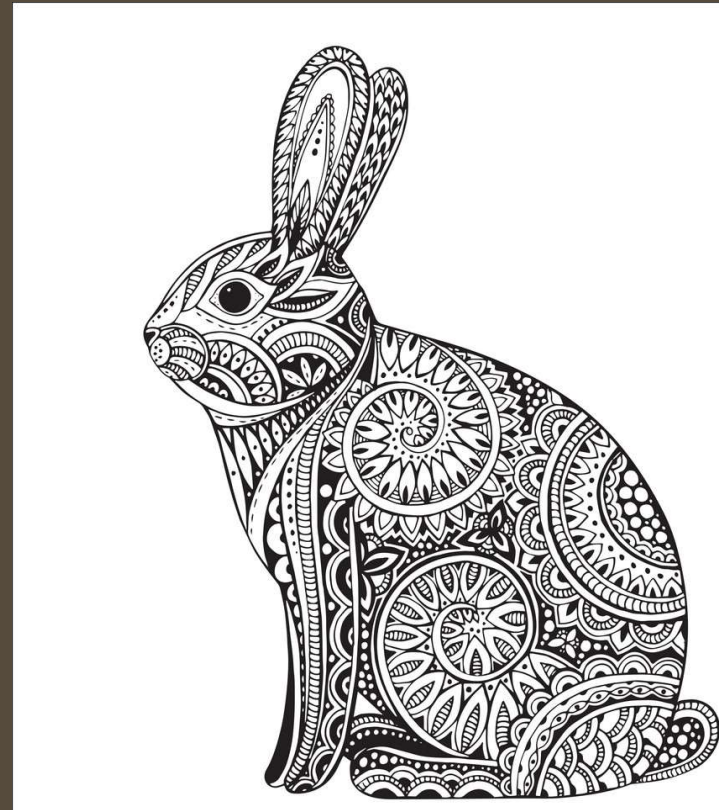


How to work with your traditional veterinarian with your holistic concerns



How to share your holistic concerns with your traditional vet, so you both walk away happy and heard.

We will cover challenges that vets and clients have when integrating holistic and traditional vet care.

- Declining/postponing medical recommendations
- Altered vaccine schedule/titers
- Seeking alternative Heartworm/Flea/Tick preventative
- Asking for holistic supplement recommendations
- If times allows we will cover fresh food & delayed neuter



**VETS COME IN ALL
SHAPES AND SIZES**

- No holistic offerings
- Decline care if not fully vaccinated regardless of health status or previous vaccine reaction
- Do not engage in holistic conversation
- Vaccinate ill pets (concurrent infections/allergic pets)
- Not open to any type of non kibble or canned food
- Still using yearly vaccines when 3 year vaccines are available

Closed to holistic care

- Offer chiropractic/spinal manipulation or acupuncture
- They are open to fresh food diets
- Offer titer/3year vaccines when possible
- Offer Mercury free Rabies vaccine
- Use some to many supplements like probiotics/ask what brands of supplements
- Open to working with you (one or multiple vets)

