



The Official Newsletter for
Southwest Bowhunters, Inc.

23th Edition

February, 2022

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The Broken Arrow

President's Message

Hello Members and Friends of
Southwest Bowhunters Inc.,

*"Archery is a simple game, it's the mind
that complicates it."*



President Keith Parsels

Thank you all for the tremendous amount of help with our Walk The Trails work party Jan 15th. I would like to thank Debbie Elliott, for all the time she spent helping to get the members fired up to assist. Bribing them with a Chili dinner didn't hurt either. Thanks to all who helped Saturday at the work party. Also, we had 18 Brownies and Girl Scouts at the range for instruction the same day as the work party - talk about scheduling – but we were able to pull together four USA Archery certified instructors to work with the girls.

February 19th and 20th is our Walk The Trails shoot for 2022. It is coming fast mark your calendars.

For those that haven't been making it to the club for meetings, some of you may not be aware we upgraded our Bylaws. When the edits were completed and reviewed, the board presented them to the membership for discussion and then after a month of review, the members voted to approve the new Bylaws at the next club meeting. The changes included a new section VII article that adds a JOAD and Adult instruction class that is affiliated with USA Archery. Classes held on Saturday mornings for beginners and those that want to have fun learning the procedures of target archery are offered beginning at 10-week intervals.

To the members that help put out and pick up the targets after the Sunday shoots every week, I thank you.

To those of you that voted me in for president last year, I won't hold it against you.

Keith C. Parsels



January Meeting Minutes

OFFICERS -

President:

Keith Parsels

Vice President:

Butch Lacey

Secretary/Webmaster:

Debbie Elliott

Treasurer:

Jessica Arnold

Range Master:

Ebb Dierdorff

MEMBERS AT LARGE:

Garth Holman

Zach Slette

Kelvin Drapeau

Bryan Hendon

Contact Us:

Southwest Bowhunters

Street Address

Adair Park Road, Yuma, AZ

Mailing Address:

P.O. Box 26084, Yuma, AZ
85367

Phone:

(928) 750-6279

Email:

Info@southwestbowhunters.net

Website:

<http://southwestbowhunters.net>

We can also be found on
Facebook, and Instagram

Type of Meeting: General Membership

Meeting Facilitator: Keith Parsels

Call to order: The meeting was called to order at 9:02 a.m.

Members Present: Aileen Toler, Keith Parsels, Scotty Covey, Bryan Green, Zach Slette, Madison Murdoch, John Gawler, Desiree Redger, Tiana Redger, Debbie Elliott.

- I. **Approval of minutes from last meeting:** The minutes from the December meeting were reviewed and approved.
- II. **Treasurer's report:** Jessica Arnold, our new Treasurer, was not present, as she is due to have a baby any day now. Keith reported that we have approx. \$9,000 in the SWBH account, and the SWBH Youth has \$700.
- III. **Old Business:**
 - a) **Security Cams:** Tim Reese is donating two security cameras to the club.
 - b) **January 15th Work Party:** Debbie Elliott reminded everyone about the Saturday Work Party and asked that volunteers sign up so she will know how much chili to make for lunch for those who work.
 - c) **Girl Scouts (30) Archery Workshop January 15th:** Keith explained that the club will host up to 30 Girl Scouts and Brownies on Saturday, January 15th. Keith, Debbie, Edward and Sykes, all USA Archery instructors, will be introducing the girls to archery so they can earn their Archery Patches.
 - d) **Walk The Trail Shoot**
 - i) **WTT Saturday night dinner:** Debbie asked the club members for their opinion on whether or not we should have a potluck in conjunction with the Walk The Trail Shoot, taking into account the current Covid-19 situation. After a brief discussion, the members agreed that we should have the potluck with the dinner. Gump will be donating and cooking a deep-pit BBQ main course.
- IV. **New business:**
 - a) **Keys for range:** Keith is trying to find two range keys that were checked out and then back in last year, however, these keys are missing from the inventory. If you have, or know of someone who has range keys, contact Keith.

