

Let's Sew a Chemo Port Pillow

<https://createtodonate.org/how-to-make-a-chemo-port-pillow/>

MATERIAL AND SUPPLIES NEEDED:



- 100% Cotton Fabric
- Hook-n-Loop Tape
- Polyester fiber fill (for a single pillow just a good handful)
- Rotary cutter or scissors
- Sewing Machine

CUTTING INSTRUCTIONS:

- Cut 2 — 4" x 7" rectangles
- Cut 2 — 3-1/2" of Hook-n-Loop Tape

Step #1 — Cut materials to size.

Cut 2 pieces of fabric into rectangles that measure 7" x 4" and a piece of hook and loop tape that measures 3.5".

Update: Feedback indicated that some people prefer two pieces of Hook-n-Loop tape so that the pillow doesn't move around so much.

Step #2 — Secure the Hook-n-Loop tape.

Baste the Hook-n-Loop tape onto the right side of one piece of fabric.

To do this, place the soft part (aka the loops) of the Hook-n-Loop tape on a long edge of the rectangle at about the half-way mark.



Since this step is just to secure the Hook-n-Loop tape in place, use a 1/8" seam.

After sewing the soft side/loop side onto the fabric, place the rough side/hook side face down along the edge of opposite side of the fabric and baste it with a 1/8" seam too.

At this point fasten the pieces of Hook-n-Loop to each other so they wouldn't move around when completing the edges of the pillow.

Update — If using two pieces of Hook-n-Loop tape to the fabric, place each piece 1.5" away from the top and bottom edges.



Step #3 — Sew the fabric pieces together.

Now it's time to sew the two pieces of fabric together.

This means placing the right sides of the fabric together and sewing around the edges.

Use a 1/2" seam allowance around the rectangle and remember to leave an opening (aka hole) measuring about 2" on one of the short edges of the fabric.

Not only do you need this to turn the pillow right side out, but also to use to stuff the pillow with the polyester fiberfill.

Step #4 – Stuff the Chemo Port Pillow.

Take the polyester fiberfill and start stuffing the pillow to give it shape. Be careful not to over stuff because you still need to sew the open edge closed.

Once you stuffed the pillow, use either a whip stitch, ladder stitch, or top stitch with your machine to close the hole.

