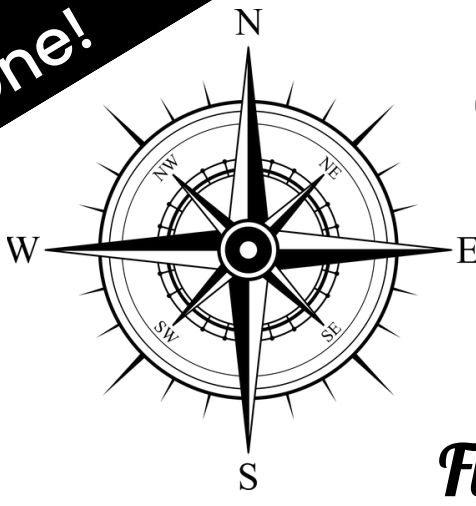


Free!  
Take One!



# Navigator News

## Fun News & Local Events

A publication of The Nicholas Center

**October, 2022**

**Port Washington, NY**

**Issue: 247**

### Upcoming Community Events

**October 7th- 12:00 pm- 5:00 pm**  
**Reiki Fridays**  
*Salt Cave, 403 Main Street #3, Port Washington, NY*

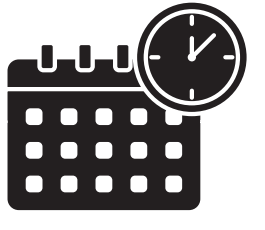
**October 8th- 8 am- 12:00 pm**  
**Port Washington Farmers Market**  
*347 Main Street, Port Washington, NY*

**October 8th- 9:00 am- 12:00 pm**  
**Free Shredding Event**  
*Valley Bank, 960 Port Washington Blvd, Port Washington, NY*

**October 8th- 10:00 am- 4:00 pm**  
**Fall Colonial Fair**  
*366 Port Washington Blvd, Port Washington, NY*

**October 9th- 2:00 pm- 5:00 pm**  
**Hispanic Heritage Celebration**  
*Blumenfield Family Park, Port Washington, NY*

**Would you like your event listed in the Navigator News?**  
Email us at  
**News@NicholasCenterUSA.org**  
and share the details!



**October 12th- 2:00 pm- 3:00 pm**  
**1960's Folk Pop & Rock with Stuart Markus**  
*Jeanne Rimsky Theater, Port Washington, NY*

**October 14- 7:00 pm- 11:00 pm**  
**Art Lovers Fling**  
*The Village Club of Sands Point, Sands Point, NY*

### YOUR AD SHOULD BE HERE!

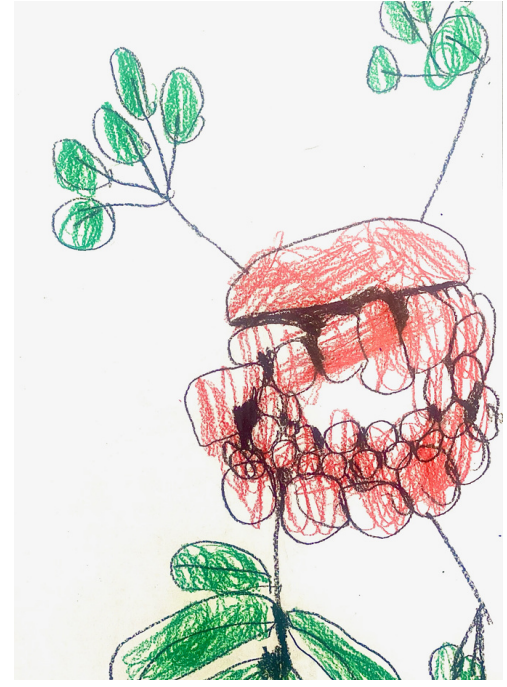
Low Rates

High Visibility

Good Cause

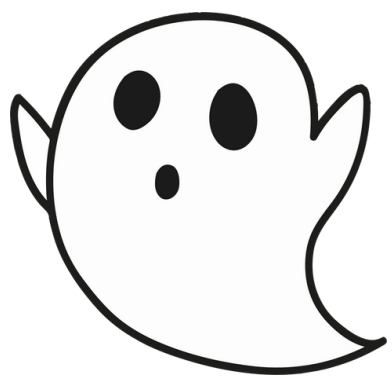
News@NicholasCenterUSA.org

### Artist Spotlight



Josh M.

