

# OPAWL



**Emilia Sugiyama**  
*President*

Spring is officially here! The buds are blooming, the hummingbirds are busy building nests and the sun is shining through more frequently than in the past. Last year, OPAWL hosted a beautiful Spring Membership Social at the Santiago Canyon Estate & Winery. That event was a re-introduction to the evolved organization along with the newly appointed Board Members. It was a very successful membership drive and many new ladies attended the event. For this year’s membership drive, we will be hosting a Cinco de Mayo Eve party at my house. This will be another great opportunity to reconnect with the wonderful ladies of our organization, meet the current and outgoing board members and most importantly, it will be a time to just have fun and good conversation with neighbors and friends. If you would like to be on my decorating committee, please reach out to me at [emiliasugiyama@me.com](mailto:emiliasugiyama@me.com). I need all the help I can get! And please pray for warmer weather!

March is Women's History Month, and there are many areas in life to celebrate outstanding contributions from amazing women. But let’s keep it a little closer to home. We are still actively receiving applicants for the June 2023 - May 2024 Board. If you want to be considered for a position, please reach out to us. Imagine the outstanding contributions you can make in your community by being on this board. Positions to consider:

- |                |                                  |
|----------------|----------------------------------|
| President      | Communications                   |
| Vice President | Ways & Means (fundraising chair) |
| Secretary      |                                  |

Please make sure to read through the entire newsletter because it is jam packed with news, information and upcoming events. I hope you enjoy it as much as I do.



## In This Issue

President’s  
Message

Spotlight on  
Jenny Holland

Member News

Cakewalk & OPA Fair

Section News  
& Happenings

Membership Social

Athena’s List

Upcoming  
Events

*For newsletter contributions  
send your content to  
[opawomen.org@gmail.com](mailto:opawomen.org@gmail.com)*



**ORANGE PARK ACRES  
WOMEN'S LEAGUE**  
Encouraging Friendship, Philanthropy & Community

---

# SPOTLIGHT ON JENNY HOLLAND

---

Born and raised in the City of Orange, my passion for selling homes began when I was 12 years old. My mom and dad would take my brothers and I with them on long drives to dad's worksites to inspect his buildings for his company, Holland Commercial Waterproofing. I was a dreamer, staring out the window of the back seat of the car, knowing I wanted to be a successful real estate tycoon. I was determined to learn every aspect of real estate.

When I was 15, I got my first job and learned the value of self-discipline and hard work!

When I turned 18, I started taking real estate courses and worked two and three jobs to save money so that I could buy my first house and one day live in Orange Park Acres. I worked in the Customer Service industry and in food and beverage at Marriott Hotels. My favorite job was working at Pelican Hill Golf Course in Newport Coast while I studied for my real estate license, which I received in 1999. From those careers, I gained invaluable experience, working with people from all walks of life. This was the beginning and where I learned the importance of providing superior service for my clients and most importantly, building impeccable trust.

During the 25 years of my experience working in real estate with the most successful brokerages, I have continued to grow my daily expertise, to become a broker myself! With the art of real estate negotiation and cultivating a powerful sphere of influence, my skills are constantly being refined and enhanced to stay up to date with modern technology, social media trends, advertising, marketing, and massive networking. My number one focus is always on behalf of my clients' BEST interests!

Desiring to be the best real estate agent a young girl could be, it was through painful life experiences and individual struggles that I have learned to persevere toward my dreams, use wisdom in every decision, and to never give up! In my years of representing my clients' BEST interests and one of their most prized possessions, I learned that not only is their home an investment, but it is their Heart and an extremely delicate and emotional process from the beginning to the end, one step at a time!

When I am not selling real estate and utilizing my fiduciary duty for a client, I am either riding my horse, talking my husband's ear off about a horse, or at church with my family and friends. My Faith and love for my family & my children is the most important thing in my life. I believe life is a gift that should never be taken for granted.



