



The Official Newsletter for  
Southwest Bowhunters, Inc.

40<sup>th</sup> Edition

February, 2024

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# The Broken Arrow

## President's Message

Greetings fellow archers,

I hope everyone had a good start to the New Year. January has wrapped up and I feel it was a good one for SWBH. I've noticed we have had good turnouts each Sunday and everyone seems to be having a good time flinging arrows. It's been good see some new faces and our winter visitors back down, as well as our regulars out on the range.



President Fritz Hoff

February is here and I know we are all excited for the upcoming Walk The Trail shoot. I would like to first thank all the volunteers who have put in the time and labor to help get the range and courses ready, and those who are going to be helping out during the shoot. I hope this year's Walk The Trail is even better than last year's.

As a quick reminder, Feb. 6 is the deadline for Elk and Pronghorn draw, good luck to all those who put in. The AZ 3D Championship series will be kicking off soon and our leg will be here before we know it. This should be fun and exciting for the next few months. I look forward to seeing everyone at the range.

Fritz Hoff



## Scotty's Scribbles

Welcome to the 3D season!

As we all wind down from our archery hunting, we begin transitioning into our 3D shooting season. Our first of many shoots, Walk The Trail, will be held on President's Day Weekend, February 17<sup>th</sup> & 18<sup>th</sup>. I hope to see you all there! Remember, we are still in need of some raffle prizes for

## OFFICERS -

**President:**

Fritz Hoff

**Vice President:**

Scott Covey

**Secretary/Webmaster:**

Debbie Elliott

**Treasurer:**

Kelvin Drapeau

**Range Master:**

Butch Lacey

## MEMBERS AT LARGE:

Zach Slette

Bryan Herndon

David Wetherholt

Austin Magdaleno

Brent Redger

**JOAD Director**

Keith Parsels

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<http://southwestbowhunters.net>

We can also be found on  
Facebook, and Instagram

that event. In addition to the general raffle, there will also be a 50/50 raffle, and target auctions to finish off the event.

To go along with our WTT Shoot, our target captain, Butch Lacey, is very excited about the River Trails. With all the rain and new growth, he is looking to make the courses a little tougher, while at the same time, making it more fun as well – if those two actually can fit together!

March takes us into the Blythe Bowmen Invitational Shoot, scheduled for March 2<sup>nd</sup> & 3<sup>rd</sup> at the Blythe Bowmen Range. Let's show the same support for them as they show for us by visiting and supporting our shoots every year.

In March, we will also be hosting the 2<sup>nd</sup> Annual Kids' Fun Day put on by the Yuma Valley Rod and Gun Club at our range with archery booths, BB gun booths, 'glassing' booths to learn how to spot various 3D animals, as well as visits by local law enforcement agencies. This event will be held March 23<sup>rd</sup> at 8:00am. Volunteers are appreciated!

Until next time, you all shoot straight and often. I'll see you on the range.

Scotty Covey, Vice President



## Meeting Minutes

**Date:** Feb. 4, 2024

**Time:** 9:00 a.m.

**Type of Meeting:** General

**Meeting Facilitator:** Fritz Hoff

**Attendees:** Frank Bergwall, Mike Bernard, Ed Bernard, Ann Bluhm, Scott Covey, Ebb Dierdorff, Kelvin Drapeau, Tanja Eiben, Bryon Green, Bryan Herndon, Fritz Hoff, Butch Lacey, Ryan Lohr, Austin Magdaleno, Keith Parsels, Brent Redger, Desi Redger, Zach Slette, Becky Turner, David Wetherholt, Jen Wight, Kal Wilson.

**Call to order:** The meeting was called to order at 9:02 a.m.

**Approval of minutes from last meeting:** Fritz moved that the minutes from the January meeting be approved; Scott seconded the motion. Motion Passed.

**Treasurer's Report:** Main account has \$8,363.42; Youth account has \$1,005.00. Outstanding bills: \$50 for membership refund; \$557.32 for purchase of bow for WTT Raffle. Total: \$7,955.10.

### I. *Open issues/Old Business:*

- a) YVRGC will be holding their annual Kids' Outdoor Experience at our range on March 23<sup>rd</sup>. Volunteers will be needed to help set up,

mentor, and clean up afterwards. YVRGC will be supplying lunch to all volunteers and participants.

- b)* Membership renewals – Debbie reminded everyone that there are several members who have not yet paid their membership dues. Those who haven't paid by the end of February will be purged from the rolls and will no longer receive correspondence.
- c)* Family Memberships – There is a discrepancy in the price of the Family memberships, and some members have been taking advantage of it. Individual adult dues are \$25; Family memberships is \$40 which includes up to four (4) youth in the immediate family. The Family membership *should* be \$50 to discourage two unrelated adults from taking advantage of the lower cost by calling themselves a “family”. Board members voted unanimously to institute the change in family dues. This change will not go into effect until the 2025 season.
- d)* Prizes for the AZ3DCS – The question posed: Are we going to try to have a large raffle like the one for WTT? Debbie is working with Bow-N-Arrow shop to acquire a bow package for a raffle either before the AZ3DCS or for the shoot itself. She will report at the next meeting.
- e)* Donations/Fundraising: Sprague's has donated \$500 to the club to use as we see fit. YVRGC will vote on donating \$500 to the club at their next meeting. Members were urged to continue working on prizes and donations for WTT and the 3D Championship.