- b) **Concession Stand -- food/drink disappearances:** It seems that food and drinks that are left over after shoots are disappearing from the concession stand in the days that follow. Please use the “honor system” and pay the going rate for the food and drink that you use **and** let one of the officers know that you are going to use it in advance.
- c) **100-yard range:** Keith reported that the 100-yard range is ready to use. There are markers for both yards and meters to accommodate both recurve and compound shooters
- d) **Table for 100-yard range:** The old table that was moved from the 100-yard range during the County’s work last summer is being moved back. Keith would like the club to purchase another table for the compound side of the range. Motion was made by Debbie to allocate funds to buy a new table. Zach seconded the motion. Motion passed.

V. **Items from the floor:**

- a) **Propane for the kitchen:** Keith noted that the large propane container that supplies the kitchen and the small propane bottle for the BBQ are empty. He proposed that the club pay to have a propane company come out and fill the large container, as it is too large to transport to be filled. A motion was made by Kelvin for the club to pay for a fuel company to come out to the range and fill both the propane containers. Gump seconded the motion. Motion passed.
- b) **Shirts and Hats:** Debbie asked the club members if they want to order more shirts for the upcoming WWT shoot. Club members asked her to investigate prices, colors and styles of shirts from Salty Dog. Discussion was held about the possibility of new artwork for the shirts, and Keith said he would work on some ideas for artwork. Zach also asked the club if they would like more hats. He would like to investigate ordering hats from the embroidery company on 24th next to Taco Salsa.
- c) **Bags for targets:** New covers for the bag targets were ordered from Lancaster Archery and should be arriving here shortly.
- d) **Bow raffle:** Discussion was held about the possibility of the club purchasing a bow package and raffling it off as a fundraiser. Several packages were considered, but the club decided on the PSE Bruit. Tickets would be sold for \$20 each with a limit on the number of tickets TBD at a later date. Zach volunteered to research the cost of the bow package and report back to the club next month. Keith moved to authorize the club to pay to buy a bow for a raffle; Zach seconded the motion. Motion passed.

- VI. **Adjournment:** Motion to adjourn the meeting was made by Debbie; seconded by Kelvin. Motion passed. The meeting was adjourned at 9:47am.

Debbie's Dissertation

Random thoughts and happenings

Well, here we are again. It's always a comforting thought that we get to start over at the beginning of the year with a fresh start and another chance to get it right this time around. With the beginning of a new year, we all have plenty of hope that we will succeed with our resolutions for 2022.

We have many projects in the pipeline for this year, and they will all need lots of volunteer help. If you want to participate in any of the projects, simply contact any club officer or board member and he/she can get you connected with the right people to get you involved.

Our first big shoot of the year, Walk The Trail, is coming up on February 19 - 20. This is our biggest fundraiser of the year, and it will take all of us to pull it off! We will need people to help with setting up and taking down the course, taking registrations, working for an hour or two in the concession stand, scoring on Sunday, presentation of awards, and the raffle. I am optimistic that we will have another very successful shoot with a lot of volunteers and participants.

In the meantime, I wish you all a very happy, healthy, and prosperous 2022!

Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



Upcoming Events -

- **Sunday Fun Shoots (ongoing)**
Every Sunday 8 to Noon. Members \$5, Non-Members \$8.
- **Blythe Bowmen Night Shoot**
Saturday, February 5th. Registration from 4:00pm – 5:00pm (Pacific Standard Time); tournament begins at dusk (sunset is 5:15pm). For information or directions to their range, call Duane (760) 574-5136.
- **Walk The Trails Shoot**
Saturday and Sunday, February 19th & 20th. Three trails, 60 3D targets.
- **Blythe Bowmen Invitational**
Saturday and Sunday, February 19th & 20th
- **Archery Lessons**
Ten-week class \$90.00. Classes are held on Saturday mornings starting January 8th. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour.



