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# *Anchorhaven College of Mystical Wellness*

## Accredited Energy Healing Courses

- ✓ Usui Reiki Levels 1 - 3
- ✓ Violet Flame Reiki Levels 1-4
- ✓ Violet Flame Chakra Awakening & Violet Flame Rescue Healing Practitioner
- ✓ Intuitive Distance Energy Healer Certificate
- ✓ Psychic Self Defense Course



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# *Anchorhaven College of Mystical Wellness*

## Accredited Crystal Healing Courses

- ✓ Crystal Connections Level 1 - 2
- ✓ Crystal Healing for Reiki Practitioners
- ✓ Intuitive Energy Healer Certificate
- ✓ Intro to Crystal Oracle Carding Reading & Healing Certificate



# *Usui Traditional Reiki Courses*

Activate your healing hands and start your Reiki journey.

**Reiki Level One** - For self care, personal development and sharing with friends and family.

Learn the foundational pillars of Reiki and energy management.

**Reiki Level Two** - This practitioner certificate gives you the information and training to become a Reiki Professional.

### **Reiki Level Three - Master Teacher**

Enhance your Reiki and start your Master Journey.

You will receive the final symbol, initiations and training to Master the Usui Reiki system of Natural Healing.

### **Reiki Continued Professional Development.**

*Reiki Confidence* CPD workshops to further your personal Reiki spiritual journey and enhance your intuition and guide connection.



# *Violet Flame Reiki Courses*



**Advance your Reiki skills with the  
Violet Flame Reiki system  
Working closely with Goddess Quan Yin  
and Ascended Master Saint Germain.**

**This high vibration Reiki system with 4 Levels and 40 Symbols.  
This modality was once only shared with Reiki Masters due to the  
powerful energy.**

**(Some prior Reiki training is required for this course).**

**Channeled by Master Ivy Moore from Goddess Quan Yin,  
Violet Flame Reiki is a deeply transformational, heart centered  
healing energy.**

**Each level is a Practitioner certificate and can be studied in person  
or online via Live Zoom classes.**

**This course has been updated by Julia Cornelius with guidance from  
Saint Germain in 2023.**

**Each level has been developed into a detailed course with its own  
manual and symbol immersion practice unique to anchorhaven.**



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*Violet Flame  
Chakra Awakening &  
Violet Flame Rescue Flame  
Practitioner Course*



No experience required. Half day course. Accredited by IAOTH  
In-Person or Live Zoom Course

**Awaken a new chakra energy center.**

**The Violet Flame Chakra is a living fire that sits above  
your**

**3rd eye and allows you to work with the Violet Flame  
and the multi-dimensional rescue flames that are held  
within the center of the Violet Flame.**

**Gifted to humanity by Ascended Master Saint Germain.**

**Harness the sacred symbol of the Violet Flame Chakra to  
create a sacred space for deep healing and to connect  
with the guardians, patrons of the Violet Flame.**

**Certificate awarded at the end of the day.**



# *Intuitive Energy Healing Course*

## *Introduction to Psychic Self Defence and Remote Viewing*

### **Short courses Accredited by IAOTH**

**Build your confidence as an intuitive energy healer.**

**Work within the quantum energy field to enhance your holographic light body with advanced techniques.**

**Work with colour rays and ethereal crystal energy.**

**Work with elemental energy and galactic guides.**

**Learn how to recalibrate your full energetic system and build your psychic self defence.**

**Available in-person or live on Zoom.**



## Mini Services

### **Crystals & Violet Flame Reiki**

10 mins - £10

Options:

- *Chakra Balance*
- *Aura Cleanse*
- *Grounding*

## Mini Coaching Services

10 mins - £10

Options:

- *Pendulums*
- *Crystals*
- *Reiki Practitioner Confidence*



## Holistic Services with Julia

- *Usui & Violet Flame Reiki Relaxing Therapy*
- *Access Bars Therapy*
- *Access Energetic Facelift*
- *Tameana Crystal Healing*
- *Crystal Therapy*

## Ascension Services with Julia

- *Quantum Healing*
- *Implant, Tag & Seal Removal*
- *Aura Light body Repair*
- *Akashic Record Healing*





## Workshops

- *Crystal Connections*
- *Oracle Card Reading*
- *Meditation*
- *Laughter Yoga*
- *Sister Circles*
- *Dragon Healing Circle*
- *Rune Reading*
- *Pendulum Healing*
- *Crystal Distance Healing*
- *Crystal Magic*

*and much more*



## Corporate Workshops

- *Crystal Connections*
- *Oracle Card Reading*
- *Colour Reiki*
- *Group Meditation*
- *Laughter Yoga*
- *Access Consciousness Tools*

Julia is available for public speaking at MBS Fairs, charity and corporate events.

Special rates are available for schools and charities.

Private coaching and group wellness workshops available.



## Young Person Workshops

- *Crystal Connections*
- *Crystal Crafts*
- *Mindful Artwork*
- *Oracle & Angel Card Reading*
- *Colour Reiki*
- *Group Meditation*
- *Laughter Yoga*

Julia is available to lead wellness workshops with Young People and Family groups.

Colour Reiki is a simple and effective system to raise your vibration and channel healing energies of the colour rays.