## **II. *New Business:***

- a)* High Noon on the Gila – The Executive Board met last week and set the registration fees for the HNG: Competitive Fees – Adults, \$35; Youth, \$25; Families (2 adults & 2 youth in immediate family), \$70; Cub/PeeWees, Free. These fees include the use of the Fun Courses. Non-competitive (Fun Course only) – Adults, \$20; Youth, \$10; Families, \$40; Cub/PeeWees, Free.
- b)* WTT 2025 Date: Background – When the 3D committee first started to explore the possibility of hosting a leg of the 3D Championship Series, we noticed that our WTT shoot is the same weekend as the Cactus Classic. We volunteered to host on MLK weekend in January, but met with opposition from UMA's director Mike Lee, as they “have always been the first in the Series, and have always held it on President's Weekend, and have no intention to change.” We settled on the 2<sup>nd</sup> weekend in April for our AZ3DCS leg, noting that we were still going to hold WTT on Presidents' Weekend as in the past. The other two clubs seemed to be in agreement at the time. Last week, Debbie received a curt text from Mike Lee noting that our WTT shoot was in direct conflict with the Cactus Classic. Debbie reassured him that those who were

going to shoot for the buckle would go to the Cactus Classic, and those who weren't, would attend WTT. Debbie suggested that we consider moving WTT to MLK Jr.'s birthday weekend in January. Discussion ensued. David spoke to the fact that WTT has been the same date for years, and participants expect it to be held over Presidents' Day Weekend. This is going to be a "trial" year for the 3D series for us to see if it will even be a viable event and should figure into our decision. We shouldn't let the other club(s) bully us to change the date of our WTT shoot. Bryon Green moved that we keep the date for WTT on Presidents' Weekend; Mike Bernard seconded the motion. Motion Passed.

- c) Parking for High Noon: Scotty reported that he is working with Kris to determine when the top dirt will be delivered for the parking area across the street from the range, and that once the dirt has been delivered, Tito will build a berm to discourage people from doing doughnuts with their side-by-sides in the dirt. Scott has a guy who will make gates for us free of charge. Once all the dirt work is finished, we will install them.

### III. *Items from the floor:*

- a) Sunday Shoot Fees: Kelvin stated that there are several members and guests who haven't been paying for the Sunday Fun Shoots. These fees are necessary to help maintain and replace targets as they wear out. He asked that shooters pay their range fees BEFORE going to the canyon to shoot.
- b) Butch mentioned that the weeds are beginning to grow since the winter rains. He asked that the club purchase some weed killer. Keith stated that we already have some; we need someone to take the initiative to use it.
- c) Bryon Green reminded the club that the YVRGC monthly meeting will be Wednesday, February 7<sup>th</sup> – Dinner at 6:30pm, Meeting at 7:00pm.
- d) Tanja would like to explore the possibility of starting an archery league one night per week. Debbie suggested that she talk to Blythe Bowhunters to see how they run their leagues.

IV. *Adjournment:* Fritz asked if there were any further items from the floor and called for a motion to adjourn the meeting. Motion was made by Gump; seconded by Kelvin. Motion Passed. The meeting was adjourned at 10:42am.

**\*\* Next meeting will be March 10<sup>th</sup>, 2024 at 9:00am\*\***

Respectfully Submitted,

Debbie Elliott, Secretary

# Debbie's Dissertation

## Random thoughts and happenings

Greetings fellow archers!

It's that time of the year again – Walk The Trail is just around the corner and preparations are ramping up to make this the best WTT Shoot ever. Last month was the first of several work parties. Members volunteered their time and muscle to cleaning up the range and trails, and those who did were treated to lunch served up by our very own master chef, Bryan (Gump) Herndon. With all the rain we had last winter, mounds of brush had to be trimmed and moved out of the riverbed. The trails are almost ready for targets. Remember the dates: February 17<sup>th</sup> & 18<sup>th</sup>.

March 2<sup>nd</sup> & 3<sup>rd</sup> is the Blythe Bowmen Invitational 3D Shoot. I've shot this before, and let me assure you, it's a BLAST! I encourage as many of you as possible to support their shoot as they *always* come down to support us for our shoots.

As mentioned in Scotty's Scribbles, the 2<sup>nd</sup> Annual Kids Outdoor Expo, sponsored by Yuma Valley Rod & Gun Club, will be held at our range on Saturday, March 23<sup>rd</sup> starting at 8:00 a.m. This is a really popular event and manages to get kids off their phones and tablets and outdoors for a while to learn various skills like archery, shooting BB guns, and glassing for animals. It's really cool when the kids find their first 3D animal 'hiding' in the hills or hit their first bullseye shooting a gun or a bow. We're looking for a few volunteers, so if you can spare the time on a Saturday morning, come on out to the range. YVRGC will be feeding all the participants and volunteers and holding a raffle for the kids.

