

Végane / Vegan

curry de Madras curry

340g

franco

VEGANE DEPUIS 1976 VEGAN SINCE 1976

Ingrédients: riz, carottes, tomates, patates douces, oignons, lentilles, lait de coco, edamame, huile de canola, ail, poudre de cari

Ingredients: rice, carrots, tomatoes, sweet potatoes, onions, lentils, coconut milk, edamame, canola oil, garlic, curry powder

MISE EN GARDE - ALLERGIES : Peut contenir des traces de gluten, produits laitiers, graines de sésame, soja, œufs, arachides et noix.

ALLERGY WARNING : May contain traces of gluten, milk products, sesame seeds, soy, eggs, peanuts and nuts.

**Fabriqué au Canada /
Made in Canada**

pour/for Frenco inc.
Québec, H2W 1Y4
514-285-1396
www.frenco.ca



6 80132 99042 6

Valeur nutritive / Nutrition Facts

pour 1 portion (340g)/Per 1 portion (340g)

| Teneur Amount | % Valeur quotidienne % Daily value |
|------------------|---------------------------------------|
|------------------|---------------------------------------|

| | |
|-----------------|------------|
| Calories | 376 |
|-----------------|------------|

| | |
|----------------------------|------------|
| Lipides / Fat 10.4g | 16% |
|----------------------------|------------|

| | |
|--------------------------|------------|
| Saturés / saturated 2.7g | 14% |
|--------------------------|------------|

| | |
|--------------------|-----------|
| + Trans / trans 0g | 0% |
|--------------------|-----------|

| | |
|-------------------------------------|--|
| Cholestérol / Cholesterol 0g | |
|-------------------------------------|--|

| | |
|------------------------------|-----------|
| Sodium / Sodium 122mg | 5% |
|------------------------------|-----------|

| | |
|-------------------------------------|------------|
| Glucides / Carbohydate 47.5g | 16% |
|-------------------------------------|------------|

| | |
|----------------------|------------|
| Fibres / Fibers 4.3g | 17% |
|----------------------|------------|

| | |
|----------------------|--|
| Sucres / Sugars 5.6g | |
|----------------------|--|

| | |
|----------------------------------|------------|
| Protéines / Protein 10.2g | 20% |
|----------------------------------|------------|

| | |
|------------------------|------------|
| Vitamine A / Vitamin A | 40% |
|------------------------|------------|

| | |
|------------------------|------------|
| Vitamine C / Vitamin C | 35% |
|------------------------|------------|

| | |
|-------------------|------------|
| Calcium / Calcium | 12% |
|-------------------|------------|

| | |
|------------|------------|
| Fer / Iron | 33% |
|------------|------------|