

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



Kids and Christmas Craft Time

Join us for craft day on Saturday, December 16 from 1 pm to 4 pm. It will be a great chance to spend time with your favorite youngsters and help them create crafts that would be great Christmas gifts or happy reminders of a fun day. There will be a variety of projects for differing skill levels. Each craft will have a nominal charge (\$1 - \$15) to cover the cost of the materials. You can make as many as you like (while supplies last.) Please note: although we will have some volunteers on site, there will not be enough to offer individual assistance on all crafts. Reservations are not required, but if you let us know you are coming we will have better idea of how many crafts to have available. Hope to see you there!



Another gift idea to consider is MCCoA gift cards. They are only \$1 each & can be used for all MCCoA activities. See Tash or Terri.



From the Director's Desk:

Hello Mercer County (and friends of Mercer County),

Although 'tis is the season of giving, it feels like we are the ones receiving gifts. There are so many to consider. One is that our levy passed. Thank you for your support. We have an awesome staff who are serving our clients and the public of Mercer County. We have a diligent Board who donate countless hours supporting the efforts of our Senior Center. We have amazing volunteers that we count on every day to help with whatever crazy plans we are trying. And we have You. You are why we are here, you are why we come to work every day, you are what gives us joy when we see your smile and receive hugs from you.

Thank you for being you. Thank you for coming to see us. Thank you for letting us serve you. You are the best present of all.

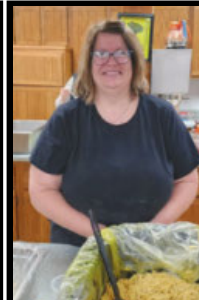
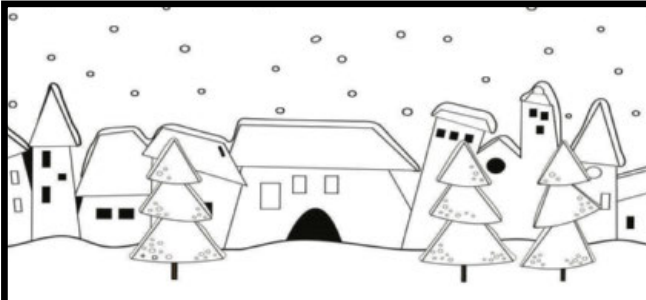
Merry Christmas,
Dawn

P.S. If you happen to still have one of our 'Please Vote' signs in your yard, please accept our apologies and give us a call so we can pick it up.



Mark your January calendar

1 Closed - New Year's Day
15 Closed - MLK Day
More information in next month's newsletter.



Volunteer Appreciation Caterer
Angie Homan
Everyone Cooks
419-953-8835



GARAGE SALE UPDATE

Thank you to everyone who helped make our 2023 garage sales so successful. We have the Best volunteers who pull it all together and work the sales, the Best community that donates the wonderful items we sell and the Best customers who come and shop at every sale. We could not do it without you!

We will begin taking donations again on Tuesday, February 6 with our regular schedule of Tuesdays from 12 pm to 4 pm and Thursdays from 8:30 am to 12 pm. Stop in and pick up one of the 2024 garage sale cards.

YOUR FAVORITE GARAGE SALE

2024

March 21 - March 24

May 16 - May 19

July 18 - July 21

September 19 - September 22

November 20 Early Bird (6-8pm)

(Ticket money to benefit Senior Angel Tree Gift Program)

November 21 - November 24

HOURS

THU 8:30 - 6:30

FRI 8:30 - 4:00

SAT 8:30 - 4:00

(Everything 1/2 price)

SUN 12:00 - 4:00

(\$1 for 2 Bags - All items included)



Mercer County Council on Aging

217 Riley Street
Celina, OH 45822
419-586-1644

2024 Donation Schedule

Feb 6, 8, 13, 15, 20, 22, 24, 27, 29

Mar 5, 7

Apr 9, 11, 16, 18, 20, 23, 30

May 2

Jun 4, 6, 11, 13, 15, 18, 20, 25

Jul 2

Aug 6, 15, 20, 22, 24, 27, 29

Sep 3, 5

Oct 8, 10, 15, 19, 22, 24, 29, 31

Nov 5, 7

Donation Times

Tuesdays 12:00 - 4:00

Thursdays 8:30 - 12:00

Saturdays 9:00 - 1:00

Thank you.

www.mcco.net

Facebook.com/Mercer County Council on Aging

Weather Announcements

on WKFI, WCSM Radio
WLIO-Lima TV & Facebook

Times Square

The **bold** words listed below can be found vertically, horizontally, diagonally, forward, and backward.

