

Circe's Philter

A philter is blend of different types of herbal preparations. In Circe's Philter, a tincture is blended with an infusion, and boosted with essential oil, then formulated into a wonderful spray for restoring our sacred witch powers.

This is a blend to remove the cobwebs from your witch powers through the magick of Hekate's oldest daughter, Circe. Use as a body spray before rituals to unleash your inner pharmaka and to cleanse your sacred space and tools.

Indications: Safe for adults to apply to the skin and consume in small doses, not for pregnant women.

Ingredients: vervain, yarrow, saffron, mugwort, dittany, wild rose and clove. All can be fresh or dried, with the exception of clove which is the oil in this philter.

- Vervain: Communication, creativity, freedom, healing, learning, the mind, inspiration, learning, optimism, power
- Yarrow: Divination, emotional healing, gentle guide to the sacred within and without, calmness, meditation.
- Saffron: Soothes the mind, connect to the sacred, embodiment, entrance into the mysteries.
- Mugwort: Integrity, healing, purification, protection, psychic development, soothes the worried mind, psychic development, astral travel, dream work.
- Dittany: Soothes mind, body and spirit. Excellent healer. Connecting with the Other Worlds. Evoking, merging and invoking the divine feminine. Sovereignty, agency and personal power. Brings comfort to the lonely and symbolizes true love.
- Wild Rose: Witch ancestors, attachments, beginnings, calmness, psychic abilities, rebirth, sacredness within.
- Clove: Clarity, cleansing, courage, dignity, healing words, psychic awareness, sovereignty, wellness.

Directions:

Infusion:

1 tablespoon vervain

1 teaspoon yarrow

A few saffron threads

1 cup boiled water

Pour the water over the herbs. Strain out the herbs when completely cooled.

Use this infusion as a general tonic, especially for erasing self doubt and speaking your truth. Excellent as a bathing wash.

Tincture:

1/2 cup mugwort

1 tablespoon dried, or a handful of fresh leaves and flowers, Dittany of Crete (if not available, substitute damiana)

1 tablespoon, or petals of one fresh blossom, wild rose (substitute red rose)

1 cup alcohol or glycerol

In a one pint (500 ml) glass jar, place the herbs, then pour the alcohol over. Give it a good shake. Add the cooled infusion.

On its own, this tincture is a powerful conduit to Circe and for the feminine divine.

Oil:

Finish with seven drops of clove oil.

Keep in a cool, dry place. Shake daily. Ready for use after two weeks. Excellent to make on the Full Moon and initiating use on the Dark Moon.

Good for headaches as well, especially stress induced ones or those brought about by female hormonal changes.

Circe's Restorative Animarum

This animarum maximizes the power of Circe's Philter. Animarum is the process of unleashing your energies within and attuning them to the external forces; the union of the sacred within with the external goddess. Circe herself may show up give advice and bless your working.

Excellent for use anytime you feel depleted or disconnected. Also great to get the spirits moving prior to a heavier rite or spellcasting.

The anamarum method works on its own, but the Philter adds depth to it. Try it both ways to see the difference for yourself.

To use for activation, spray the seven energy centers starting at the root (above your pubic bone and at the base of your spine), heart center, crown (center of forehead upward to the top of the head), then the top of each foot and finally the inside of each wrist.

Meaning of the energy centers

The Three Selves are our energetic epicenters, the coiled serpent of the sacred within:

Root: Lower self, opens magick and emotions

Heart center: Middle self, divine within, opens intuition and actions

Third Eye: Psychic abilities, higher self. Crown: connection to the divine without.

The four elements are our embodied aspects:

Left foot: Element of water (activates the blood)

Right foot: Element of earth (activates the body)

Right wrist: Element of air (activates the breath)

Left wrist: Element of fire (activates the spirit)

Method of anointing with the spray

The spray is used to activate within and attune to the external forces. We begin at the root, our most primal energy and finish with the crown, our most refined.

Begin at the root, concentrating on opening your emotional self and your instinctual magickal abilities.

Move onto the heart center, focusing on activating your intuition and your actions.

Next up to the Third Eye, opening your psychic abilities.

With a fluid motion up from the Third Eye, spray your crown (top of head), opening your connection to the mystical heights of the Upper World and the unborn, eternal Higher Self.

This completes activation of the Sacred Serpent within and connects you to the external cord of the Mother.

You can stop here if you are feeling ready to move into the ritual.

However, you can take this to a deeper level by calling forth the elemental energies within you, attuning to them in the natural world.

There are two basic methods for activating the elements within and without:

Using the chakra system for completing activation of the Sacred Serpent:

Water: area around belly button

Earth: just under solar plexus

Air: throat area

Fire: your crown (double anointing to complete the activation)

Use the four cardinal points of the body:

Left foot, right foot, right wrist, left wrist.

Complete the activation by connecting the left wrist to the crown.

If you want to dial down the energy centers after your working, sealing in their power, rub each of the points with shea butter, coconut oil or another spiritually dense cream or ointment.



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