



DISCLOSURES REGARDING SOUND MIND COUNSELING

Sound Mind Counseling is a Christian-based ministry with a strong commitment to providing quality, professional services that are guided by Christian values and ethics.

BENEFITS AND RISKS OF THERAPY:

Research has shown that therapy can help with a wide variety of problems for children, adolescents, and adults. However, because therapy is a cooperative effort between client and therapist, participation in therapy does not guarantee problem resolution or that the client necessarily will feel better. As with any treatment, whether psychological or medical, therapy should be entered into with appropriate consideration of the potential benefits and risks. If you have any questions about what to expect from therapy, please ask.

CONFIDENTIALITY:

Records and information collected about clients will be held and released in accordance with state and federal laws governing confidentiality of client records and information. Disclosure of information regarding services provided to the client is generally released to another party only with the client's written permission. Exceptions to this rule include the following cases: (1) when there is imminent danger to the client or another person, (2) when child abuse or neglect is suspected, (3) when disclosure must be made to medical personnel in a medical emergency, and (4) when the therapist is compelled by law to disclose client records or information.

Client information and records are available to agency personnel for purposes of research, report, supervision, and quality assurance review.

STAFF CREDENTIALS:

Mr. Taylor Bell holds a Master of Science in Counseling. He has competence in individual, group, marital, and family counseling. He is a Licensed Professional Counselor with a Mental Health Service Provider designation (LPC/MHSP) in the state of Tennessee. Taylor is also trained in EMDR.

As a commitment to standards of excellence in the area of counseling, Mr. Bell adheres to state and national statutes regulating his discipline and the standards of practice mandated by their professional and regulatory agencies.

CLIENTS WITH DISABILITIES:

It is the policy of Sound Mind Counseling to accommodate clients with disabilities, pursuant to federal and state law. Any client with a disability who needs accommodation should inform Sound Mind Counseling staff prior to receiving services.

NON-DISCRIMINATION POLICY:

In accordance with Title VI of the Civil Rights Acts of 1964, Sound Mind Counseling does not discriminate against participants or clients on the basis of race, color or national origin. Services are offered to all eligible persons. Taylor Bell is willing to meet with anyone no matter race, religion, ethnicity, gender, sexual orientation, or any other factors that may not be named. It should be stated that, due to Taylor having values rooted in Christian beliefs, there are some areas clients may have a desire to work on in therapy that would go against Taylor’s values. Should this occur, Taylor would be willing to refer to a counselor who is willing and competent to work in those areas.

SERVICE TYPES & RATES:

Intake Appointments	\$125 / session
Individual Therapy	\$100 / session for 45-60 min. OR \$50 for 30 min.
EMDR	\$100 for 60 min. OR \$155 for 90 min.
Group Therapy	\$30 / session per person
Family/Couples Therapy	\$100 / session
Subpoena to Court for Expert Testimony - Non-Refundable Up-Front Retainer	\$500 / one-time fee
Court Appearance and Preparation	\$250 / hour
Additional Expenses for Court	TBD
Additional Practice Fees	TBD

PROFESSIONAL SERVICES:

Appointments may be made by calling Mr. Taylor Bell at 731-630-0800

APPROPRIATE COMMUNICATION AND SOCIAL MEDIA:

- Please refrain from contacting Taylor Bell via text, email, or social media messaging to discuss emergency situations. Taylor may not see these texts immediately. The appropriate number to call in case of emergencies is the suicide hotline. The number is 800-273-8255 or just dial 988.
- Please refrain from social media interactions with Taylor Bell. This goes against ethical guidelines in reference to “dual role relationships” and boundary issues related dynamics.

CONSENT FOR TREATMENT/RESPONSIBILITIES FOR CLIENTS

I do, hereby, authorize and give my consent to Sound Mind Counseling to provide treatment in accordance with the customary standards of practice specified by the state and federal laws, regulatory agencies, and profession disciplines governing the professionals on staff. Sound Mind Counseling does not over-book appointments. Each appointment is a reservation of resources specifically for you. **Applicable charges are made for appointments not canceled within 48 hours prior to the appointment.** If a session is missed by responsibility of the client, it will be the client’s responsibility to pay half the price of the agreed upon fee for the session. (e.g. If an individual therapy session is missed, there will be a \$40.00 fee due at the time of the next scheduled appointment).

I have read, understand, and agree to the conditions of treatment described in this document.

Client/Parent or Guardian Signature

Printed Name

Date