Integrative



Green/holistic washed

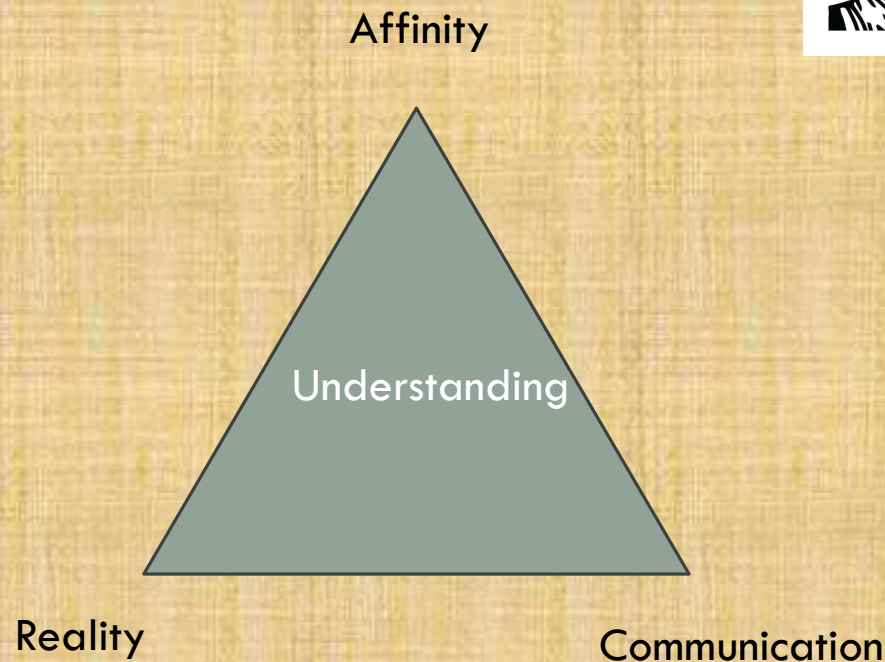


Open to holistic care

- May offer titers/3yr boosters or use some supplements
- Vaccinate ill pets (concurrent infections/allergic pets)
- Some holistic conversation possible but may not go beyond conversation
- Tout low VOC office or other green trend in office building
- Closed to alternative suggestions

- Offer titers/3 year vaccines when possible
- Offer Mercury free Rabies vaccine upon request
- They are open to fresh food diets
- Use some supplements like probiotics/ask what brands of supplements
- Open to working with you (one or multiple vets)

ESTABLISH WHAT WE CALL ARC FOR OPTIMAL COMMUNICATION



Understanding involves:

- **find a common reality**
- **having affinity for one another**
- **communication**

Affinty

1) Initial greeting-positive body language, match their tone-if it is lower be one level up and try to bring them up tone with you

2) Show respect and gratitude for their time (treat them as you want to be treated)

3) Asks questions without judgment

4) Don't start conversations with "I won't," consider starting with "I feel/understand."



Communication



BE FLEXIBLE AND WILLING TO:

**COME PREPARED WITH ALL
PERTINENT RECORDS TO
COMMUNICATE PAST PROBLEMS**

**LISTEN, EVEN IF YOU ARE
UNCOMFORTABLE WITH THEIR
STATEMENT**

**ACKNOWLEDGE WITHOUT
AGREEING, SUCH AS-"OK" AND "
I UNDERSTAND"**

**USE PERSONAL EXPERIENCE
CONCISELY, IF IT HELPS THE
DISCUSSION**

**AS IT CAN TAKE THE DR EXTRA
TIME, ON THE BACK END, TO
FULFIL YOUR REQUEST BE
CONCISE TO HELP WITH TIME**

Find Common Reality

- Please consider all the diagnostics offered to you-declining them can tie the hands of the vet. Running them, frees you to try the natural way when they are negative/within normal limits/inconclusive or helps set expectations.
- Share your data from a source they can respect-fellow veterinarian/research institutions or your personal experience.
- Ask them what are expected times for improvement /types of improvement of said condition and agree on a time frame to recheck to try holistic approach first
- When sharing concerns of traditional treatments, you wish to decline, please use correct terminology (ie sensitivity/food intolerance or vaccine reaction/concerned with vaccine adverse event)
- Be sure to share your wins with natural care, the more they witness with their own eyes the more they will be open to your suggestions
- Sometimes agree to disagree



Help them see the whole picture to increase reality!

https://images.search.yahoo.com/search/images;_ylt=AwrE_P2XVWtliSEg6ZIXNyoA;_ylu=Y29sbwNiZjEEcG9zAzEEdnRpZAMEc2VjA3BpdnM-?p=doodle+of+animal+where+you+see+two+different+things&fr2=piv-web&type=E210US105G0&fr=mcafee#id=99&iurl=https%3A%2F%2F4.bp.blogspot.com%2F-Cs0Zof3bO_M%2FvjyH1Emc45l%2FAAAAAAAACte%2FvO1qEaXO1FA%2Fw1200-h630-p-k-no-nu%2FHow%252Bmany%252Banimals%252Bcan%252Byou%252Bsee.jpg&action=click

