

NEW 2023 CLASS DATES

Nov 8 - 9, 2023

Wed - Thurs

8:30 am -

4:30 pm



# Applied Suicide Intervention Skills Training (ASIST)

**Applied Suicide Intervention Skills Training (ASIST)** is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Participants do not need any other prior training to attend the workshop. Attendance on both days is required.

ASIST is offered at no cost to communities thanks to funding provided by the Suicide Prevention and Brain Health (SPBH) Rotary eClub, Rotary District 5810 Grant, and donation of time and venue by SPBH eClub members, MVPN, StopOne and Steven A Cohen Clinic at Metrocare

Suicide Prevention and Brain Health  
**Rotary**  
E-Club



The Steven A. Cohen  
Military Family Clinic  
at Metrocare



**Rotary**  
District 5810  
North Texas



Sponsored  
by

### Training Location

Steven A Cohen Clinic at Metrocare  
16160 Midway Rd #218  
Addison, TX 75001

Suicide Prevention  
and Brain Health

**Rotary**

E-Club



To Register, contact Shirley Weddle at 972-890-7227 or at [swbrainhealth@gmail.com](mailto:swbrainhealth@gmail.com). Space limited to 20 seats. A waiting list will be created as needed. Please join us!

[www.SPBRotary.org](http://www.SPBRotary.org)