S	Q	M	L	W	X	F	Y	T	P	N	H	R	B	N
J	T	L	O	F	B	A	I	H	V	A	T	U	C	E
I	A	R	T	O	W	A	Q	E	S	T	H	Z	R	V
B	L	Z	E	D	T	Q	U	A	K	T	Y	K	O	N
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P	O	W	N	E	W	Y	E	A	R	S	E	V	E	S
P	E	D	E	S	T	R	I	A	N	S	W	F	D	A



42ND **STREET**

BALL DROP

BILLBOARDS

BRIGHT **SIGNS**

BROADWAY

CROSSROADS
OF THE **WORLD**

HUB

LONGACRE

MANHATTAN

MIDTOWN

NEW YEAR'S EVE

PEDESTRIANS

PERFORMERS

SEVENTH AVENUE

SUBWAY

THEATER
DISTRICT

TIMES TOWER

TOURISTS

Dates of Interest

To register call 419-586-1644.

Craft Class



Join Lori Yaney from Celestial Crystal Creations on Monday, December 11 at 1:00 pm and learn how to make a beautiful beaded necklace. Cost is only \$5 and everything you need for your necklace will be provided. Registration required. Space is limited.

Art Class

Join Debby Gregory Monday, December 18 at 2:00 pm for an acrylic painting class. All supplies are furnished. Cost is only \$10. Registration required.



Wii Bowling League

Attention all Wii bowling tournament teams, awards will be handed out Monday, December 18 at 1:00 pm. Come join in the fun of the big reveal of the top bowlers!



Floral Arrangement Class

Join Charlene Guingrich and make your own Christmas Floral arrangement class with on Thursday, December 21 at 10:00 am in Bldg 3.



All supplies will be provided. The cost is only \$15 each. Registration required. Space is limited.

New Year's Eve Party

This year's party will be a carry in and is scheduled for Sunday, December 31. Bring your favorite dish to share with others. Meat and beverages will be provided. Doors will open at 4:00 pm and we will eat at 5:00 pm. There will be a variety of games, Wii bowling, cornhole, and Yahtzee available for anyone who wants to play. Regular Sunday evening cards will begin at 6:30 pm. This is a free event but please call in and register so we know how many to plan for.



Christmas Lights

Want to see the Christmas lights around Celina? You can leave the driving to us. We will take a tour around Celina to see Christmas decorations. There will be hot chocolate and cookies at the center. Join us Thursday, December 14 at 5:30 pm as we celebrate the season. Seating is limited so call and reserve your seat today. If you need a ride to the center, be sure to let us know when you make your reservation.



REGULARLY SCHEDULED ACTIVITIES

Weather Announcement

Please register for all activities so we are able to send out a call informing you if an event is canceled.

Check the calendar on page 7 for exceptions.

Bingo

Every Wednesday at 12:30 pm. We use reusable cards and chips. Cards are 2 for \$1 with additional cards costing 50¢ each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Celina Manor. And on the second Wednesday each month at 12:00 pm, provided by Miller Place.

Cards

Bridge on Tuesdays at 12:30 pm, **Euchre** on Thursday and Sunday evenings at 6:30 pm and **Bid Euchre, Pinochle, and Bridge** on Fridays at 12:30 pm. **Texas Hold 'Em** on the second and fourth Thursday at 6:30 pm. Cost \$1.

Chair Yoga

Chair Yoga with Carla Niblick on Mondays at 10:00 am. Cost is \$3 per person.

Chess Club (FREE)

You are welcome to join the chess club whether you have never played or enjoy playing chess. Join us the 2nd Monday of each month in Bldg 3 at 12:30 pm and play chess. Please bring your chess board.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3 making things to give away for the holidays. See calendar for specific date and

time. Everyone is welcome, from the person that has never crocheted before to the most experienced.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am at a cost of \$4. Reservations are required by noon one day before. Space is limited.

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

Toe Nail Trimming

The first Wednesday each month at 1:00 pm in Bldg 3. Cost is \$15. First come, first served. Provided by CHP.

