

FREE OFFER

Take What You Need



Sometimes what we need is not a thing at all. Sometimes what we need rises from deep within us. And when we need it, it comes to us in unexpected ways. Maybe now is one of those times for you. Take what you need and pass it on, because it is true, to keep it you have to give it away.

**From Cynthia Terwilliger
<cterwilliger.com>**

HEALING

INSPIRATION

STRENGTH

PEACE

FREEDOM

PATIENCE

FAITH

FORGIVENESS

KINDNESS

LOVE