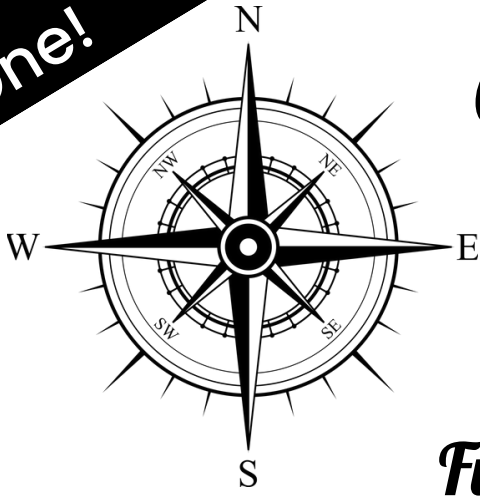


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Navigator News

Fun News & Local Events

A publication of The Nicholas Center

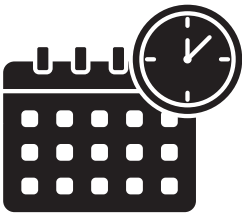
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Upcoming Community Events

- July 1st, 2022 from 8-9:30pm - Port Community Band at the Sousa Band Shell Summer Concert Series
- July 2nd, 9th, 16th, 23rd, + 30th from 8am-12pm - Port Washington Farmer's Market
- July 16th from 3:30-5pm - Medicine Fish at Port Washington Public Library Concert Series at Sousa Bandshell
- July 25th from 10am-2pm - Monday FunDay 2022 at North Hempstead Beach Park
- July 29th from 8-9:30pm - Country Line at the Sousa Band Shell Concert Series
- July 30th from 3:30-5pm - Waffle Mishap at Port Washington Public Library Concert Series at Sousa Bandshell



Would you like your event listed in the Navigator News?
Email us at News@NicholasCenterUSA.org and share the details!



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Artist Spotlight



Eamon M.

The Funnies

What does a nosey pepper do?
Answer: It gets jalapeño business

What kind of shorts do clouds wear?
Answer: Thunderpants

Why should you never trust stairs?
Answer: They're always up to something

How do you measure a snake?
Answer: In inches-they don't have feet!

Why are toilets always so good at poker?
Answer: They always get a flush

Have you heard the rumor going around about butter?
Answer: Never mind, I shouldn't spread it

How does NASA organize a party?
Answer: They planet

What concert only costs 45 cents?
Answer: 50 cent featuring Nickelback

What do dentists call their x-rays?
Answer: Tooth pics

Do you want to hear a construction joke?
Answer: Sorry, I'm still working on it

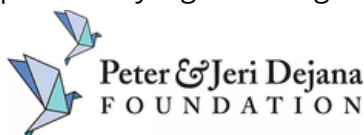
What did one ocean say to the other ocean?
Answer: Nothing, it just waved

By Michael C.

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Movie Reviews: Bohemian Rhapsody

By Brandon B.

I like different kinds of movies, and one genre I like is biopic movies. They tell true stories about famous events and the lives of famous people from the past and present. One of those biopics is called Bohemian Rhapsody, which is about the life of Freddie Mercury and his rock band Queen. I love this movie because it has some terrific songs by Queen, amazing storytelling, and fantastic acting!

Bohemian Rhapsody shows some major key points in the Queen's story, One of which is how the song with the same name was created, and how it became a major hit even though it was about 6 minutes long. There is also a scene portraying one of Queen's greatest concerts at Live Aid in 1985. The actor Rami Malek is marvelous as Freddie Mercury. He even looks like Freddie himself. The resemblance is uncanny.

This movie is definitely something that is worth watching. It will make you feel all sorts of emotions, both good and bad. Some moments are heartbreaking, some are funny, and others are just uplifting. Not only is Bohemian Rhapsody one of the greatest songs in the world, it's also one of the greatest biopics in history!



Op Ed: The Purrfect Companion



By Natalya F.

Cats are one of a kind. Some see them as cute and full of energy. Some see them as lazy and messy. But, some of us can see them as therapeutic. A buddy who can listen to all your stress and problems. A companion who you want to cuddle to make you feel better again. Sure, dogs can do the same but cats have something dogs don't. The ability to purr.

A cat's purr can work wonders. Cats don't just purr to express their happiness. They use their purr for so much more. The cat's purr releases endorphins in cats and also humans! A cat's purr can help lower your stress levels and blood pressure. A cat's purr can fall between 25 and 140 Hz (Hertz). These are the best frequencies for promoting bone strength, healing infections and swelling as well as healing tendons, muscles, and ligaments injuries. They even help prevent heart attacks!

It's like your cat is a living, walking first aid kit. When I had surgery on my knees, my cat would not leave my side. He would lay his head on my cast and purr away and it made me feel better and happier. Whenever I have a stressful day, my cat is always there to greet me. He is the best part of my day and I look forward to our snuggle.

Pet Of The Month - Shadow



Shadow is a 7y.o. old Jindo mix with an adventurous spirit! He loves to spend time outside, go for long walks on the trail, and playing with tennis balls. Shadow can be aloof at times, which is typical of the Jindo breed, but he enjoys the company of his human companions. He can't resist a good scratching session! Shadow gets along well with dogs of his own size, but would do best in a home without small sized dogs, cats, or other small pets.

If you are interested in learning more about Shadow, please call the shelter at 516-869-6311 or email animalshelter@northhempsteadny.gov to request an adoption application.

It Takes A Village

Thanks To Our Community Partners

Interested in getting involved?

Email Us:

Community@NicholasCenterUSA.org



The History of Independence Day

By Max C.



On July 4th, 1776, the Declaration of Independence was formally adopted by the Continental Congress. It had been written mostly by Thomas Jefferson. Despite the fact that the vote for real independence occurred on July 2nd, from that point on July 4th became the day that the birth of American independence had been celebrated. The earliest fireworks had been used in 200 BC. On July 4th, 1777, setting off fireworks on the 4th of July became a tradition in Philadelphia during the first official celebration of Independence Day

Throughout the years, the political significance of the holiday would decrease, but Independence Day remained a significant holiday and a patriotic symbol.

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