

# Customized Care Communication Card

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Consent: self/guardian Medicaid #: \_\_\_\_\_

Guardian: \_\_\_\_\_ Physician: \_\_\_\_\_ Dentist: \_\_\_\_\_ Pharmacy: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

## In-Office Communication Strategies

Verbal	Trigger words, favorite conversational topics, preferences for addressing staff, aversion to high-pitched voices, etc
Behavioral	Elopement, waiting/exam room considerations, behavioral expressions/signals, words/actions triggering anger, effective response to disruptions, staff intervention cues
Tactile	Aversion or soothing with physical touch, staff assistance with passive restraint, distraction object, blanket/jacket preferences
Environmental	Use of mobility devices, room size/lighting considerations, trigger objects, past trauma or negative response to ER or outpatient settings
Procedural	Specific strategies/medication regimens for eye exams, dental cleanings, lab tests, time limits on various procedures/activities

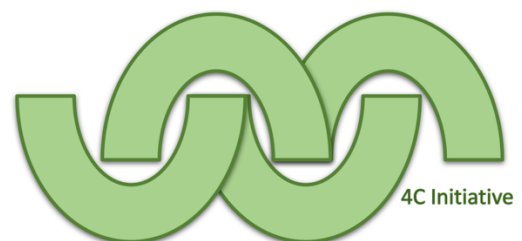
## At-Home Care Strategies

Diet	Strategies for encouraging healthy food choices (not keeping soda pop available throughout day, prepares own lunch with healthy snacks for work, etc)
Exercise	Routines to encourage physical movement (after-dinner neighborhood walk, weekly park visit, indoor bicycle use twice weekly, Special Olympics soccer practice weekly, etc)
Oral Care	Independent brushing with supervision (twice daily with fluoride toothpaste), flossing nightly after dinner, monthly oral health check by staff (absence of ulcers/chipped teeth)
Management of specific conditions	Weekly blood pressure and daily blood sugar checks, limited salt intake, management of medications (locking, assistance, specific OTC allowances/recommendations)

Revised on: (Date of each revision, especially the most recent)

For more information about this initiative, please contact:  
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Submit your feedback in a 3 minute survey at [bitly.23ia5/](https://bitly.23ia5/)



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*A continuity of care quality improvement initiative for individuals with intellectual/developmental disability*