

Sow and Tell

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Member of the National Capital Area Garden Clubs, Central Atlantic Region, District III

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PRESIDENT'S MESSAGE



The Five Hills Garden Club had a marvelous installation luncheon on Tuesday, June 21. As outgoing president, I received gracious thanks and Andy Bothwell, incoming president, was warmly welcomed. Lura Marshall, Hospitality Chair, made sure every detail was perfect. Julia Smith did the invocation and with her permission, I share some of it with you -

We thank you for this earth, filled with living flowers, plants and creatures that bring us joy, and for the shared interest in nature and design that joins us together in Five Hills Garden Club. We are grateful for opportunities to learn about the natural world and using it creatively and for the opportunity to be of service to the community; improving and maintaining public garden spaces and memorials, brightening dining tables at nursing homes and providing cards and letters to those who may feel alone.

Bless all of our members as we use our gifts and talents to creatively provide for each other and for the environment and we ask your blessing for those who have served and will serve in leadership for Five Hills, which enriches our lives. We ask for strength and wisdom as we strive to be good stewards of this earth, our inheritance.

This seems to capture the essence of our club. Five Hills Garden Club is a great organization thanks to you. Thank you for the privilege to serve as your president.

Shelia

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INSTALLATION LUNCHEON



I want to start off by thanking Shelia for leading us through the last two years during the pandemic. She was able to keep the club going through a difficult time and we were able to add seven new members during that time. Shelia I look forward to your guidance and advice while I begin my two years as president.

Val Plisko is working hard on lining up some very interesting programs to incorporate our new theme 'Natives and Their Friends' (Birds, Bees and Butterflies). Along with Val, the following members have agreed to be our committee chairs. It takes all the members to make a club successful so if one of our committee chairs asks for your help please do so.

Standing committee chairs are:

- Awards - Candace Dibble
- Civic - Noreen Linnemann
- Conservation - Elizabeth Huebner
- Flower Show - Deneen Wilson
- Garden Therapy - Willow Prall and Anne Nelson
- Horticulture and Design - Jane Schmiedekamp
- Hospitality - Eve Anderson and Carol Bolon
- Membership - Joy Salpini
- Newsletter - Kathy Snead
- Program - Val Plisko
- Publicity - Pat Thacker
- Ways and Means - Valerie Warriner
- Field Trip Coordinator - Rosemary Jaksetic
- Webmaster - Shelia Creswell
- Yearbook - Debbie Doody



Finally I like to encourage everyone to partake in some of the courses NGC offers. As a member of our garden club you are encouraged to learn about gardening and to go out into the community to share your knowledge. There are courses in **Landscape Design, Flower Show School, and Environmental School**. Please consider taking some of these courses.

Andy Bothwell - Incoming President

September 2022 District III Fundraiser

Mark your Calendars for the September 2022 District III Fundraiser.

The 13 Garden Clubs of District III are asked to participate in this Fundraiser that supports programs for our region via Admission ticket sales. Tickets will be sold by each Club and all members and their guests will be expected to purchase a ticket for entry. Price to be determined.

There are three (3) categories: Silent Auction Baskets, Tablescapes, Ways and Means Tables. There may also be a separate table for White Elephant items randomly priced, and those funds will be donated to the District III Treasury.

1. Silent Auction Basket

An ITALIAN THEME has been chosen. Every Five Hills member is asked to donate ONE item to be included in the basket. Lura Marshall, Lucia Bacon and Anne Nelson will be putting together the basket(s) in August. All items can be dropped off at Anne Nelson's house in the cooler by front door. Select anything of Italian origin - Red or White Wine, Beer, Olive Oil, Vinegar, Canned or Jarred Foods, Pastas, Cookies. All items must be packaged in a Box, Can or Jar- no fresh nor frozen goods, please. Bidding increments will be determined based on filled basket's market value.

2. Tablescapes

Theme and Color Scheme of your table is chosen by your group. Anything Goes! Theme and Color can be based on a favorite Country, Travel, Holiday, Special Occasion, Children's theme, Animals, Space, with infinite possibilities. Your Floral Centerpiece as well as the Tablecloth, napkins, flatware, casual dishes or china settings, cups, glasses, table trinkets, should all harmoniously complement your theme. Each member of your group can contribute one or more items for the Tablescape display. All items are returned to owners and not ever for auction.