Jenny's husband of over 11 years, Bryan Harpole, is a Commercial Waterproofing Contractor. They have



*Jenny Holland Cont.*



three beautiful kids, Bryce & Savannah who attend Salem, and 16-year-old Abbey, who's attending Spirit Christian Academy in Orange. Jenny and her husband are heavily committed and involved with their baseball & softball family at South Sunrise Little League. They make their home in Broadmoor, next door to her parents. They have a love of riding horses, going to the American Legions Club, BBQ 'n with friends, and are Elders @ Mariners Church in Irvine. As residents of OPA, their lifestyle is complete with the addition of their animals, Scarlett, a quarter horse, Mateo, a Perline Andalusian, and Eden a 100 lb. Doberman.

*Co-Authored by Jenny Holland & Emilia Sugiyama*



## MEMBER NEWS

We are wishing "sunshine" to Kathy Manulkin who recently experienced a mishap and broke her hip. She is recovering in a rehab hospital for the next week and then going home to the watchful care of Gary and Rena, her husband and daughter. She said she felt lucky that the accident happened when it did because she was to be away on a trip out of the country a few days later. If you would like to send her a card or a letter, you can send it to her home or c/o Encompass Health Rehab. Hospital, 15120 Kensington Park Dr., Tustin, CA 92782



*To share special member news in the newsletter, email it to [OPAWomen.org@gmail.com](mailto:OPAWomen.org@gmail.com). Contact Chair of Hospitality and Sunshine, Judy Denton at (714) 721-6183, she will reach out with a card or flowers.*

# OPA FAMILY PICNIC & FAIR

## We're Having A Cakewalk!



The League is sponsoring an old-fashioned carnival cakewalk at the OPA Family Picnic & Fair at Salem on Saturday, April 29<sup>th</sup>. This fundraiser was such a big hit last year, we just had to do it all over again!

We will send out a separate message requesting the help we need. —Watch for it soon! Here is a short list as we begin our planning. We'll need lots of cakes, of course! We will need many helping hands to assist



with setting up, manning the booth, and taking it down. It's a lot of fun and we hope you'll help. OPA is making this one of their big events and everyone will come. It will definitely be big fun for everyone.



If you don't know what a cakewalk is, here's a quick description. Everyone stands on a number then marches around the circle until the music stops. A number is drawn, and the lucky winner gets a cake! It's simple family fun at its best! Click [HERE](#) or on the cake above to watch last year's action.

**Come One!**

**Come All!**

**Come To The Fair!**

# SECTION NEWS & HAPPENINGS

## Entertaining In Pearls

### Planning Tips

The best way to cut the stress of party planning is to write out everything, from shopping lists and party rentals to a timeline for getting it done. Buy everything non-perishable as far in advance as you can. Layout your buffet table the day before with all the bowls in place, marking where everything goes. If anyone arrives early, good friends are always happy to help fill in where they can.

### Serve Small Bites

Who doesn't love appetizers of all kinds? There's no need to serve a heavy meal to your friends. Instead, offer plenty of small bites that guests can easily enjoy while walking around and mingling. Ensure that you have vegetarian and gluten free options on hand for guests who may have dietary restrictions.

### Make a Punch Or Sangria

What says summer more than a festive punch? Whip up a sangria featuring seasonal fruit or make a large pitcher of watermelon margaritas to pass around. Offering a signature drink like this is an excellent way to make your gathering feel special.

### Don't Forget the Flowers

Be sure to display flowers, whether you're entertaining indoors or out. Nothing says summer like a colorful bouquet. Perhaps you can even shop your own backyard!

### Perfect Your Playlist

Be sure to have some beats going in the background! No party is complete without a great playlist. All you need is a smart phone and some portable speakers and you're golden!

### Mix and Mingle

Sure, you'll likely be busy during your gathering as friends arrive and glasses need to be refilled, but don't leave your shy friends and loved ones in the lurch. If you see a guest standing alone, make an effort to loop them into a nearby conversation and introduce them by name to other partygoers.

### Dress Up

Subtly encourage your guests to put on their best by noting something like, "tea party attire welcome" or "come wearing your favorite floral print piece!" This keeps guests' options open while allowing those who wish to go the fancier route to do so. Be sure to take lots of photos. To add a vintage twist to your party, purchase a Polaroid camera and get snapping to create excellent remembrance party favors.



