

THE 5 QUESTIONS TO ASK WHEN YOU WORK WITH A HORSE

Step one in the TOOL KIT

- ① **How do you feel today? (ask yourself as well)**
Touch him, observe him, connect heart to heart.
- ② **May we work together today?**
Look for the expression in his eyes.
- ③ **Is this a positive experience for you?**
Watch his ears and face.
- ④ **Am I making sense to you?**
Watch for comprehension in his responses.
- ⑤ **Is this enough for you today?**
Watch for relaxation and acceptance.

Think of your horse's experiences as *drops of water in a well*. They will be positive or negative, filling that vessel and determining what he will expect with every new project. Make certain you add positive "drops" with your interactions.

Roundyards and arenas can have residual energies from other horses' experiences within them – know that your horse can feel these and might respond to them.

