

# Sow and Tell

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Five Hills Garden Club

Member of the National Capital Area Garden Clubs, Central Atlantic Region, District III

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## PRESIDENT'S MESSAGE

The Five Hills Garden Club held its April general meeting in person and indoors. I was so excited to see everyone! It was like pre COVID times with a white elephant table, horticulture and design exhibits, name tags, signups for various activities, a delicious lunch graciously presented, and lots of laughter and chatter as well as our usual excellent program. WOW! What a club! The May meeting promises to be equally enjoyable as it is our plant exchange at Anne Nelson's house.

At the April meeting, Andy Bothwell was elected President for the 2022-2024 term. Serving with her are Joy Salpini, Vice President; Trish Phillips, Treasurer; Lucia Bacon, Recording Secretary; and Carolyn Staska, Corresponding Secretary. Congratulations to Andy and her officers!

I look forward to our May meeting, seeing the plants you bring and hearing about your gardens and gardening related activities. Remember: bring a plant(s) and go home with a plant(s).

Shelia



## Upcoming Events

- May 10 Board Meeting 10am**
- May 17 General Meeting 10am  
Plant Exchange**
- Jun 21 Installation Luncheon 11am  
(Board Meeting will follow)**

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## Program For May 17th Meeting

### How Does Your Garden Grow?

Bring plants to share, and get new ones, as part of our annual plant exchange at Anne Nelson's house. This favorite event is a chance to enhance your garden and knowledge of gardening. Please bring your labeled plants to include: your name (so we know where it came from), plant's name, plant's color (s), plant's requirements of sun, part sun, part shade, shade, plants details if deer resistant, heat tolerant, perennial, Spring to Frost, etc.

Val Plisko - Program Chair

"When I first joined Five Hills Garden Club I found a wonderful group of women who were smart, friendly and had a passion for gardening. At the first plant exchange I picked up a pretty plant labeled, epimedium and I brought it home. The name of the person who brought it was Linda Knerr. I came to know her as pleasant and energetic and I was disappointed when in the next year she moved from Vienna and left the club. Not long after her move, she would succumb to breast cancer. My first plant exchange created a bond for me with Linda. I was never close to her but I admired her spirit and spunky attitude. Now each spring I have three plants in my yard which give me a special memory of that lovely lady and her gift to me which I enjoy each year." Jane Schmiedekamp

### White Elephant Table is Back!

Do you still have treasures that didn't make it to the yard sale? With the club back to attending meetings in person in April and May, the White Elephant fundraising table is back too.

For those new members who aren't familiar with the White Elephant Table -- This is a fundraising effort for the club. Members bring items from their homes that they no longer want, or need. Items are displayed at our monthly meetings, and purchased "by donation." Items that are not taken, are typically donated to Pennywise Thriftshop in Vienna.

Please bring some items to place on the table. If you have a particular item that you want a minimum donation for, feel free to put a "suggested price" sticker on the item.

If you have questions, contact Ways and Means Chair, Joy Salpini, at [jlsalpini@gmail.com](mailto:jlsalpini@gmail.com) or call Joy at [703-945-3487](tel:703-945-3487).

Joy Salpini - Ways & Means Chair

## Installation Luncheon

Five Hills Garden Club Members,

Here is your evite to the 5HGC Installation Luncheon. We are planning to have a grand time at the Country Club of Fairfax in Fairfax, VA, as we change over our 2020-2022 club board and committee members to our 2022-2024 board and committee members. Arlene Stewart president of the area garden clubs will be our guest.

I will be taking **RSVP's now until May 31st** for those who would like to attend on June 21, 2022. (11:00 am -2:00pm). You can contact me by email [lura@emieng.com](mailto:lura@emieng.com) or phone 703-615-1881 **OR** there will be a sign up at both the April and May meetings.