*Photos from 3/4/23 event*



# SECTION NEWS *Cont.*

## Pack Walkers

Julie Shaw reports: For our pack walking, I know that we're going to start walking as soon as we get some reprieve in this weather. We now have the time change so I'll be talking to all the gals and figuring out a day of the week that we can start up again. For more info, contact Julie Shaw, 714-329-3447.



## Bunco Babes



In case you didn't know, Bunco is actually spelled F-U-N! And if you were the lucky person to roll the last bunco—and got to wear the silly head piece like Kate Bonnaud—it can be very rewarding! We had a full house and so much fun at Nancy Flathers' place that we decided to do it there all over again in April! Thank you, Cindy Reina, for cohosting in April. And Nancy... you are truly the best!

Our next Bunco night is Thursday, April 6th. An invitation and a confirmed RSVP are required to attend. For more info or to join in on the fun, contact Jamie Spence, (562) 708-9309, [jlpainospence@hotmail.com](mailto:jlpainospence@hotmail.com) or Karen Ashford, [Klasa7506@gmail.com](mailto:Klasa7506@gmail.com), (714) 496-6102.

## Pickleball

Even though the rain has made finding a dry court challenging, the pickleball group remains enthusiastic! They stay connected almost daily through the GroupMe app and manage to find partners and dry play time.

If you are not yet connected to GroupMe, you can download a free app to join here: <https://groupme.com>

—> Pickleball is looking for a new section leader. Interested? Contact Tess Breen, (714) 200-3004.

Tess shares, I regret to inform you that I need to step down as the Pickleball Section Leader for our group. I have struggled to find time to play myself, and I have accepted a new full-time job that is taking over ALL of my spare time! If anyone is interested in stepping into this role, please let me know! It's been wonderful getting to know each of you and plan to stay involved with OPAWL so you will still see me around!



# SECTION NEWS *Cont.*

## Hot Trotters!

The rainy weather has not let up! Though most trails have been closed due to wet and muddy conditions, we were able to ride the last Sunday in March and our group was all smiles!



Pictured, left, is the unrecognizable creek crossing at Santiago Oaks Park entrance.

If anyone is interested in riding your horse to attend Pastor Larry Day's Easter Sunday Cowboy Church at the Mara Brandman Arena on 4/9 at 7:am, let us know.



For more info on the section, contact co-leaders, Julie Maurer, (714) 742-1617, or Sarah Holtz, (714) 487-0155.

## Bridge

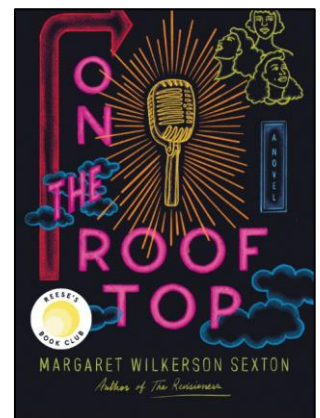


Bridge meets every third Monday at 11:am inside at Moreno's Mexican Restaurant. Contact Donna at [djaidekman@aol.com](mailto:djaidekman@aol.com) to join this section. --We are very patient players.

## Literature Group

The book for this month is titled, *On The Roof Top*, by author Margaret Wilkerson Sexton. It is described as a stunning novel about a mother whose dream of musical stardom for her three daughters collides with the daughters' ambitions for their own lives—set against the backdrop of gentrifying 1950s San Francisco.

You are invited to pick up this Reese's Book Club pick and meet with the group for a lively discussion next month. They meet every 4th Tuesday, from 4:pm to 5:pm. For more info call leader Kathy Manulkin, (714)639-8686.



# SECTION NEWS *Cont.*

## Homestead & Garden

In March, we had a very fun jam session at Pamela Sapetto's home. Everyone learned to make and preserve a Strawberry Kumquat jam and Strawberry, Rosemary, Balsamic jam. You can read the recipe below.

April's activity is yet to be decided. Watch your email for an update. For more information about the section, contact leader, Pamela Sapetto, (714) 815-7771.