Saturday, January 15 – Work Party and Girl Scouts

Saturday was a very busy day at the range. A HUGE shout-out to the following club members who volunteered their time to get the course in tip-top shape in preparation for the Walk The Trail shoot on February 19 – 20: Vince DiCataldo, John Lloyd, Austin Kessler, Desiree and Tiana Redger, Kelvin Drapeu, Rae Erickson, and Duane, Susie and Trenton Forrest (who drove all the way from Blythe to help out!). Without volunteers like these, we wouldn't be able to have the successful events that we host!



Volunteers Tiana and Dustin on the range during Saturday's Work Party.

On that same day, we also hosted an archery workshop for 18 Brownies and Girl Scouts. The girls were instructed in the safe handling of bows and arrows,



Girl Scouts and Brownies on the shooting line at Saturday's archery workshop.

whistle commands, how to stand at the line and draw, release and retrieve their arrows, all under the tutelage of USA Archery instructors Keith Parsels, Ed Bernard, Debbie Elliott, and Sykes. By the end of the shoot, *almost every girl* was hitting the targets, but they and their parents all had a blast! A few of the girls are even considering starting formal lessons in the near future. Thanks again to all the instructors for giving up their Saturday to enrich the lives of these girls!!



From the Hunter's Kitchen

Apple Gorgonzola Elk Eye of Round

Reprinted from November/December 2021 rmeff.org/carnivoreskitchen

“Dress for success” is a phrase you can apply to more than just your clothes closet. It's right at home in the kitchen when you dress up a piece of meat oft overlooked because of a few perceived flaws.

Elk eye of round is just such a cut. It has a reputation for being extremely lean—maybe *too* lean—and not as tender as a tenderloin. But with the right attire, elk eye of round is an exceptional cut of meat that can seize the culinary limelight.

Shaped similarly to the tenderloin, the eye of round is found between the top and bottom round roasts located on both hindquarters of the elk. The most common way to dress it for table fare is to sear or cube and chicken-fry. That's *so* yesterday.

This sweet and savory recipe for elk eye of round is bursting with a blend of flavors from chopped green apples, crumbled gorgonzola, panko breadcrumbs and fresh herbs. Because elk is so lean, I infuse extra fat from a combination of olive oil



and a few slices of bacon. This keeps the round moist and tender. Success in every slice! ~Christy Crabtree

Prep Time: 20 min **Cook Time:** 45 min **Serves:** 4 – 6

Ingredients

- 1 ½ - 2 lb. elk eye-of-round
- 1 cup Granny Smith Apple, finely chopped
- ¾ cup panko breadcrumbs
- ½ cup olive oil
- 1 tsp flat-leaf parsley, finely chopped
- 1 tsp fresh thyme
- Kosher salt
- Freshly ground black pepper
- 5 - 6 thick-cut bacon slices
- 5 - 6 12-inch lengths of butcher's twine

Preparation

Preheat oven to 400 degrees and set a 12-inch cast iron skillet in the oven to preheat.

Place the eye of round lengthwise on a cutting board. Holding your knife horizontal to the cutting, make a cut along the middle side, being sure not to cut all the way through, aka butterflying. Open the meat like a book. Use the flat side of a meat mallet and flatten to ensure an overall thickness of roughly ½ inch.



In a bowl, combine the chopped apple, panko breadcrumbs, gorgonzola, parsley, thyme, and olive oil. Mix well. Generously season the meat with kosher salt and freshly ground black pepper. Spread the stuffing evenly over one half of the cut side. Take the other half of the meat and cover the stuffing—like closing a book. Wrap the meat with bacon slices and tie to secure closed with butcher's twine.



Carefully remove the preheated cast iron skillet from the oven. Set the stuffed eye-of-round in the skillet, slide back in the oven, and bake for 30 – 35 minutes (when the eye of round reads 130 degrees on a digital meat thermometer, it's perfect).



Remove from oven and set aside to rest for 10 minutes. Resting time will bring the meat to a solid medium rare, with juices evenly distributed throughout the cut.

Slice and serve with your favorite side dishes.



B.C.



Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our tournaments. For more information on how you can help, call Keith at (928) 750-7620.

Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!

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