

# Quotes I Like

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"The world is all gates, all opportunities, strings of tension waiting to be struck." Ralph Waldo Emerson

"Foolish, selfish people are always thinking of themselves and the result is always negative. Wise persons think of others, helping them as much as they can, and the result is happiness. Love and compassion are beneficial both for you and others. Through your kindness to others, your mind and heart will open to peace." Dalai Lama

"This grand show is eternal. It is always sunrise somewhere; the dew is never all dried at once; a shower is forever falling; vapor ever rising. Eternal sunrise, eternal sunset, eternal dawn and gloaming, on seas and continents and islands, each in its turn, as the round earth rolls. " - John Muir

"Life is much too short to spend on worrying about someone else's accomplishments or expecting someone else to be responsible for making your life better. If you have dreams, then you have a purpose. You have something to believe in and work toward obtaining. Promise yourself a life filled with love, and then whatever roads you travel will be the roads you want them to be." - Author unknown

"Rest is not idleness, and to lie sometimes on the grass under the trees on a summer's day, listening to the murmur of water, or watching the clouds float across the sky, is by no means a waste of time" - John Lubbock

"Sometimes we have been holding onto anger or bitterness related to a particular person or event. Something to think about is: What would I have to give up in order to free myself from this bitterness? We might think, "Well, yes, but what he or she did was absolutely unforgivable." Consider the possibility that maybe nothing is unforgivable.  
-Allan Lokos

"I feel that compassionate thought is the most precious thing there is. It is something that only we human beings can develop. And if we have a good heart, a warm heart, warm feelings, we will be happy and satisfied ourselves, and our friends will experience a friendly and peaceful ...atmosphere as well. This can be experienced community to community, country to country, continent to continent." Dalai Lama

"To be kind, honest and have positive thoughts: to forgive those who harm us and treat everyone as a friend; to help those who are suffering and never to consider ourselves superior to anyone else: even if this advice seems rather simplistic, make the effort of seeing whether by following it you can find greater happiness." Dalai Lama

"Complexity and contradiction confound us, but false certainty should worry us even more." Phillip Ryan

"My true religion, my simple faith is in love and compassion. There is no need for complicated philosophy, doctrine, or dogma. Our own heart, our own mind, is the temple. The doctrine is compassion. Love for others and respect for their rights and dignity, no matter who or what they are - these are ultimately all we need." Dalai Lama

"Nature teaches us simplicity and contentment, because in its presence we realize we need very little to be happy." Mark Coleman

Ash Wednesday

"Because I know that time is only time  
And place is always and only place  
And what is actual is actual only for one time  
And only for one place  
I rejoice that things are as they are" - by T.S.Eliot

"Live from inner purpose instead of outer pressure." Donald Curtis

Fear less, hope more; Whine less, breathe more; Talk less, say more; Hate less, love more; And all good things are yours "Swedish Proverb"

"...when we ignore the question of the impact our actions have on others' well-being, inevitably we end up hurting them." Dalai Lama

"Most of us have such a strong tendency to judge and criticize that we can't easily break the habit. However, it's the most important issue to work on immediately. We'll never be able to really love ourselves until we go beyond the need to make life wrong." Louise L. Hay

"Most of us breathe just enough to stay alive, but not enough to really feel our aliveness." - Barbara Carrellas

"If your head and heart can learn to cooperate—that is, if your head can give priority to finding the causes for true happiness, and your heart can learn to embrace those causes—then the training of the mind can go far".  
Thanissaro Bhikkhu

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves." John Muir

"When I heard the learn'd astronomer;  
When the proofs, the figures, were ranged in columns before me;  
When I was shown the charts and the diagrams, to add, divide, and measure them;  
When I, sitting, heard the astronomer, where he lectured with much applause in the lecture-room,  
How soon, unaccountable, I became tired and sick;  
Till rising and gliding out, I wander'd off by myself,  
In the mystical, moist night-air, and from time to time,  
Look'd up in perfect silence at the stars."  
Walt Whitman

"Satisfaction is characterized by inner peace. It arises from generosity, honesty and what I call ethical conduct, a way of behaving that respects others' right to be happy." Dalai Lama

"Do not worry if you have built your castles in the air. They are where they should be. Now put the foundations under them." Henry David Thoreau

"We must learn how to identify the opposing sides in our inner conflicts. Take anger: we need to see how destructive it is and at the same time, realize there are antidotes within our own thoughts and emotions that can

counter it. So by understanding how negative it is and then by strengthening our positive thoughts and emotions, we can gradually reduce the force of our anger and hatred." Dalai Lama

"We're conditioned to think that our lives revolve around great moments. But great moments often catch us unaware-beautifully wrapped in what others may consider a small one." unknown source

"Until you're enough nothing is ever enough." Caryl A.

"Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight." Helen Keller

"When you plant seeds in the garden, you don't dig them up every day to see if they have sprouted yet. You simply water them and clear away the weeds; you know that the seeds will grow in time. Similarly, just do your daily practice and cultivate a kind heart. Abandon impatience and instead be content creating the causes for goodness; ...the results will come when they're ready." Tibetan Buddhist nun and author Bhikshuni Thubten Chodron

"Everything has its wonders, even darkness and silence, and I learn, whatever state I may be in, therein to be content." Helen Keller

"I open my eyes and there placed before me is a gift. Gently I pull away a layer of the wrapping and with awe take in the mystery. A new day has arrived!" Unknown

"In the morning when you wake up, you reflect on the day ahead and aspire to use it to keep a wide-open heart and mind. At the end of the day, before going to sleep, you think over what you have done. If you fulfilled your aspiration, even once, rejoice in that. If you went against your aspiration, rejoice that you are able to see what you did and are no longer living in ignorance. This way you will be inspired to go forward with increasing clarity, confidence, and compassion in the days that follow." Pema Chödrön

"Nothing in the world is more dangerous than a sincere ignorance and conscientious stupidity." Martin Luther King, Jr.

"Life is like riding a bicycle - in order to keep your balance, you must keep moving." Albert Einstein

"Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared." Buddha

"And he departed from our sight that we might return to our heart, and there find Him. For He departed, and behold, He is here." St Augustine

"The point of power is always in the present moment." Louise Hay

"All is well. Everything is working out for my highest good. Out if this situation only good will come. I am safe!" Louise Hay

"Things turn out the best for the people who make the best of the way things turn out." -Life is Good

"To be able to practice five things everywhere under heaven constitutes perfect virtue. They are Gravity, Generosity of Soul, Sincerity, Earnestness and Kindness." Confucius

"Everything is okay in the end, if it's not okay, then it's not the end."  
Author Unknown

"Old friends pass away, new friends appear. It is just like the days. An old day passes, a new day arrives. The important thing is to make it meaningful: a meaningful friend - or a meaningful day." Dalai Lama

"If you want to find God, hang out in the space between your thoughts."  
Alan Cohen

"The lessons we learn from our failures  
Are lessons that help us succeed,  
And if we are wise and we heed them,  
Then failure is just what we need." D.De Haan.

"He who sows courtesy reaps friendship, and he who plants kindness gathers love." Saint Basil'

"I am so clever that sometimes I don't understand a single word of what I am saying." Oscar Wilde

"The real voyage of discovery consists not in seeking new landscapes but in having new eyes." - Marcel Proust

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." ~Hal Borland

"It may be that your sole purpose in life is simply to serve as a warning to others" - Anon

"In the depths of winter I finally learned that within me there lay an invincible summer."  
- Albert Camus

"People can't concentrate properly on blowing other people to pieces if their minds are poisoned by thoughts suitable to the twenty-fifth of December." - Ogden Nash

"Side by side or miles apart friends are forever close to your heart!" - Anon

"If you don't know where you are going, any road will get you there." - Lewis Carroll

"For each new morning with its light,  
For rest and shelter of the night,  
For health and food, for love and friends,  
For everything Thy goodness sends." ~Ralph Waldo Emerson

"I feel a very unusual sensation - if it is not indigestion, I think it must be gratitude." - Benjamin Disrael

"I feel a very unusual sensation - if I'm not dead, I think it must be serenity." - Debbie Young

"Insects have their own point of view about civilization a man thinks he amounts to a great deal but to a flea or a mosquito a human being is merely something good to eat." - Archy and Mehitabel, Don Marquis

"Gratitude is not only the greatest virtue, but the parent of all the others."  
- Cicero

"Until one has loved an animal, part of one's soul remains unawakened." -  
Anon

"Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom." -Marcel Proust

"Three Jewels: compassion, moderation, and humility" - Taoist philosophy

"Hope sees the invisible, feels the intangible and achieves the impossible."  
- Anon

"Have courage for the great sorrows of life and patience for the small ones; and when you have laboriously accomplished your daily task, go to sleep in peace. God is awake." - Victor Hugo

"I awoke this morning with devout thanksgiving for my friends, the old and the new." - Ralph Waldo Emerson

"Where was I going? I puzzled and wondered about it til I actually enjoyed the puzzlement and wondering. " - Carl Sandburg

"When you come to the edge of all the light you have, and must take a step into the darkness of the unknown, believe that one of two things will happen to you: either there will be something solid for you to stand on, or you will be taught how to fly" - Albert Einstein

"Let us rise up and be thankful,  
for if we didn't learn a lot today,  
at least we learned a little,  
and if we didn't learn a little,  
at least we didn't get sick,  
and if we got sick,  
at least we didn't die;  
so, let us all be thankful." - Buddha

"All the art of living lies in a fine mingling of letting go and holding on." - Henry Ellis

"We grow by our willingness to face and rectify errors and convert them into assets." - Bill Wilson

"If you know how to live your life, your life must be good." - Life is Good

"Ponder the Yonder" - Life is Good