Fitness Class

Using a combination of music and movement, Kathy G leads a 45 minute fitness class. Class will focus on muscle strengthening and increasing range of movement for daily life activities. Wear comfortable shoes (like gym shoes) and loose-fitting clothing. The cost is \$3 and the class size is limited to 15. Call to register 419-586-1644. Class begins at 9:30 am on Tuesday, December 19.



ALZHEIMER'S ASSOCIATION

Alzheimer's Care Consultations

Marybeth Torsel with Alzheimer's Association is available by appointment. Please call 419-419-5858. Care Consultation covers caregiver education, stress management, planning, communication, finances, and safety issues.

Alzheimer's Support Group

Brenda McGee will facilitate on the third Thursday every month at 4:00 pm in Bldg 3.

Alzheimer's Education

Join Yvonne Miller on Thursday, December 7 at 2:30 pm for Caring for the Caregiver - Caring for a loved one with Alzheimer's or other dementia can be very rewarding but can also cause emotional and physical stress. Understand the importance of caring for one's own self as well as their loved ones and learn ways to cope with the stresses of caregiving.

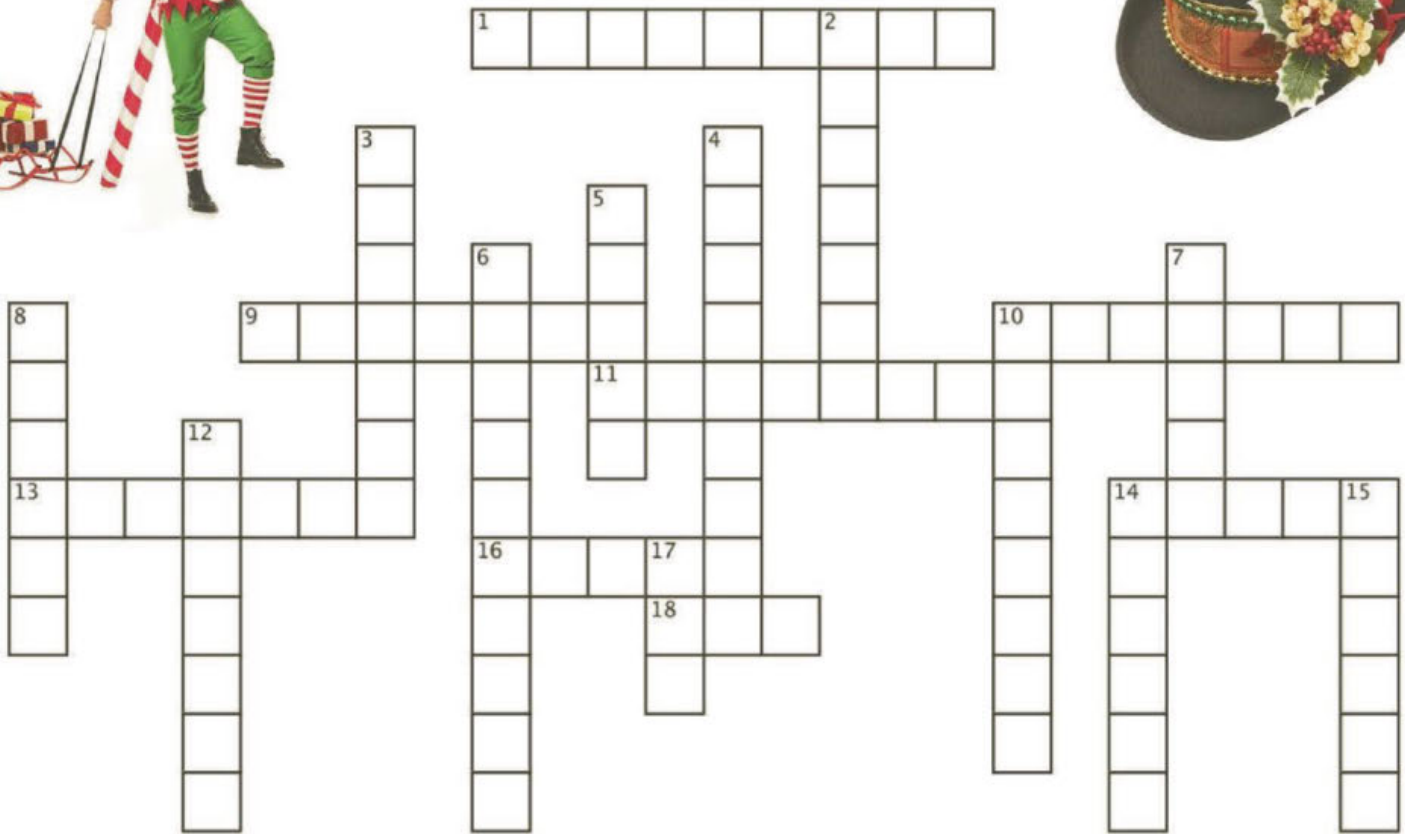
Upcoming classes include:

- 12/7/23 Caring for the Caregiver
- 1/4/24 Reducing your Risk of Alzheimer's
- 2/1/24 Dementia Friendly Activities
- 3/7/24 The Different Types of Dementia



Holiday Movies

Use the clues to fill in the crossword.



ACROSS

1. Chevy Chase movie, _____ *Vacation*
9. State where *White Christmas* takes place
10. Santa's lead reindeer
11. George Bailey's guardian angel
13. Marley's partner
14. He played the angel in *The Bishop's Wife*, Cary _____
16. He starred in *The Santa Clause*, Tim _____
18. Ralphie's dad's big prize, _____ lamp

DOWN

2. It happened on 34th Street
3. Boy with the puny Christmas tree, _____ Brown
4. Movie where Kevin gets left behind
5. She married George Bailey, Mary _____
6. Movie with Bing Crosby and Fred Astaire
7. Train that goes to the North Pole, *The _____ Express*
8. Popular snowman
10. Type of BB gun that Ralphie wants
12. *Babes in _____*
14. Seuss villain
15. What Ebenezer sends Fred on Christmas Day
17. Will Ferrell movie

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December 2023 Activity Calendar

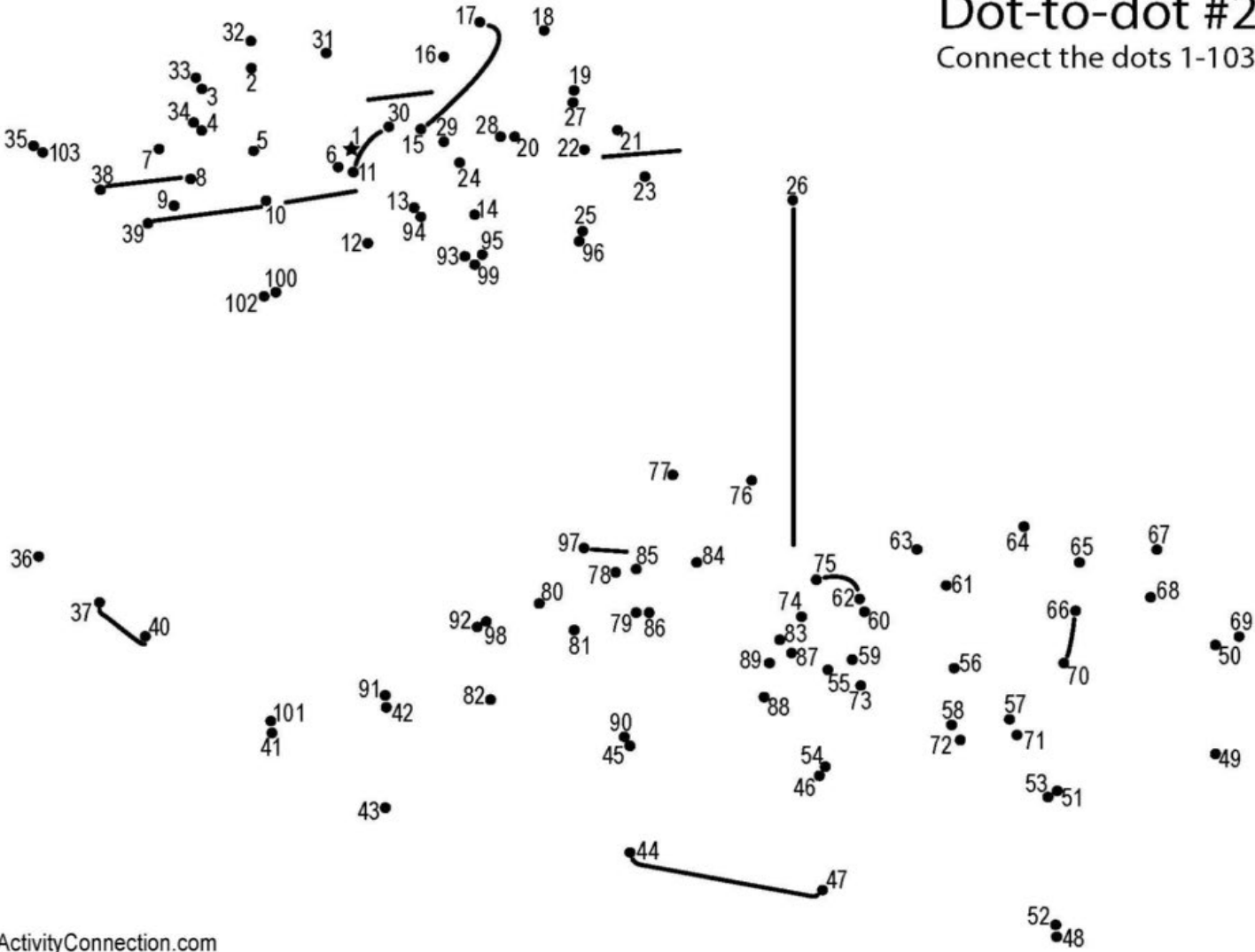
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Italicized and underlined</i> activities are in Building 3. Activities marked with an * have a fee. Activities marked with () are off campus. (MSC) - Montezuma Spiritual Center.</p>					1	2
3 6:30 - Cards*	4 10:00 - Chair Yoga*	5 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	6 11:30 - Lunch* 12:30 - Bingo* <u>1:00 - Toenail Clipping*</u>	7 8:00 - 10:00 Coffee Time 11:30 - Lunch* 1:00 - Chair Yoga* 2:30 - ALZ Presentation - Caring for the Caregiver 6:30 - Cards*	8 12:30 - Cards*	9
