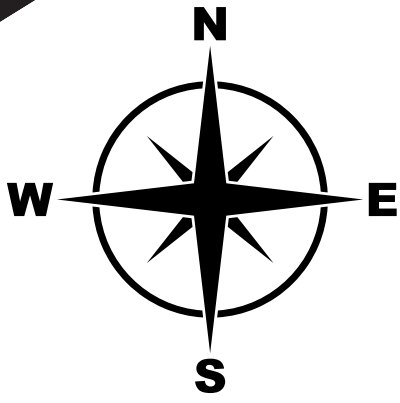


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The Nicholas Center

NAVIGATOR NEWS

Fun news and friendly facts about your community.

Written and designed by The Nicholas Center Navigators.

tncnewyork.org

Port Washington, NY

January 2023

Issue 302

T.N.C.
Chocolate Lab
Port Washington, NY
Est. 2023

TNC is proud to announce the launch of our new vocational skills program - TNC Chocolate Lab!

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Email news@nicholascenterusa.org if you would like your event posted, or you would like to put an ad into the newsletter!

For more information check out tncnewyork.org

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What's Happening in Port Washington

January 24th- Council Member Mariann Dalimonte, 12pm-2pm, Port Washington Public Library

January 26th- Lucky Chops, 7:30pm- 9:30pm, Jeannae Rimsky Theater

January 27th- Lunch With the League and State of the Town Address, 11:45am- 2pm, The Club House at Harbor Links

January 27th- Friends of the Brothers, 8pm- 10pm, Jeanne Rimsky Theater

Cultures From Around the World: French Culture

Some French foods are Boeuf Bourguignon which is tender beef melds with velvety wine sauce to the savory coq au vin, where chicken and red wine unite in a harmonious duet. Ratatouille, A sun-kissed melody, are tomatoes, zucchini, peppers, eggplant, onions and fresh herbs. French fashion consists of Jewellery, footwear, sewing, hides and skins, watchmaking leather goods and textiles. France culture boasts a legacy of haute couture, with Paris reigning as the unrivaled fashion capital of the globe, Demure flowy dresses, well cut suits, and stylish long coats waltz in harmony with scarves and berets.

The best places to visit: Bordeaux is the capital of wine and the ideal place to try wine-tasting. Located in the Aquitaine in the southwest the city is full of bars a vin. Paris: Eiffel tower in Paris is the most famous tourist place in France. Cathédrale Notre dame de Paris is a gothic cathedral located in Paris. French music is French opera that appeared in France during the mid-17th century, Georges Bizet composed Carmen. Classical French music is known as the romantic era, during the 19th century, famous French musicians like Ravel and Debussy were able to compose classical masterpieces.

Nick S.

Dinosaur of the Month: Carnotaurus

The Carnotaurus (Meat Eating Bull) is a medium sized theropod carnivorous dinosaur that lived between seventy one and sixty nine million years ago. Carnotaurus was estimated to be twenty five feet long, ten feet tall, and two thousand and nine hundred to four thousand and six hundred lbs. It had a slender body, short stubby arms, and horns that protrude from the sides of its head like a bull. Its body was specifically structured for speed as it is believed to run strides up to forty eight to fifty six kilometers (thirty to thirty five miles). It used its ten inch horns for combat, courtship, and identification amongst other Carnotaurs. It mainly lived in Patagonia and Argentina, hunting large sauropod dinosaurs and/or small theropods and herbivores.

When it hunted or fought other dinosaurs, it would use its horns like modern day cows and bulls, ramming into its foes and prey. When it hunted, it ambushed its prey with a sudden burst of speed and before its target could react. Just like modern day cheetahs, the Carnotaurus is known as one of the fastest theropod dinosaurs of its time. Even though it had a slender body build, it is highly believed to have a thick tail to help the Carnotaurus keep its balance for speed. As fast as it was, its bite force wasn't that great but twice as powerful as an American Alligator's. The skin of Carnotaurus was found to be scaly as most other dinosaurs were known to have feathers. As an active predator, it is believed the scales were to help it regulate its body temperature.

Natalya F.