Payment will be collected at both meetings or can be mailed to Valerie Warriner, 13479 Lake Shore Dr., Herndon, VA 20171. **PLEASE MAKE CHECKS PAYBLE TO FIVE HILLS GARDEN CLUB.**

Thank you,

Lura Marshall -  
Hospitality Chair



## Future Programs and Field Trips

### Five Hills Garden Club Member Suggestions for Programs and Field Trips

For the coming program year starting October 2022, we want to solicit your ideas for what programs and field trips would interest you and gather suggestions for specific speakers and places to visit. Rosemarie Jaksetic, Field Trip Coordinator and I, Val Plisko, Program Chair would like to coordinate our trips and programs to the extent that we can. Please use this form or just drop us an email ([ejaksetic@aol.com](mailto:ejaksetic@aol.com) and [plisko@msn.com](mailto:plisko@msn.com)) as ideas/suggestions arise.

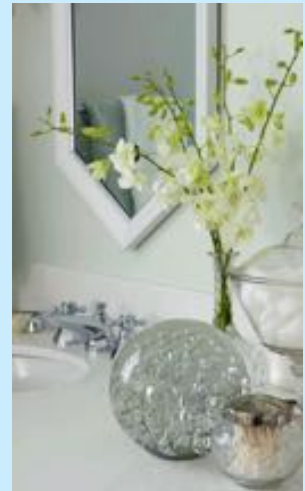
1. Idea for a Program:
  
2. What is the topic primarily about?
  - o Conservation and protecting the environment
  - o Floral design
  - o Gardening
  - o Landscape design
  
3. Suggested speaker and any contact information you may have:
  
4. How did you hear about the speaker?
  - o Attended a program
  - o Read about the speaker
  - o Recommended by another club
  
5. Idea for a Field Trip:
  
6. Location for a Field Trip:
  - o Local Day Trip
  - o Overnight

All ideas are welcome. Thank you



**Horticulture:** Bring samples of your favorite ground covers that grow in Virginia.

**Design:** Bring a design in a small container that could be used in a guest bathroom.



Jane Schmiedekamp - Horticulture and Design Chair

*“En Avril, ne te découvre pas d’un fil; en Mai fais ce qu’il te plaît”*. In English we know this saying as “April showers bring May flowers” and as this April turns into May, we’re reminded of all the beautiful and unique flowers that grow around us once again. Do you know how to say these flowers in French? Check out this floral vocabulary list for your next walk around the flower garden!

#### Les Fleurs / Flowers

Un sosuci	Marigold
Un muguet	Lily of the Valley
Un lilas	Lilac
Un bouton d’or	Buttercup
Un Coquelicot	Poppy
Une Jonquillee	Daffodil
Un Oeillet	Carnation
Une Orchidée	Orchid
Une Pivoine	Peony
Une Renoncule	Ranunculus
Un Lys	Lily



## GARDEN WORK DAY

Five Hills spring work day was held on April 20. Thanks to Karen Thompson, Anne Nelson, Noreen Linnemann, Nancy Walker, Shelia Creswell and Val Plisko for volunteering to help. The gardens at Glyndon Park were weeded, trimmed and new plants were added. The new garden at the Beulah Road side, which is Shelia's president's project, is a wonderful addition to Glyndon Park. The new plants are beautiful and have received many compliments.



Noreen Linnemann, Chair



## Japanese Honeysuckle

hvaeifpms

# Japanese Honeysuckle



### Background, Life History

Japanese honeysuckle (*Lonicera japonica*) is a perennial semi-evergreen vine native to Japan. First introduced in 1806 as an ornamental ground cover, it slowly escaped cultivation and became widely established by the early 1900s. It is an aggressive, invasive vine readily colonizing new habitats. Although it prefers sunny locations it can tolerate some shading. Communities at particular risk are prairies, savannas, glades and woodlands. However, it can invade upland and bottomland forest where natural openings are present that allow enough light for growth. Birds are attracted to the fruits and distribute the seed along fences, into fields and open natural communities. New vines also develop from underground rhizomes and vegetative runners that can sprout where the nodes (stem and leaf junctions) contact the soil. Severe winter temperatures and low precipitation may limit its distribution in more northern latitudes.