3. Ways and Means Table

As a Club, we can decide if we want to be crafty and make things to sell like wreaths, sprays, silk arrangements, frames or shadowboxes with dried flower details, etc. Or our members can donate any new and unused or slightly used (?) items to sell such as plants, pots, tools, anything garden related. As an example, the green garden hose with silk flowers wreath that I hang on my door for our Plant Exchange in May, was made by one of the 13 Clubs, and I purchased it at the 2019 Fundraiser. Thinking caps on Ladies. All ideas appreciated. The money raised will go back into our club's treasury

Any questions, please send Group Email to:

Anne Nelson - annevnelson7@gmail.com

Lura Marshall - Lura@emieng.com

Valerie Warriner - wwarriner@aol.com

Lucia Bacon - lwbpiglet@cox.net

Thank you and enjoy your Summer.

GARDEN WORK DAY

Gardening day at Glyndon Park is Friday, July 1. We will start at 8:30 AM before the heat of the day. We are only planning to work for about an hour. Please join us if you can.

Noreen Linnemann, Chair



Iliff Nursing Facility

Volunteers to bring flowers to Iliff Nursing Facility are needed for August and September. Please check the sign up genius and sign up to bring cheer to the folks at Iliff.



Garden Therapy Beginning this Summer

Do you enjoy gardening and helping others? Do you believe in the therapeutic effects of gardening and plants? Do you enjoy sharing the beauty of flowers with others? If so, you might enjoy helping with the new garden therapy program at the Iliff Nursing and Rehabilitation Center.

Anne Nelson and I (Willow Prall), as the new co-Chairs for Garden Therapy, are excited to be starting a garden therapy program at Iliff this summer. In the warmer months, we plan to meet with residents outside in Iliff's courtyard. In the colder months, we will be meeting inside with residents.

Some of the activities that we are planning include: a flower immersion experience; raised bed gardening; harvesting sunflower seeds; making sachet bags with dried lavender; preparing holiday flower arrangements for the dining area; exploring herbs; and plant propagation.

Masks are required to be worn and all volunteers must be fully vaccinated. If you think that you might like to help with this program, please contact Willow Prall at WJ3d@aol.com or Anne Nelson at annevnelson7@gmail.com.

Annemarie Sculpture Garden & Arts Center

Mark your calendar – next field trip:

Place: **Annemarie Sculpture Garden & Arts Center**

Date: **Thursday, October 20th, 2022**

Cost: \$5.00 donation

Address: 13470 Dowell Road, Solomons, MD

Hours: 10:00 – 5:00 daily

Description:

This is a place to explore art and nature.

Inside - the Murray Arts building with exhibits and a gift shop.

Outside – explore the shady walking path that meanders through the woods past permanent and loaned works of outdoor sculpture, many on loan from the Smithsonian's Hirshhorn Museum and Sculpture Garden and the National Gallery of Art.

We will have a map to explore the garden on our own.



Notes:

More specific details will be provided at a later time.

If you are interested in the trip, you can send an email to Rosemarie (ejaksetic@aol.com).

AWARDS

**Five Hills members accepting awards from
NCAGC District III**



SUMMER FUN

I N A S H Y R A L L I T I R F
A A N H U Y G A R L I C C C I
H N I C C L O T E S I A H G E
M O E L Y L U O H N M I E A N
S O C M L C I C D O N T L L S
C H N T O U L A N C C U F T I
N H D T C N F A H U A P Y O L
P E I S B F E E M R N L R N L
A O I O O R R A L E I A R I Y
T U R D N I E S I L N I R A R
N U I D N O U T I S C I L L A
S L L C W C D H I N O I A O M
L S H I O O F O D A I H O O A
L E N R P L N T X S M S W H S
E C C S O O O S N A N L E I N

AMARYLLIS
ANEMONE
CHINCHERINCHEE
CHIONODOXA
CROCUS
CYCLAMEN
DAFFODIL
FRITILLARY

GALTONIA
GARLIC
LILY
MONTBRETIA
RANUNCULUS
SCILLA
SNOWDROP
TULIP