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The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

Alper's Karmacue - May 20, 2018
Citizen of the Year - Apr 16, 2018
Golf & Tennis Outing - May 14, 2018
Thanksgiving Day Run - Nov 22, 2018
PW-Manh Bay Kayak Run - July 21, 2018

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Navigator News is a program of The Nicholas Center, a Port Washington based nonprofit supporting Autistic young adults to learn, live and work in their community. This paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness of the capabilities of people with disabilities. Enjoy this complimentary monthly publication of fun, feel-good news for a good cause!

For more information: tncnewyork.org

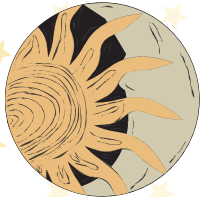
Martin Luther King Day

People celebrate Martin Luther King Junior Day every month of January. During Martin Luther King Junior Day people are off from school and work because of the holiday. Martin Luther King Junior was a civil rights leader. Martin Luther King Junior Day is on Monday January 15th. Martin Luther King Junior Day has been observed in 50 states since 2000. Martin Luther King came to a vote at the U.S. House of Representatives, where a bill was created to honor Martin Luther King. This bill created a federal holiday for the people to commemorate his honor. Martin Luther King Junior is a good man and a good leader. Martin Luther King Junior entered Morehouse College in Atlanta Georgia because he was a student and studied different speeches at college and outside of college. Martin Luther King Junior's famous speech was I have a dream. The best thing I like about Martin Luther King Day is that Martin Luther King was a good leader and honored in different states and countries.

Dan T.

Horoscope's For January

As the new year rolls in lets keep in mind that even when challenges may arise, the new year sure does bring hope, new beginnings and opportunities. There may be pivotal turning points in your life, careers and finances this year.



That's Funny!

What do they sing at a snowman's Birthday party?
Freeze a jolly good fellow!

What do you get when you cross a snowman with a vampire!
Frostbite

Why did Rudolph have to attend summer school?
Because he went down in history

Elves use what kind of money?
Jingle bills.

Nick S.

That's Twisted!

Betty Bought a bit of butter, but the butter betty bought was bitter, so Betty Bought a better butter, and it was better than the bitter butter

Trivia Questions

1. What is the sun mostly made out of? A. Water B. Hydrogen C. Helium
2. What is the name of the largest brass section instrument? A. Trumpet B. Saxophone C. Tuba
3. Which one of the following nutrients is not in milk? A. Protein B. Calcium C. Vitamin F

BCC

Pet of the Month!



Make an appointment and take me home today!

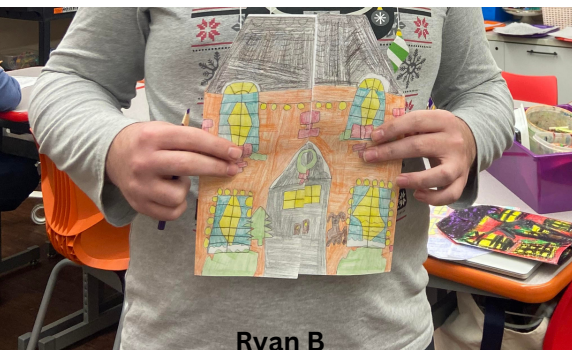
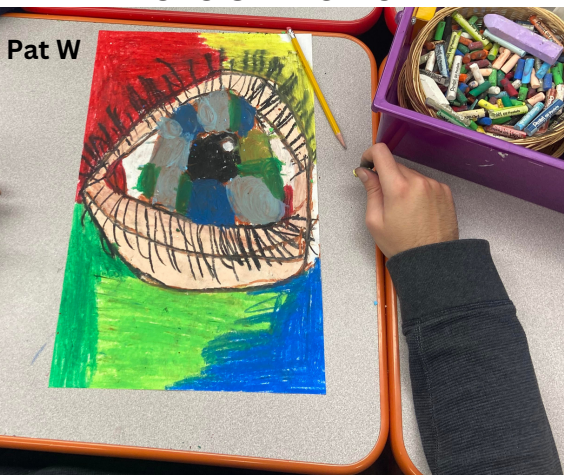
The Town of North Hempstead Animal Shelter

Sweet, 1 year old Knight came to us from an overcrowded shelter in Georgia through The Shelter Connection's rescue program. Knight can be shy at first but blossoms when he is around other dogs- he absolutely LOVES to socialize and play with his canine companions. Knight enjoys being pet and will thrive in a home with a little patience and a lot of love!

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Artist's Of The Month

Pat W



Ryan B

Bubba Brown's Treasures

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