Japanese honeysuckle spreads along the ground, forming dense mats and climbs shrubs and trees, often dominating tree canopies. Young stems are brownish-red and usually have soft, fine hairs, while older stems are woody with bark that peels in long strips. Opposite, oval leaves grow up to 3 inches long and remain on the vine until mid-winter. Fragrant white flowers turn yellow with age and occur in pairs at the leaf axil (where the leaf attaches to the stem). Petals are fused, forming a tubular flower. Flowers bloom from May through June; developing small, purplish-black fruits containing 2 to 3 seeds that persist into late winter.

### Impacts

The prolific growth of Japanese honeysuckle covers and shades out existing native ground cover vegetation, as well as shrubs and trees. It can significantly alter or destroy the natural communities it invades including prairies, glades, savannas, woodlands, floodplains and upland forests. Within the forest communities, bird populations may be impacted by the loss of native understory vegetation.



Jerry A. Payne, USDA Agricultural Research Service, Bugwood.org



## Japanese Honeysuckle (continued)



Chris Evans, River to River CWMA, Bugwood.org

Opposite, oval leaves and tubular white to yellow flowers at the leaf axils help to identify Japanese honeysuckle.



Karen A. Rawlins, University of Georgia, Bugwood.org

Purplish-black fruits persist into winter and are attractive to birds, which then disperse the seeds into fencerows, disturbed areas and natural communities.



Chris Evans, River to River CWMA, Bugwood.org

Japanese honeysuckle forms dense mats of plants that smother existing vegetation on the ground and into the tree canopy.

### Control

Individual young vines can be pulled up by the roots and removed from sparsely populated areas. This method requires that the entire plant, including all roots, runners, and seed be removed to avoid re-sprouting.

In areas of heavy infestation, vines can be cut by hand, and each cut stem sprayed with triclopyr in oil, glyphosate, imazapyr or picloram + 2,4-D. Cut stump treatment is best applied after the last killing frost and prior to spring wildflower emergence to prevent harm to non-target species.

Foliar herbicides are often the most efficient means of control in areas with extensive growth and to treat re-sprouting cut stems. Foliar application is effective from mid-summer into fall, following shoot elongation. With leaves remaining green after surrounding vegetation has become dormant, herbicides can be applied in late fall to minimize harm to native vegetation. Effective herbicides include glyphosate, triclopyr, triclopyr + 2,4D, imazapyr and metsulfuron.

Spring prescribed burns can kill germinating seedlings and young plants, as well as suppress above ground growth of established plants, depending on fire intensity. After burning, established plants will quickly re-sprout or re-root making it necessary to follow up with herbicide treatments.

### Native Look-alikes

Native honeysuckles (*Lonicera* spp.) develop red or orange berries and flowers at the tip of the stem, with leaves that are fused around the stem. Japanese honeysuckle is readily distinguished by its purplish-black fruits, flowers at the leaf axils, and leaves that do not unite around the stem.

### Identifying Japanese Honeysuckle

- Semi-evergreen vine sprawling along ground or climbing trees and shrubs
- Opposite, glossy leaves less than 3 inches in length that remain green into late winter
- Large, fragrant, tubular, white flowers, turning yellow with age
- Small purplish-black fruits persisting on vine into winter

### Alternative Native Plants

Yellow honeysuckle (*Lonicera flava*)  
 American bittersweet (*Celastrus scandens*)  
 Virginia creeper (*Parthenocissus quinquefolia*)

### For Additional Information

[invasive.org/browse/subinfo.cfm?sub=3039](http://invasive.org/browse/subinfo.cfm?sub=3039)  
[invasivespeciesinfo.gov/plants/honeysuckle.shtml](http://invasivespeciesinfo.gov/plants/honeysuckle.shtml)

**mdc.mo.gov**  
 For more information or to report a population, contact your local Missouri Department of Conservation office, e-mail [WildlifeDivision@mdc.mo.gov](mailto:WildlifeDivision@mdc.mo.gov), or write:

**Japanese Honeysuckle**  
 Missouri Department of Conservation  
 Invasive Species Coordinator  
 PO Box 180  
 Jefferson City, MO 65102-0180



W00053 4/2012

Elizabeth Huebner - Conservation chair



## Great Falls Garden Club Tour

The Great Falls Garden Club is hosting a garden tour on June 4th from 10 am - 3 pm. It will include 8 gardens all located in Great Falls ranging from a large cutting garden to a five acre property that includes a pond, outdoor kitchen, hundreds of perennials and a small orchard; a "secret garden" backyard with a waterfall and koi pond; and a wooded garden lovingly designed and maintained by the homeowners for over 30 years. You will also get to tour Chef Jacques' vegetable gardens and see where the tomatoes are grown for L'Auberge Chez Francois' favorite tomato salad. And this is just three of the 8 locations!



Tickets will be sold only via Eventbrite.

Proceeds from the tour will go toward caring for and beautifying the Great Falls Library gardens and meadow, and to fund horticulture related local scholarships.

The tour will take place rain or shine.

Please use this link for tickets and to learn more details about the day's events:

<https://www.eventbrite.com/e/great-falls-garden-tour-tickets-295387220127>

If there are any additional questions, please do not hesitate to check our website at [gfgardenclub.org](http://gfgardenclub.org)

Thank you for forwarding this information along!

We look forward to seeing you on June the 4th!!

## NCAGC Judges' Council and District III Day of Design Workshops

The NCAGC Judges Counsel and District III held two design workshops on April 27th. From our club, Betty Ann Galway was the instructor, Deneen Wilson helped participants with flowers and questions, M'Ellen Alden presented a design for illustration, and Elizabeth Huebner, Trish Phillips, Carolyn Staska and I were participants. It was a delight to spend the day learning and arranging flowers with fellow gardeners and floral designers! What a great time we had.

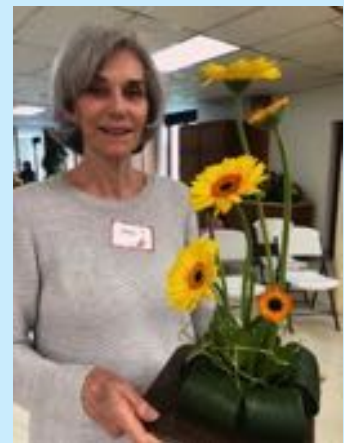
Shelia Creswell - President



**Betty Ann Galway (Instructor)**



**Elizabeth Huebner**



**Trish Phillips**



**Carolyn Staska**



**Shelia Creswell**

## NCAGC Judges' Council and District III Day of Design Workshops (continued)

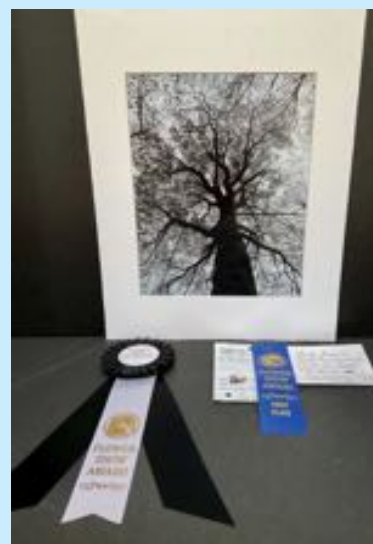
Trish Phillips and her husband Robert Sullivan had several entries in the photography competition. The woodpecker photo was Robert Sullivan's entry in the Wildlife class. He earned a 90+ second place award.



The second one is Trish Phillip's entry in the Wildlife class and it received an Honorable Mention.



The third one is Trish Phillip's entry in the B&W Tree class. Trish was awarded a first place as well as the top Botanical Arts/Photography award.



The fourth one is Trish's decorated hat - Botanical Arts/Crafts. Trish was awarded a 90+ second place.



The last one is Trish's decorated package - Botanical Arts/Crafts. It received an Honorable Mention.