Additional Tools to help get agreement on a more holistic plan (even if you agree to disagree):

1) ASK FOR HOLISTIC/NUTRITION SPECIALISTS IF THEY CAN'T PROVIDE:

- *HERBOLOGIST
- *REHABILITATOR WITH/LASER
- *NUTRITIONIST
- *HOMEMADE DIET FORMULATOR
- *TELEMEDICINE/HOLISTIC VET

AHVMA.ORG "FIND A VET"

2) UTILIZE LEGAL FORMS: "AGAINST MEDICAL ADVICE" FORM "VACCINE FORMS/WAIVERS" FORM TO RELIEVE THEM OF ANY NEGATIVE OUTCOMES

3) UTILIZE TITERS FOR RABIES WHEN PROTECTION OF STAFF COMES IN PLAY

*Against medical advice generic forms can be found at
<https://www.dehartvetservices.com/wp-content/uploads/2016/11/AMA.pdf>

This may seem contour intuitive, but when presented in the right way, it lets you move on and discuss where you and the vet CAN work together.





HOW DO YOU HANDLE THE FOLLOWING HOLISTIC CONCEPTS IN A TRADITIONAL PRACTICE.....???

- 1) ALTERED VACCINE SCHEDULE/TITERS
- 2) ALTERNATIVES TO HEARTWORM/FLEA/TICK PREVENTATIVE
- 3) HOLISTIC SUPPLEMENT RECOMMENDATIONS

ALTERED/REDUCED VACCINE PROTOCOLS

Options:

Titer, core vaccine only, 3yr vxn where possible, or none

SHARE YOUR CONCERNS

*If it's the **immune overload**-avoid vaccinating during allergy season/acute illness request to come back later.

*If it's the **detox** of the vaccine additives consider asking for the mercury free Rabies or asking for detox support like Denamarin after the vaccine

*Do not use "Allergic to Rabies," unless it type 1 or 2 sensitivity-use vaccine adverse event

***Very sick** -concerned with off label use as label states "use on healthy patient."

Titers are available for

Distemper

Parvo

Rabies –be aware this does not replace vaccinating in states that require by law in "healthy" animals. But it can be used when vets require it for the safety of their staff

Worst case scenario if they will not run titers, you can have them pull blood and send to the labs directly depending on the titer.

When vaccines are needed or unavoidable:
3 yr boosters when possible

Risk assessment

- Ask for Mercury free rabies or 3yr boosters or ask for ahead of time



Legal RV waivers:

-AVMA Rabies certificate waiver guidelines to make your own

https://www.avma.org/sites/default/files/2021-11/2022W_Resolution2_Vaccination_Waiver_attch.pdf

Purdue Vaccine Research

<https://hemopet.org/adverse-eventshttps://hemopet.org/adverse-events-associated-with-canine-vaccines-2023-study/associated-with-canine-vaccines-2023-study/>

- If you need to decline vaccines altogether- still use ARC. You may have to find another vet hospital for routine care, if they decline treatment.



ALTERNATIVE HEARTWORM, FLEA, & TICK PREVENTION

WHEN YOU DECLINE SYNTHETIC CHEMICAL PESTICIDES:

Focus on your personal life style choices or past history with products, inform them you accept the risks of said pest

Let them you will be more vigilant in testing for pests

Blood/Stool tests multiple times a year:

- **For heartworm**
- **For liver or kidney enzymes to show a possible positive effect by not using said product**
- **For intestinal parasites check stool checks**

You are aware that alternative forms don't replace the "pesticide products" that are traditionally used

or

Request simpler compounded formulas

Share/review your risk and available data for risk for your area -we will review in a later slide

SUPPLEMENT SUGGESTIONS THAT WORK WITH TRADITIONAL THOUGHT PROCESSES- FOCUS ON PATHOLOGY

Utilize helpful resources from supplement sources that are easily or possible already used by the vet and utilize their reps

- Standard Process
- Thorne
- VetriScience

Utilize veterinarian sourced literature for nutritional resources or veterinarian backed recommendations that align with traditional care

