specialist



NATIONWIDE SKINCARE SPECIALIST Tracey Beesley Specialist area: Anti-ageing skincare,

sun protection, mineral cosmetics

Tracey is the founder of SkinBrands Ltd - UK distributor of top US skincare/cosmetics brands SkinCeuticals, SkinMedica, B-Kamins, Skinn (for men) Athena Powered Peeling, Susan Posnick, Paula Dorff and most recently Revital ash

Location:

SkinBrands Ltd, London

- t: 0208 997 8541
- e: Tracey@SkinBrands.co.uk
- w: www.skinbrands.co.uk



INTERNATIONAL PLASTIC SURGEON **Dr Foued Hamza** Specialist area: Maxillofacial reconstructive aesthetic surgeon

Dr. Foued Hamza and his team in Paris, France cater for your cosmetic surgery needs and make sure that your stay with them will be a positive experience. Dr Hamza's skills cover all areas of plastic and cosmetic surgery, but he has a special interest in face and breast surgery (short scar breast reduction) as well as lipoplasty.

Location:

90 avenue de Villiers, 75017 Paris

- t: 0033 142 252 968
- e: contact@drfouedhamza.com
- w: www.drfouedhamza.com



INTERNATIONAL PLASTIC SURGEON **Dr Saulius Viksraitis** Specialist area: Endoscopic facial surgery

Sympathetic advice and consultation by video link in London. 20 years of experience of facial rejuvenation. Member of IPRAS-IPRAF.

Location:

Lithuania

- t: 0207 0550 087
- e: info@kosmeticplus.com
- w: www.kosmeticplus.com



NATIONWIDE INDEPENDENT ADVISER **Linda Briggs** Specialist area:

Sourcing specialists for all treatments around the world

Free service offering advice on what options are available to you, recovery and aftercare as well as the anticipated outcome. All designed to arm you with the right questions to ask the surgeon, before going ahead with any surgery or dentistry. Please visit her website for further information.

Location:

International

- t: 01354 610368
- e: lb@lindabriggs.co.uk
- w: www.lindabriggs.co.uk



PLASTIC SURGEON Chris Inglefield

Face, nose, breast surgical & non-surgical & labial reshaping

Chris Inglefield is an internationally recognised lecturer and trainer in cosmetic and reconstructive surgery, providing his patients with the highest standard of personal care. He is a leader and expert in the field. Mr Inglefield ensures that the most up to date treatments and procedures are offered to his patients.

Location:

London Bridge Plastic Surgery

- t: 0845 009 2775
- e: info@lbps.co.uk
- w: www.lbps.co.uk



LASER SPECIALIST Sarah Williams BAB, TAC Laser therapy

Highly qualified Laser Practitioner in the south east, Acknowledged for her expertise in laser therapy. Her results are outstanding.

Location:

67-69 Cantelupe Road, East Grinstead

- t: 01342 328 798
- e: info@clearstepenhance.co.uk
- w: www.clearstepenhance.co.uk



COSMETIC CHEMIST **Dr Cuross Bakhtiar**

Cosmetic Chemist Developer

Graduated from Imperial College and is a Senior Research Fellow at Guy's Medical School. Dr. Bakhtiar has seven years experience of developing and testing products for his own company (Harley Street Cosmetic Ltd.) and for numerous brands and spas.

His main interest is developing creams using natural products with the latest cosmaceutical actives.

Location

29 Harley Street Cosmetic, London W1G 9QR

- t: 0207 2213530
- e: Cuross@harleystreetcosmetic.com
- w: www.HarleyStreetCosmetic.com



LONDON & SOUTH EAST MrT C Teo MD (Hons) FRCS (Plast)

Plastic & reconstructive surgery, cosmetic surgery

Experienced plastic and aesthetic surgeon undertaking all cosmetic surgery including breast enlargement, reduction and uplift, all forms of facial aesthetic surgery (facelifts, eyelids reduction, nose reshaping or rhinoplasty and prominent ears correction), abdominal surgery and liposuction. Also undertakes dermatological surgery (mole removal) and scar revision.

