

The Challenge

Wake up and make up.
Make up your mind,
That it will be an amazing day.
Be DETERMINED to make it amazing.
Amazing by taking on The Challenge.

A challenge that you won't let anything get to you.
That you will only look for the good in EVERYTHING.
Not dwelling even a second,
On things that would turn your smile upside down.
NOT TODAY.

Let the compliments flow.
Compliment your best friend,
For being such a wonderful human.
Compliment your child,
For the good grades they worked so hard for.
Compliment the cashier,
For their friendliness.
Just keep finding the good in everyone you run into.

But be careful:

This challenge has a way of turning around on you.
While you were busy making everyone else feel good,
Their smiles and reactions made you feel even better.
Kind of amazing...