

# A Perfect Swing, Inc.

## A Perfect Swing Golf Youth Academy

Whether your junior golfer is a beginner or advance player, he/she can benefit from the A Perfect Swing Golf Youth Academy. We offer golf instruction taught by certified LPGA/PGA Professionals. When youth become members of the A Perfect Swing Golf Youth Academy, they'll receive one-on-one instruction from our LPGA Golf Teaching Professional, Ashaunta Epps. The Youth Academy is designed to hone and develop the skill levels of the youth. Ashaunta will design, develop, and oversee a training plan specific to the needs of your youth to make them successful. You will have access to a team of golf instructors who thrive to create a competitive atmosphere that continuously grow the player and maximize their performance in competition. Our curriculum focuses on the following four-point learning cycle with your youth as the core priority:



➤ **Fundamentals**

- Golf Skill: short game and full swing technique
- Fitness: balance, flexibility, nutrition, stamina
- Practice: games and drills

➤ **Knowledge**

- Rules
- Etiquette
- Amateur Status
- Tournament Play
- Collegiate Requirements















➤ **Mental Training & Development**

- Focus
- Coping with stress
- Practice Games and Drills

➤ **On-course Play**

- Playing Instruction
- Course Management
- PAR Mentality
- Handicapping

**Benefits included:**

Benefit	Academy	Advanced Academy
One 30-minute session of golf instruction per month with our LPGA Golf Professional, Ashaunta Epps		
One supervised practice session per week with the golf instruction team. This practice session may occur on the driving range or on the golf course.		
Personalized weekly practice drills provided by our LPGA Golf Professional, Ashaunta Epps		
Four hours of individual practice time at Northlake Golf Club per week. This does not include the time used during the supervised practice sessions.		
Four buckets of range balls at Northlake Golf Club per week. This does not include balls used during the supervised practice sessions.		
Complimentary golf club-fitting analysis and assessment from our LPGA Golf Professional, Ashaunta Epps		
Two hours of on-course play per month with our LPGA Golf Professional, Ashaunta Epps. She will cover rules, etiquette, swing evaluation, and course management during play.		
Participation in available golf activities for your youth's skill level with the A Perfect Swing Golf Association. Your youth will be paired with a trained mentor for the day. Your youth will get an opportunity to gain in depth on-course experience, develop on-course strategy, experience pressure situations; all while honing her or his communication, networking, and golf skills. <i>Parents are encouraged to attend. Parents will be responsible for all fees charged by the course for them. This is generally a minimal cart fee charge.</i>		

**Pricing:**

	APSF Academy Member	APSF Advanced Academy Member
<b>Initiation Fee (non-refundable)</b>	\$0	\$50
<b>Age Group</b>	7-18	7-18
<b>Monthly Dues</b>	\$75*	\$150*

\*Due on the first of every month

**Location:**

**Golf Lessons/Supervised Practice Sessions:**

Northlake Golf Club 4841 Lakeview Road, Charlotte, NC 28216

**On-Course Play:** Various local golf courses

**At A Perfect Swing Golf Youth Academy, we believe:**

- Parents play a vital role in the success of their child's progress.
- All youth should respect all other youth, parents, instructors, and volunteers at all times.
- All youth are special and deserve to be treated equally based on their skillset. We don't breed superstars, we breed CHAMPIONS.
- Positive re-enforcement is an effective teaching mechanism.
- Practice is a NECESSITY.

**Supplies needed to start:**

- Golf Attire: non-jean bottom, collared shirt (polo)
- Golf shoes/Sneakers
- Golf clubs
- Golf glove
- Tees
- Balls
- Skin protectant
- Hand sanitizer
- Small journal/notebook
- Pencil
- Water bottle
- Range finder (strongly encouraged for advanced members)

**Registration/Additional Information:**

A Perfect Swing Golf  
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