

## Jesus Took a Nap – March 15, 2023

Story told in Matthew 8:23-27 // Mark 4:35-41 // Luke 8:22.

**LUKE:** ① Jesus is napping in boat . . . contrast that w/ the disciples: afraid.

- Jesus is at peace. Wants disciples to have it, too.
  - Trip was Jesus' idea; Had a purpose & plan. Go thru the storm.

② Jesus takes a nap while the Disciples sail.

- God doesn't control us; micro-managing. Free to sail how they choose
  - We have same freedom. Free to do it on our own, or... seek Him.

③ Jesus has a lot on His shoulders . . . saving the world, etc. Yet, balance!

- We need rest. Balance. Don't Work 24/7
- "In vain you rise early and stay up late, toiling for food to eat— for he grants sleep to those he loves." – **Ps. 127:2**
- "I can lie down and sleep soundly because you, LORD, will keep me safe." **Ps. 4:8**

**MARK:** ④ Furious Squall, not small storm. He calmed it; storms happen.

- We're going to have them. But just as quickly, God changes things.

⑤ Disciples: "*Don't you care if we drown?*" Problems... don't care?

- Disciples - terrified; but doing it on their own. God was there. Comfort.
- God waits for us. He wants our dependence. Comfort there.
  - **1 Pet. 5:7** – "Cast all your cares on Him because he cares for you."
    - Cast all your worries NLT ... cast all your anxiety BEREAN

⑥ Jesus rebuked the wind . . . rebuke: express sharp disapproval, criticism

- Would you feel victorious if you knew God was rebuking enemies
  - Nothing is gonna harm you! Not while I'm here. Always here.

⑦ "*Why are you so afraid? Do you still have no faith?*"

- After all you've seen me do? Faith? Don't you know – it'll be ok!
- Same w/us... God is with us. He's saved us over & over. Stories!

⑧ Disciples are in the boat w/ Jesus, but they don't know who He is.

- "Who is this? Even the wind & waves obey him!"
- Do you know who He is, but aren't in the boat w/ Him?
  - Following Him? Allowing Him to give U peace? He's in your boat.

**Luke 8:22** - One day Jesus said to his disciples, "Let us go over to the other side of the lake." So they got into a boat and set out. 23 As they sailed, he fell asleep. A squall came down on the lake, so that the boat was being swamped, and they were in great danger.

24 The disciples went and woke him, saying, "Master, Master, we're going to drown!" He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm.

25 "Where is your faith?" he asked his disciples. In fear and amazement they asked one another, "Who is this? He commands even the winds and the water, and they obey him."

**MARK 4:35** That day when evening came, he said to his disciples, "Let us go over to the other side." 36 Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. 37 A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. 38 Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

39 He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

40 He said to his disciples, "Why are you so afraid? Do you still have no faith?"

41 They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

[Song/Week: The Booth Brothers: Sail On](#)  
[And – Happy St. Patrick's Day. Fri.](#)