Table 1

Common Drug-Nutrient Depletions

Nutrient Depletion	Causative Medications
Calcium	Anticonvulsants (e.g., phenytoin, carbamazepine) Corticosteroids H ₂ RAs Loop diuretics
Coenzyme Q10	Hydralazine
Folic acid	Anticonvulsants (e.g., phenytoin, carbamazepine) Estrogens (oral contraceptives) Pancreatic enzymes
Magnesium	Estrogens (oral contraceptives) H ₂ RAs Loop diuretics PPIs Thiazide diuretics
Potassium	Corticosteroids Loop diuretics Thiazide diuretics
Thiamine	Loop diuretics Thiazide diuretics
Vitamin A	Bile acid sequestrants
Vitamin B ₁₂	Metformin H ₂ RAs PPIs
Vitamin D	Anticonvulsants (e.g., phenytoin, phenobarbital, carbamazepine) Bile acid sequestrants H ₂ RAs
Vitamin K	Bile acid sequestrants
Zinc	H ₂ RAs Loop diuretics Thiazide diuretics

H₂RA: histamine-2 receptor antagonist; PPI: proton pump inhibitor.

Source: References 4, 6, 10.

WILEY-INTERSCIENCE'S CLINICAL REFERENCE LIBRARY

Drug-Induced Nutrient Depletion Handbook

2001

Ross Peiton, RPh, PhD, CCN
James B. LaValle, RPh, DHM, NMD, CCN
Ernest B. Hawkins, RPh, MS
Daniel L. Krinsky, RPh, MS



[HTTPS://OPENLIBRARY.ORG/BOOKS/OL8799823M/DRUG-INDUCED_NUTRIENT_DEPLETION_HAN](https://openlibrary.org/books/OL8799823M/drug-induced_nutrient_depletion_handbook)

CASE STUDY #1 REQUESTING ALTERED VACCINE SCHEDULE FOR PUPPY

We ran titers on this puppy who only received her puppy boosters and look at the results.

Reason: due to utilizing similar schedule with past dog who had severe allergies which improved reducing vaccinating both during allergy season and when



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4125 Beaumont Road
Lansing, MI 48910-8104
Phone: 517-353-1683
Fax: 517-353-5096
www.animalhealth.msu.edu

REPORT OF LABORATORY EXAMINATION

Client: South Haven Animal Hospital (16750)
641 Conger Street
South Haven, MI 49090

Owner: Nagle, Julie

Rcvd Date: 11/8/2023 3:55:00 PM
Admitted By: Martens, Dr.
Ordered By: N/A
Encounter: 03620551
CR#: AP

Animal: EMMA
Species: Canine
Age: 16 months
Tag/Reg ID:
Other ID:

MRN:
Breed: Bichon Frise
Gender: Female

Virology

Collected Date/Time (If Provided)	11/03/2023 15:56:00
Procedure	
Canine Specimen	Serum
Canine Parvovirus HI Titer *	>640
Canine Adenovirus VN Titer *	64
Canine Distemper Virus VN Titer *	256

11/3/2023 3:56:00 PM Canine Parvovirus HI Titer:
A CPV antibody titer of 80 or higher is considered protective.

11/3/2023 3:56:00 PM Canine Adenovirus VN Titer:
A CAV antibody titer of 16 or higher is considered protective

11/3/2023 3:56:00 PM Canine Distemper Virus VN Titer:
A CDV antibody titer of 32 or higher is considered protective

RAPID FLUORESCENT FOCUS INHIBITION TEST - SCREEN
K-STATE RABIES LABORATORY
MANHATTAN/K-STATE INNOVATION CENTER
2005 RESEARCH PARK CIRCLE
MANHATTAN KS 66502
(785) 532-4483

Received Date: 11/27/23
Report Date: 12/07/23
Date of Report Print: 12/07/23

SUBMITTED BY

CHRISTENSEN ANIMAL HOSPITAL
730 HIBBARD ROAD
WILMETTE IL 60091

RFIT #	Patient	Date of Draw	Rabies Titer-Response IU/mL
R23-079226-1	EMMA NAGLE	11/21/23	>= 0.1 IU/mL