Location:

North Downs Hospital, Caterham, Surrey

- t: 01883 348981
- e: Joanna.morris@ramsayhealth.co.uk

w: www.northdownshospital.co.uk



LONDON & SOUTH EAST Mr Philip Gilbert

Facial surgery, breast surgery, body contouring, lesion removal

Highly skilled and experienced plastic and aesthetic surgeon. Specialising in Rhinoplasty, Pinnaplasty, Eyelid surgery, Breast Augmentation and reduction. Abdominoplasty and male gynocomastia. Liposuction. BAPRAS member.

Location:

North Downs Hospital, Caterham, Surrey

- t: 01883 348981
- e: Joanna.morris@ramsayhealth.co.uk
- w: www.northdownshospital.co.uk



Mr Martin Jones

Breast surgery, aesthetic surgery and hand surgery

Mr Martin Jones BSc(Hon), MBBS, MD, FRCS Ed, FRCS Ed (Plast). Highly experienced consultant Plastic & Reconstructive Surgeon with specialist interests in breast, aesthetic and hand surgery. Full member of BAPRAS - Associate member of BSSH.

Location:

North Downs Hospital, Caterham, Surrey

- t: 01883 348981
- e: Joanna.morris@ramsayhealth.co.uk
- w: www.northdownshospital.co.uk

Want to look the very best you can? **Dr Josh Berkowitz** can help you do just that. The internationally trained cosmetic specialist is an expert in some of the most advanced medical beauty treatments available

aving grown up in Zimbabwe, Dr Josh Berkowitz split his medical training between Johannesburg and Birmingham and practised as a gynaecologist in South Africa. During this time, Dr Berkowitz developed a sympathetic understanding of women's issues and concerns: not only did they want to feel good, they wanted to look good too. It was this that led him to anti-ageing and aesthetic medicine. He relocated permanently to England 11 years ago with his wife and two children, and now runs the highly successful Wimpole Aesthetic Centre in London's most prestigious medical district. Dr Berkowitz is one of the leading practitioners of the body-sculpting treatment Smart Lipo. He also specialises in Thermage – a procedure that revitalises the body's own collagen – and has a further range of safe, effective treatments designed to help you glow with confidence.





The person behind the professional

WHAT WOULD YOU BE DOING IF YOU WEREN'T A COSMETIC DOCTOR?
I would go back to obstetrics and gynaecology. It's such a rewarding area of medicine.

WHO HAS HAD THE GREATEST INFLUENCE ON YOUR LIFE/CAREER? Without wanting to sound like a mummy's boy, I have to say my mother. In the early years she was the stabilising influence in my life and the person who motivated me to be the best I could be.

WHAT IS YOUR MOTTO? Make it count. By which I mean, however large or small your contribution, it's important to be involved in something good.

HOW WOULD YOU LIKE TO BE REMEMBERED? As a mensch – it's a Yiddish word, meaning a good and moral person.

Josh's vital statistics

AREAS OF EXPERTISE

 Aesthetic and anti-ageing medicine: wrinkle-relaxing injections, facial and lip enhancement, Thermage, Smart Lipo, Sculptra and laser therapies.

BOARD CERTIFICATION

Fully registered with the GMC in the UK, as well as with the South African Health Professionals Council. Fellow of the Royal College of Obstetricians and Gynaecologists. Member of the British Association of Cosmetic Doctors (BACD) and the Royal Society of Medicine (RSM).

MEDICAL QUALIFICATIONS

> MB ChB, FRCOG

SURGERY LOCATION

48 Wimpole Street, London, W1G 8SF.
 Telephone 020 7224 2247

MORE INFORMATION

 wimpoleaesthetics.co.uk – preferential rates available for Brand New You readers Dr Berkowitz's patients are seeking solutions to concerns about their looks and ageing issues. He prides himself on providing a balanced and sensitive assessment of the best options available and believes this is essential for patient contentment in the long term. 'The most satisfying part of the job is seeing a patient truly happy with the outcome of their treatment. That takes a real understanding of the underlying problem,' he affirms.

To Dr Berkowitz, a future in aesthetic and anti-ageing medicine was a natural progression from his early career as a gynaecologist. Today he derives great fulfilment from helping both men and women find happiness in their appearance and general wellbeing.

Patients and peers alike applaud his work. But perhaps the most reassuring thing on meeting Dr Berkowitz is his infectious smile and genuine desire to help improve the quality of life of others.

ture Ruth Kerrison