## **Strawberry Rosemary Balsamic Jam** —*absolutely delicious!*

- 2 pounds strawberries, hulled and cut in half
- ¼ cup lemon juice
- 2 cups granulated sugar
- 2-3 teaspoons balsamic vinegar
- ½ cup Rosemary flowers
- 1 teaspoon Rosemary leaves

1. Put 2 to 3 teaspoons in the freezer
2. Combine all ingredients in a large saucepan, copper if you have one. Bring the mixture to a boil over medium high heat, stirring frequently
3. Reduce heat and simmer, stirring occasionally.
4. After about 45 to 60 minutes, the jam should be thickening. (about 220 degrees if you have an insta-thermometer). Otherwise dip the frozen spoon in the jam, put spoon with jam on a paper towel and put back in freezer for one minute. If jam drips slowly down the spoon, it is ready.

— Have fun creating your own recipes! Be creative, instead of rosemary, try basil or mint. No stopping here, add a vanilla bean. We added Cointreau to our batch of Strawberry Kumquat!

Two things as reminders if you are making jam, sterilize your jars in your dishwasher under the sanitize cycle (or the hottest cycle) before you fill them; and, when you have filled the jars, leave at least ¼ inch to the top, then, place the jars in the oven at 250 degrees for 15 minutes to seal the jars. If you are using your jar right away, you can skip the sealing step.



---

# MEMBERSHIP SOCIAL

---



## *Cinco de Mayo Eve Party!*

**Save The Date For The Annual  
Membership Social**

**Thursday, May 4<sup>th</sup> ~ 5:30 to 7:30 pm**



## ATHENA'S LIST

---

The League is proud of our amazing women in business. If you provide goods or services, we offer you an opportunity to be published on Athena's List to help you promote your business by engaging the attention of our members. By supporting each other we can make our community of women bloom all the brighter.

If you are a current OPAWL member and are interested in having your business published on Athena's List, submit a registration form.

You can download the fillable form by [clicking here](#). Email your completed form to [OPAWomen.org@gmail.com](mailto:OPAWomen.org@gmail.com).





# ATHENA'S LIST

I am Kim Candice, A conscious Licensed Esthetician for over 39 years.

My journey began back in 1980 working as a Medical Assistant to Dermatologists at the Orange Coast College Student Health Center. Having acne myself and working with college students who also had acne, here is where I first discovered my passion for skin and was also introduced to the subject of Holistic health. I was obsessed with learning about everything to do with a Holistic lifestyle. I became a vegetarian, studied aromatherapy, attended workshops on various subjects including how to balance your mental, physical, emotional & spiritual self. The acne I once had disappeared without taking a pill or using any topical medications.



In 1982 I became a Licensed Esthetician. In 1983 I had the opportunity to live abroad and work at 4 and 5 star spas and resorts in Thailand, Hawaii, St John , US Virgin Island, and Pebble Beach CA. Truly an amazing experience!

While working at the Inn at Spanish Bay and the Pebble Beach Resort I was introduced to the owners of the John Robert Powers, modeling, acting agency and finishing school. I was recruited to open the school as a skincare and makeup instructor and also as their leading esthetician. While working here, I found another passion and that was teaching! I was then hired to work as an educator for 2 recognized skincare/hair care lines.

In 1990, I opened "Skincare by the Sea" a mini day spa in Carmel where I performed aesthetic and makeup services, on the local residents, tourists, and celebrities. I am proud to say that when other surrounding resorts and hotels needed facials, and Bridal makeup for their guests, Skin Care by the Sea was the first to be called to go on location and care for their guests.

In 1998 I moved to Evergreen, CO where I opened "Skintique", a skincare, massage and clothing boutique. I lived at 7,200 feet above sea level where the climate is dry, dry and dry! With the challenge of keeping the skin feeling hydrated and achieving " the glow" this is when I started researching deeply into ingredients and found that most skincare lines are full of ingredients that are toxic and NOT healthy for us!

Today I have a skin care practice in Murrieta, CA and Orange Park Acres. As a conscious esthetician, I have been on a quest to represent a conscious skincare line that I could use myself and share with my clients. After using several different brands over the years, eventually in 2015, I am pleased to say that "Awaken Skin Care." was created.