LESS THAN 0.1 IU/mL: Below detection limit
>= 0.1 IU/mL: Above detection limit but below 0.5 IU/mL
>= 0.5 IU/mL: Equal to or above 0.5 IU/mL

RABIES NEUTRALIZING ANTIBODY TITRATION (RFFIT) RESULT VERIFIED BY:

Brett Sramek
Brett Sramek, DO, CLIA Director

There is no established protective titer for all individuals. Consult the Compendium of Animal Rabies Prevention and Control and state and local regulations for guidance. For importation of currently vaccinated dogs and cats into rabies-free areas, a result of 0.5 IU/mL or higher is considered acceptable by the World Health Organisation for Animal Health (OIE). For more information go to www.ksvdl.org/rabies-laboratory. (Note: the symbol ">=" means "greater than or equal to")

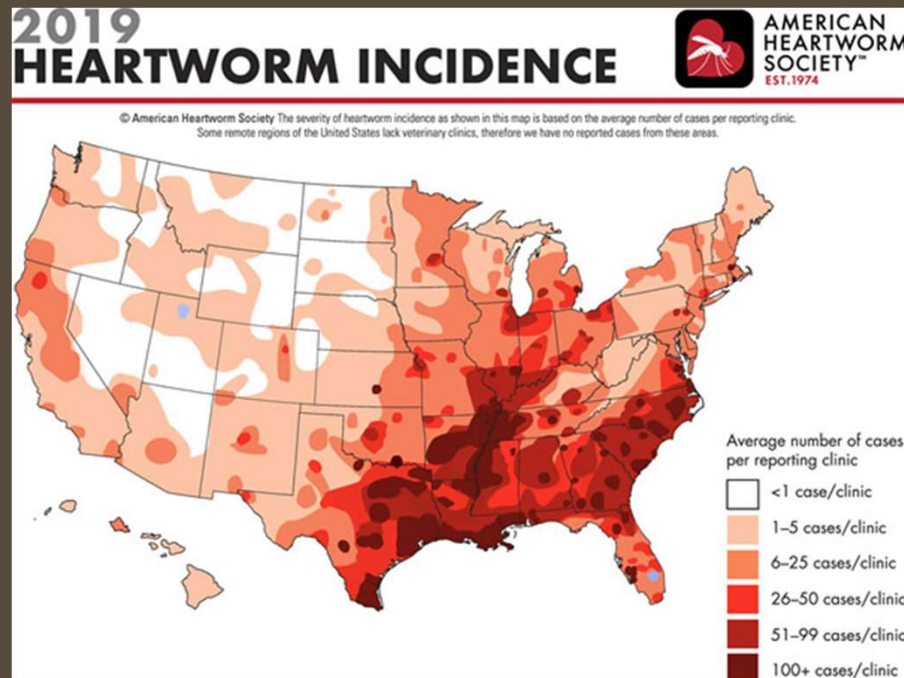
Plan-skipped the distemper and vaccinated with 3yr mercury free rabies followed by supplement support



CASE STUDY #2 MONTHLY HEARTWORM PREVENTION AGGRAVATES CHRONIC NON HEALING ULCER

Let them know what you have noticed about your pet or your concerns about overall toxic load or possible seizure side effects. Confirm you have assessed the risk for your area.

- ▶ Stats from a Chicago Southside animal hospital
- ▶ Last 12 months (Sept 2021-Sept 2022) of 3555 heartworm tests collected-11 were Heartworm positive
- ▶ Stat break down is 0.0030942 or 0.3 % risk of Heartworm positive
- ▶ Utilizing a 24%-52% Heartworm prevention compliance rate to remove those on heartworm prevention lowering risk which could create a bias-this breaks down to 0.0129-0.0059 or 1.3 %-0.6 %risk of HW