10 6:30 - Cards*	11 10:00 - Chair Yoga* <u>12:30 - Chess Club</u> 1:00 - Craft - Beaded Necklace*	12 8 to 10 - Staff Training Office opens at 10:00 11:30 - Lunch* <u>12:30 - Bridge*</u> 1:00 - Line Dancing	13 CHRISTMAS PARTY at Spiritual Center in Montezuma (Ticket Required) NO LUNCH NO BINGO	14 8:00 - 10:00 Coffee Time <u>10:30 - Board Mtg.</u> 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 1:00 - Chair Yoga* 5:30 - Christmas Lights 6:30 - Cards & Texas Hold 'Em*	15 12:30 - Cards*	16 1 to 4 - Christmas Craft Day*
17 6:30 - Cards*	18 10:00 - Chair Yoga* 1:00 - Wii Bowling Tournament Awards 2:00 - Art Class - Acrylic Painting* <u>2:00 - Crochet Club</u>	19 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Class* 11:30 - Lunch* 12:30 - Ladies Cards* <u>12:30 - Bridge*</u> 1:00 - Line Dancing	20 11:30 - Lunch* 12:30 - Bingo* <u>12:30 - Bridge*</u>	21 8:00 - 10:00 Coffee Time <u>10:00 - Floral Class - Christmas Arrangement*</u> 11:30 - Lunch* 1:00 - Chair Yoga* <u>4:00 - Alzheimer Support Group</u> 6:30 - Cards*	22 12:30 - Cards*	23
24	25 26  OFFICES CLOSED		27 11:30 - Lunch* 12:30 - Bingo*	28 8:00 - 10:00 Coffee Time 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 1:00 - Chair Yoga* 6:30 - Cards & Texas Hold 'Em*	29 OFFICE CLOSING AT NOON Yes we still plan to have cards 12:30 - Cards*	30
31 5:00 - New Year's Eve Party 6:30 - Cards*						





Dot-to-dot #2

Connect the dots 1-103.



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Lunch at the MCCoA

December 2023 Lunch Calendar

Lunch is served on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$4 a meal and must be reserved by noon the day before. Celina Manor provides the meals. Come have lunch with friends and leave the cooking to us!