### The Funnies



**Why did the headless horseman get a job?**  
**Answer:** He was trying to get ahead in life.

**Where do ghosts go on holidays?**  
**Answer:** The Boohamas!

**Why was the jack o'lantern afraid to cross the road?**  
**Answer:** He had no guts.

**Why are ghosts so bad at lying?**  
**Answer:** Because you can see right through them!

**Whats a vampires favorite fruit?**  
**Answer:** Neck- tarines

By Brandon B.

**The Nicholas Center**  
Innovate, Inspire & Include

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# Words Of Wisdom

By Brandon B.

**"Music can change the world because it can change people." - Bono**

Everybody is always coming up with new ideas, new sounds, and new styles when it comes to music. It finds a way to inspire people to create something that can make a difference in the world in one way or another. It can also speak a message that resonates with everyone. Bono once said, "Music can change the world because it can change people."



**"All the world is made of faith, and trust, and pixie dust." - Peter Pan**

To me, this quote means that you gotta be brave, you gotta be strong, and you need to grow within yourself and take all of your hard work and do anything that you want to do. You gotta believe in yourself and think happy thoughts and it will lead you to greatness. You gotta respect and be nice to everyone and not be mean because sharing is caring and we shouldn't hurt other people's feelings. We should support others by being there to watch them flourish.



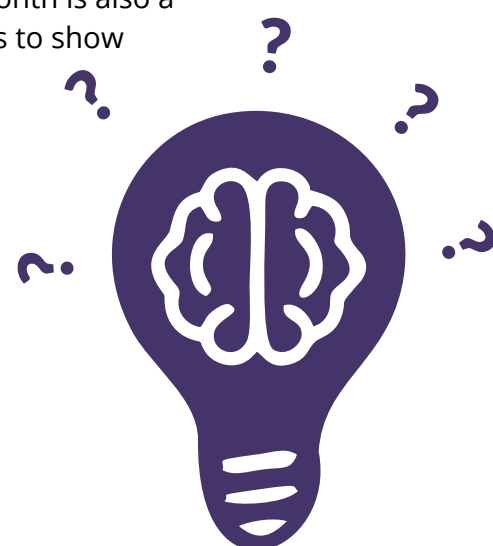
By Jason C.



## Did You Know... October is National Disability Employment Awareness Month

By Tomas K.

National Disability Employment Awareness Month is a special celebration in October that involves workers who contribute their work to society even though they have a disabilities. This campaign educates the values of a diverse workplace, as well as educates work forces to be more inclusive of everyone's skills, talents, and abilities in different job sectors. National Disability Employment Awareness Month is also a campaign that the U.S Department of Labor's Office of Disability Employment Policy enacts to show awareness, Inclusion and support!



## It Takes A Village

Thanks To Our Community Partners

Interested in getting involved?

Email Us:

[Community@NicholasCenterUSA.org](mailto:Community@NicholasCenterUSA.org)

[Community@NicholasCenterUSA.org](mailto:Community@NicholasCenterUSA.org)



## Friendship

By Brandon B.

Friendship is always something important to have in life because that way there are people outside of your family that care about you. It can have a huge positive impact on your mental health and happiness. Establishing a strong relationship with your friends requires trust, equality, compassion, honesty, and independence. As long as there is mutual respect on both sides, this kind of bond can go a long way.

I have made some really great friends throughout my life. One of my best and closest friends to this day is named Alyssa. We met when I was starting Middle School and she was starting High School since they are part of the same building. We've been best friends for 11 years, and we have made some wonderful memories together. When it comes to making friends, there are many qualities and traits of what a good friend should be like. This person would have to be trustworthy, loyal, a good listener, supportive through the good and bad times, honest, non-judgmental, and fun to be around. Also, friends should show interest in each other's thoughts and feelings because it shows how much they care for each other. It's never too late to develop a social connection with your peers. Friendship can last a lifetime if you find the right people you can connect with.

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