McKayla
GSH Mix, 14 Year FS
History of nonhealing rostral tarsal ulcer



CASE STUDY #3 USING NUTRITION TO SUPPORT PATIENTS TAKING MULTIPLE HEART MEDICATIONS

Utilize vet based resources

- Reps of the Supplement companies you like or your vet uses
- Holistic online vets:
Dr Judy Morgan of Naturally Healthy Pets
Dr Katie the Natural Pet Vet Doctor
Dr Karen Becker of Barks and Whiskers

Medications list:

Cerenia-cough
VetMedin
Cough Suppressant

Supplements:

- Gentle detox -Spanish Black Radish and Livco (milk thistle)
- Trace Minerals/Calcium – Biodent
- Digestive support - Multizyme
- Immune Support – ACX (Vitamin C)
- Lymphatic Support - HVS OS
- Skin Support – Vitamin E oil
- inflammation and discomfort – Heal CBD



Shyla 10/08 FS
Chihuahua Chronic
Skin issues with
mitral valve disease
recently evolved into
early CHF



Nutrition Assessments- (Mineral Analysis, Omega Three Fatty Acid, Vit D)

These are great to help you assess nutritional deficiencies

- Omega 3 Fatty Acid -Standard Process-your vet can order a kit with their supplement order
- <https://tvmdl.tamu.edu/> -Vets already run panels for Texas for TLI cobalamin and pancreatitis, consider their Vit D testing, Mineral testing, etc
- VDI - <https://vdi-lab.com/> A veterinary specific lab offering more functional medicine test like Vit D testing, Mineral testing, Inflammatory Marker testing (great option when trying to rule in or out cancer, monitor progress of response to therapy, or biopsy and imaging not an option)

Gut Biome Assessments and supplements

- <https://animalbiome.vet/> Learn more about the gut biome and how addressing biome needs with probiotics or fecal transplant capsules (given daily by client at home) or powder (administered in hospital via enema) can help turn those chronic IBD/diarrhea cases around

Titer Testing -If the vet in-hospital lab costs are too expensive, consider working with the labs directly and asking them to draw blood then you ship

- <https://www.vetmed.wisc.edu/lab/cavids/titer-testing-service/>

HOLISTIC TESTING OPTIONS YOUR VET CAN ADD TO YOUR PET'S HEALTH PLAN

THANK YOU TO THE TRADITIONAL & HOLISTIC VETS/TECHS/STAFF
RESEARCHERS
LEPAR ANIMAL HOSPITAL
HPN CLIENTS

ESPECIALLY :DR SUE HOWELL, DR ADRIANNE BRUSEK, DR MATTHEW HARRES, DR
DINA BASCHARON, DR TYSON GROVER, AND KRISTIN TOPRY

IF TIME ALLOWS: FRESH FOOD AND DELAYED SPAY NEUTER

A word on grain free diets linked to heart disease. Many clients still use these grain free or boutique diets because they feel their pet's skin or digestion did improve. Please know the FDA updated their statement that the agency stated based on the reports of DCM cases received, "*they do not supply sufficient data to establish a causal relationship with reported product(s).*" Most vets now feel it is the substitution of legumes (peas, soy, beans) and to a certain extent potatoes, that may be the link to heart disease. If you are one that saw benefits, I recommend trying to choose those brands that don't use legumes. And if you must, rotate foods so they do not eat an exclusive legume or potato diet. Lastly for those that feed fresh foods-this maybe where you have to agree to disagree. Last tip, use the term fresh or refrigerated diet as raw is not only not accurate it's a hot button for most traditional vets (most commercial non kibble/canned diets are processed or pasteurized for bacteria in some way).

<https://truthaboutpetfood.com/>

Regarding delayed spay and neuter, we have come along way and more and more vets are seeing the harm in early spay and neuter. They now see the benefits of waiting until full maturity (i.e. for males this may mean full potential growth size 1-2 years and females after first heat cycle or slightly longer if larger breed). At 2022 Veterinary Specialty Center Continuing Education Seminar, Dr Mitchell Robbins, Board Certified Surgeon, spoke to the complications of early spay neuter in various breeds: findings increasing cancers, torn cruciate ligaments, Cushing disease, and incontinence to name a few.

https://online.acvs.org/acvssa/rflcustomdisplay.detail_page?p_vendor_serno=103143