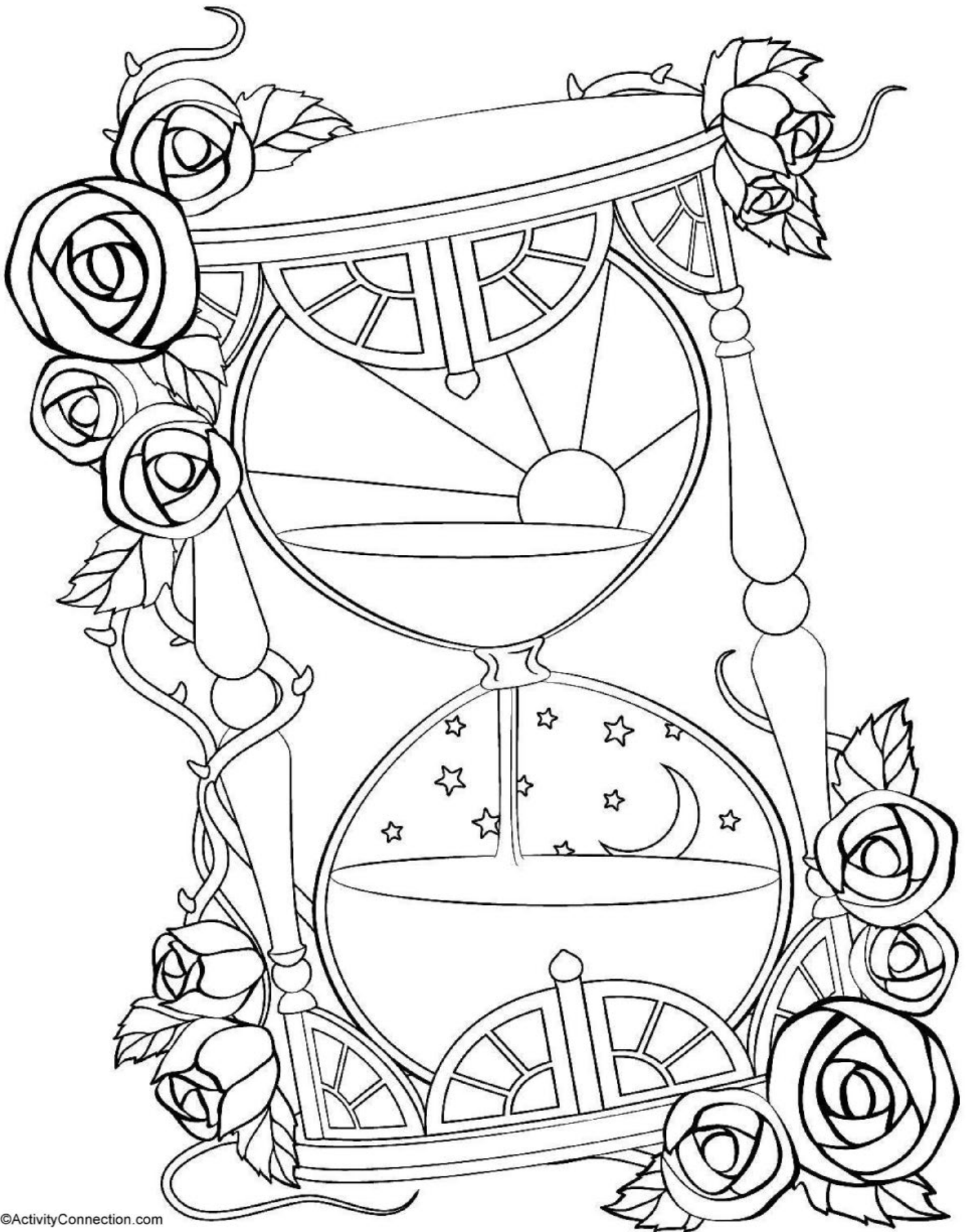
Tuesday	Wednesday	Thursday
5 Mushroom Swiss Burger/Bun Potato Triangles Fresh Grapes	6 Bratwurst Mashed Potatoes Sauerkraut Snickerdoodle Cookie	7 Beef Stew Biscuit Ice Cream
12 Stuffed Pepper Casserole Mashed Potatoes Dinner Roll Reese's Brownie	13 CHRISTMAS PARTY NO LUNCH AT CENTER	14 Homemade Pizza Tossed Salad/Dressing Chilled Pineapple
19 Ham & Bean Soup Cottage Cheese Cornbread/Butter Chilled Peaches	20 Stuffed Shells & Sauce Broccoli Florets Garlic Bread Chilled Pineapple	21 Creamed Chipped Beef Biscuit Seasoned Green Peas Chilled Fruit Cocktail
26 CHRISTMAS HOLIDAY OFFICES CLOSED	27 Garden Vegetable Soup Crackers Hot Ham & Swiss/Bun Chilled Peaches	28 Taco Tater Tot Casserole Tossed Salad/Dressing Salsa & Sour Cream Rice Crispy Bar

Poker Night

Match the clues to the words associated with poker.