I am looking forward to sharing my passion for awakening your skin naturally with pure botanical ingredients that guarantee results. If you have any questions about your skin and product needs, I invite you to e-mail me at [KimCandiceK@gmail.com](mailto:KimCandiceK@gmail.com) to schedule a call for a complimentary consultation.

**\*\* Athena's List Disclaimer - The OPA Women's League is providing Athena's List members and their businesses exposure to the general membership as a courtesy of their League membership. The OPA Women's League issues no guarantees or warrants in connection to services or goods offered by the people associated with OPA Women's League Athena's List.**



**Stephanie M. Stringer**  
Partner

T: 714.619.7000  
F: 714.918.6997  
[sstringer@hallgriffin.com](mailto:sstringer@hallgriffin.com)

#### **Practice Areas**

Antitrust & Unfair Competition  
Bodily Injury  
Business Litigation  
Class Action  
Discrimination Claims  
Employment Litigation  
Employment Practices Counseling  
Hostile Work Environment  
Intellectual Property  
PAGA Claims  
Premises Liability  
Real Estate  
Sexual Harassment  
Trade Secret  
Wage & Hour  
Wrongful Termination

#### **Education**

J.D., 2008, University of Denver  
Sturm College of Law  
B.A., 2006, University of  
California, San Diego

#### **Admissions**

State Bar of California  
State Bar of Colorado  
State Bar of Idaho

#### **Honors**

AV-Rated by Martindale Hubbell  
Association of Workplace  
Investigators Certificate Holder  
2022 Chair of Orange County Bar  
Association Tort & Trial Section

Stephanie Stringer has specialized her practice on defending and counseling employers in all areas of employment related litigation, including harassment, discrimination, retaliation, wrongful termination, employee discipline, litigation avoidance, wage and hour issues, and misappropriation of trade secrets claims. She is an experienced trial attorney and has represented clients in government regulatory actions involving the EEOC, DFEH, and SEC, among others. Ms. Stringer has practiced in federal and state courts throughout California.

Her dual role as a California business owner and entrepreneur allows her to understand her clients' workplace challenges firsthand and Ms. Stringer has been resolving and preventing disputes for employers for over 10 years. Her active leadership in the business community shapes her effective, practical and value-driven counsel to employers of all sizes. Ms. Stringer has helped many clients in various industries by crafting policies and procedures that provide a strong first line of defense; offering sexual harassment training; and providing advice and representation on wage and hour, discrimination, trade secret, wrongful termination, and other employment-related claims. When necessary and unavoidable, she has vigorously defended her clients in employment-related litigation.

Ms. Stringer also has experience conducting neutral workplace investigations. As a neutral investigator, she draws from her extensive litigation background and knowledge. The matters she investigates often involve the potential for significant financial, legal, or public relations exposure and include areas such as discrimination, harassment, wage and hour, and workplace safety compliance.

**\*\* Athena's List Disclaimer - The OPA Women's League is providing Athena's List members and their businesses exposure to the general membership as a courtesy of their League membership. The OPA Women's League issues no guarantees or warrants in connection to services or goods offered by the people associated with OPA Women's League Athena's List.**

---

# CELEBRATIONS & EVENTS

---

## April Birthdays

- 1 Nicole Freese
- 2 Lauri Triggs
- 2 Debra Welch
- 7 Julie Maurer
- 7 Linda Mazzara
- 8 Rose Rock
- 9 Ann Webb



- 10 Kathy Manulkin
- 10 Bebe Russo
- 11 Andrea Furr
- 11 Asal Saffari
- 20 Lynda Stewart
- 26 Kirsten Murphy
- 27 Kristi Sambrano
- 29 Andrea Wood



---

**APRIL** ▪ Easter Sunday Sunrise Service – 4/9  
OPA Family Picnic & Fair - 4/29

**MAY** ▪ Cinco de Mayo Eve Membership Social - 5/4

**JUNE** ▪ 2023 Membership Year Begins

**JULY** ▪ OPA 4<sup>th</sup> of July Parade