

About Us

Life Horse was founded in April of 2001, and is a **501 (c) (3) nonprofit** organization. We are a specially designed horseback riding program which focuses on teaching children and adults to ride and care for horses. Our program is modeled after a Life Horse program at Covenant Farm, in Maryland, which was featured in Horse Illustrated.

*Life Horse is a GOLD STAR
Horses 4 Heroes facility.*

Programs

Life Horse

- At-Risk Youth
- Autism / Asperger's Syndrome
- Cancer Patients
- Anxiety, Depression, PTSD
- Foster Children
- ADD, ADHD, Diverse Learners
- Down Syndrome

Horses4Heroes

- Active duty service members
- Veterans, caregivers, and survivors
- First responders and their families.
- Educators, and Health Care Professionals.

Purple Spurs

- Stoke
- Alzheimer's
- Parkinson's

Become a Client or
Sponsor today!



1911 Mathison Road
Cantonment, FL 32533

SCHEDULE TODAY

CONTACT

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LifeHorseVA.org



WHERE HOPES &
DREAMS ARE FOUND



Therapeutic
Riding
Program for
Children
and Adults



Become a Sponsor

- Business Banners
- Sponsor a Rider
- Monthly Donors
- One-time Donations
- and MORE!



Equestrian Events

Available for qualifying riders

Social Benefits...

Sense of Community, Increased experiences, Differentiation, Improved eye-hand coordination, Visual spatial perception, Sequencing-patterning-motor planning, and Remedial Math & Reading.

Life Horse at Grand Review Farm



Physical Benefits...

Strengthening by stretching of tight or spastic muscles, Increased range of motion, Reduction of abnormal movement patterns, Improved respiration and circulation, Improved digestion and appetite, Sensory integration.

Psychological Benefits...

Increases self-confidence, interest, Develops patience, emotional regulation, Provides sense of normality, Increases academic functions.

LESSONS

- Private and Semi-Private
- Instructor led, with over twenty years experience with both children and adults
- We believe in 1:1 or 2:1 ratio of students to instructor
- Private Lessons; 30 minutes of mounted time, 1:1.
- Semi-Private; 45 minutes of mounted time, with two clients per instructor (similar abilities/needs)
- Unmounted lessons upon request.