- | | |
|--|---------------|
| 1. Deceptive poker tactic _____ | A. deck |
| 2. Single-suit poker hand _____ | B. pot |
| 3. Hand with consecutive numbers _____ | C. shuffle |
| 4. Set of cards _____ | D. flush |
| 5. Increase the bet _____ | E. full house |
| 6. Call it quits _____ | F. ace |
| 7. Poker token _____ | G. dealer |
| 8. Poker prize _____ | H. bluff |
| 9. Clue-giving behavior _____ | I. joker |
| 10. Buy-in _____ | J. straight |
| 11. Used as a wild card _____ | K. all in |
| 12. Hand out the cards _____ | L. chip |
| 13. A pair and three of a kind _____ | M. deal |
| 14. Highest and lowest card _____ | N. pair |
| 15. Mix the cards _____ | O. ante |
| 16. Two of a kind _____ | P. tell |
| 17. Bold poker bet _____ | Q. fold |
| 18. Person who hands out the cards _____ | R. raise |

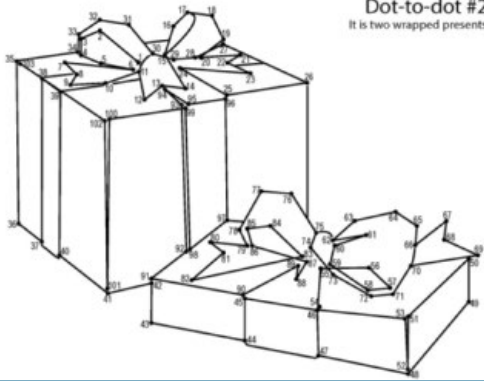




SOLUTIONS

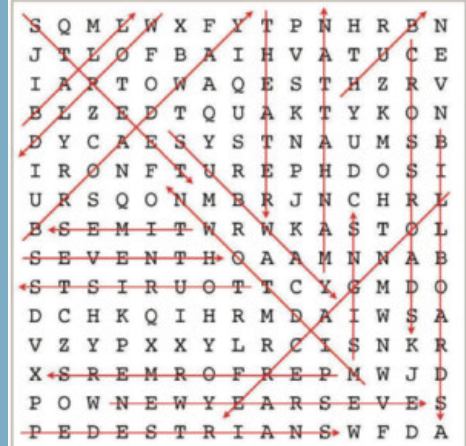


Dot-to-dot #2
It is two wrapped presents.



Times Square

(solution)



Poker Night

(solution)

- | | |
|------------------------------------|---------------|
| 1. Deceptive poker tactic | H. bluff |
| 2. Single-suit poker hand | D. flush |
| 3. Hand with consecutive numbers | J. straight |
| 4. Set of cards | A. deck |
| 5. Increase the bet | R. raise |
| 6. Call it quits | Q. fold |
| 7. Poker token | L. chip |
| 8. Poker prize | B. pot |
| 9. Clue-giving behavior | P. tell |
| 10. Buy-in | O. ante |
| 11. Used as a wild card | I. joker |
| 12. Hand out the cards | M. deal |
| 13. A pair and three of a kind | E. full house |
| 14. Highest and lowest card | F. ace |
| 15. Mix the cards | C. shuffle |
| 16. Two of a kind | N. pair |
| 17. Bold poker bet | K. all in |
| 18. Person who hands out the cards | G. dealer |

Holiday Movies

(solution)



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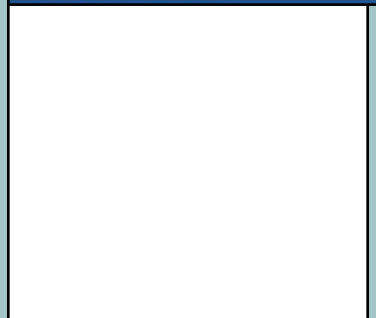
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THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday
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