

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it...

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous... b) The Guardian acknowledges the rights waived by both the Guardian and the participant... c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability...

Participant Name (or Guardian): \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female
Minor Name #1: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female
Minor Name #2: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female
Minor Name #3: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female

Home Address: \_\_\_\_\_ Home Tel.: (\_\_\_\_) \_\_\_\_\_
Team Name \_\_\_\_\_ Email Address \_\_\_\_\_

X \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
Signature of Participant or Guardian Date Signed