Now for the biggie... High Noon on the Gila. This is the 3<sup>rd</sup> and Final Leg of the Arizona 3D Championship Series. If it sounds like a big deal, that's because it is! The winners of High Noon on the Gila will win great prizes, and the winner of the AZ 3D Championship Series will win a beautiful *huge* belt buckle. There will be no less than six courses (two fun courses and four competitive courses), vendors, food, and raffles. High Noon will be held on April 13<sup>th</sup> & 14<sup>th</sup>. Online registration will be available, and you don't have to be shooting for The Buckle to shoot in this event. Again, we will be relying heavily upon our members to volunteer for set up, to run, and to tear down after the event. If you wish to volunteer, contact me or any of the officers.

So, until next month, stay safe and shoot straight,

Debbie Elliott, Secretary



## Upcoming Events –

### Walk The Trail

Presidents' Day weekend Feb. 17<sup>th</sup> & 18<sup>th</sup>. Sixty (60) 3D targets on three (3) trails. Awards for 1st, 2nd, and 3rd place in each class. Dry camping is available onsite, and motels are just 15 minutes from the range. Saturday night is our BBQ and pot-luck dinner, and awards are presented on Sunday afternoon. GREAT RAFFLE PRIZES, TOO! [REGISTER ONLINE](#) or in person on Saturday.

### Blythe Bowmen Annual Invitational

March 2<sup>nd</sup> & 3<sup>rd</sup>. Minimum 30 targets double staked plus hunt trail. Novelty shoots for youth and adults. Lighted practice range. Awards to 3<sup>rd</sup> place in each class. Register at the range at 8:00 am, or pre-register by February 26<sup>th</sup> and save \$5. Email: [blythebowmen@yahoo.com](mailto:blythebowmen@yahoo.com) for more information.

### High Noon on the Gila

April 13<sup>th</sup> & 14<sup>th</sup>. This will be the 3<sup>rd</sup> leg of the Arizona 3D Championship Series.

### Sunday Fun Shoots (ongoing)

Every Sunday 8:00am to Noon. Members \$5, Non-Members \$8. If you'd like to pay for one or several weeks in advance online: <https://form.jotform.com/232566947773169>

### Archery Lessons

Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour. Call Keith at (928) 750-7620 for more information or to set up an appointment.



## *From the Hunter's Kitchen:*

# *Quick Venison Stir Fry*

Make this quick & healthy venison stir fry when you're running short on time, and you want something packed with lean protein and veggies.



AUTHOR: MISS AK

★★★★★

4.7 from 3 reviews

## Ingredients

- 4 Tbsp. avocado or olive oil, divided
- 1/4 cup + 3 Tbsp. soy sauce (or coconut aminos for soy free), divided
- 1 lime, juiced
- 1 lb. thinly sliced venison steak (I used leg meat)
- 2 bell peppers, julienned (I used a red and orange)
- 3 carrots, peeled, halved and julienned
- 1 yellow onion, sliced
- 3 garlic cloves, minced
- 1/2 head broccoli, chopped
- optional – 8 oz. water chestnuts, drained
- 2 Tbsp. rice or white wine vinegar
- 1 Tbsp. honey
- Rice, green onion, sesame seeds and extra lime wedges for serving

## Instructions

1. Before cooking, marinate your meat for at least 4 hours or up to overnight. To marinate, in a bowl with a lid or zip top bag, combine 3 tablespoons of the oil, 1/4 cup of the soy sauce/coconut aminos, the lime juice and the venison. Make sure all of the meat is coated and set it in the fridge until you're ready to cook.
2. When you're ready to cook, heat the remaining oil in a large saucepan or wok over medium high heat. When the pan is hot,

add the bell peppers, carrots and onion and saute for about 5 minutes, or until they start to soften.

3. Then, add the marinated venison, garlic, broccoli, water chestnuts if using, remaining soy sauce, vinegar, and honey. Saute for about 5-8 minutes, until the venison is browned on the outside and the broccoli is softened a bit. Don't overcook it, you want the venison tender. Remove from the heat when done.
4. When you're ready to serve, spoon the mixture over rice and top with sesame seeds, lime and green onion. Enjoy!



## THE FAR SIDE



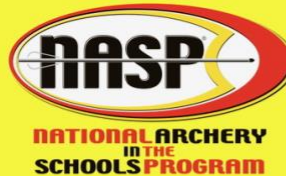
Releasing the shaft, Red Bear falls victim to the old fake-bow-and-arrow trick.



## Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our fun shoots and tournaments. For more information on how you can help, call Fritz at (928) 345-8042.



### 11 STEPS TO ARCHERY SUCCESS

- 1 Stance
- 2 Nock
- 3 Draw Hand Set
- 4 Bow Hand Set
- 5 Pre-Draw
- 6 Draw
- 7 Anchor
- 8 Aim
- 9 Shot Set-Up
- 10 Release
- 11 Follow Through & Reflect

*Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!*

**AND...**



# We Value and Support Our Sponsors:

