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Kingfishers Swim School Newsletter  
July 2023  
Issue 7

## Diary Dates

Subject to change. Keep an eye on the website/Facebook page/emails for any updates.

Tuesday 5<sup>th</sup> September – Reopen for Autumn term.

Monday 2<sup>nd</sup> October – Invoices emailed for second half of Autumn term.

Due Saturday 14<sup>th</sup> October.

Monday 23<sup>rd</sup> – Sunday 29<sup>th</sup> October  
1 week half term closure

Monday 30<sup>th</sup> October – 2<sup>nd</sup> half of Autumn term commences.

Monday 27<sup>th</sup> November – Invoices emailed for Spring term 2024.

Due Saturday 9<sup>th</sup> December.

Monday 11<sup>th</sup> - Saturday 16<sup>th</sup> December  
Fun Swim Week

Monday 18<sup>th</sup> December – 3 week Christmas closure commences.

Monday 8<sup>th</sup> January 2024 – Swim School reopens for Spring term 2024.



That's a wrap!

Another term complete and some super achievements made. Don't forget to check out the swimmer of the term nominations on the last page.

So many of our little under 1s, 1yr olds and 2yr olds are now putting their faces in the water all by themselves, and with absolutely no forced submersions. You are all fantastic. Also lots of your 2yr olds are now swimming without their grown ups. You have worked so hard towards your next class and we can't wait to welcome you back in September in your Rising 3, Duckling or 1A class.

## FUN FACTS Did you know?

The first swim goggles were made of seashells.

Swimming was first introduced in the Olympics in 1896.

Most competitive swimmers swim 6-12 miles per day.

Swimming strengthens the heart and lungs.

Swimming can improve exercise induced asthma.

We had a fantastic time last week teaching Water Safety. Our bi-annual water safety session was well attended and we are super proud of everyone. Well done for being brave wearing your clothes and taking off the goggles. We know this is a big challenge for some and you all absolutely smashed it.

**REMEMBER:**

Never go in the water to rescue anyone. Always reach, shout or throw.

Shout for HELP!

Tread water and float.

Try not to panic.



Please ensure we have your up-to-date mobile number and an email address that you look at regularly.

Last minute changes of closures will be sent by text. This is a no reply service. Updates will also be posted via Facebook. Invoices will continue to be sent by email. Check we are on your safe list so we don't go into your junk folder. If you are expecting an email or text and you don't receive it, please let us know so we can make sure we have your correct details.

If you need to speak to one of the team, email [denise@kingfishersswimschool.co.uk](mailto:denise@kingfishersswimschool.co.uk) , [sophie@kingfishersswimschool.co.uk](mailto:sophie@kingfishersswimschool.co.uk) or [jordan@kingfishersswimschool.co.uk](mailto:jordan@kingfishersswimschool.co.uk) or message us on Facebook.

# Reminder

## Check out the fundraising efforts

If you have good thoughts, they will shine out of your face like sunbeams and you will always look lovely!

Roald Dahl



### THE KINGFISHERS FUND

The Kingfishers Fund is Kingfishers own charity pot which parents in the Rochford area can access to help with the cost of swimming lessons. The fund is filling nicely and we now have a charity bank account. The aim of the fund is to remove financial barriers in learning to swim in the Rochford District.

Denise and Jordan completed the Holkham Half Ironman Event on Sunday 9<sup>th</sup> July. They did an absolutely stellar job completing in:

Denise 6:19:25

Jordan 7:16:54

Donate here if you are able: <https://www.justgiving.com/crowdfun.../kingfishersswimschool>



We have contacted the Rochford Primary Schools but have had a disappointing response so far. If anyone has any contacts in these schools, we would be grateful in your support in getting these funds to the right people.



"Little pig, little pig, let me come in!"

"Not by the hair on our chinny chin chins!"

"Then I'll huff, and I'll puff, and I'll blow your house down!"



**Please continue to remove your shoes BEFORE entering the changing rooms and remember to take your nappies home.**

**Thank you for your support.**

## HELLO AND GOODBYE!

How lucky I am  
to have some-  
thing that makes  
saying goodbye  
so hard.

~Winnie the Pooh~

We are saying goodbye to a few staff members this term.

Josh has been at Kingfishers since he started swimming lessons with us at 3 years old. He started working for us as an Aquatic Helper before taking his Swimming Instructor certificates. He is hoping to join the RAF and we wish him every success.

Jorja has also been with us since she was 3 years old. She became an Aquatic Helper before taking her Swimming Instructor certificates and Lifeguard Qualifications. She is off to University in September and we know she will achieve anything she puts her mind to. Good luck Jorja.

Jasmyne has worked for Kingfishers for a number of years now and has been an invaluable member of the team. She is starting her full time job as a Secondary School Science Teacher and so won't be with us in September. She has promised she may be around for the odd bit of cover though so I'm sure this isn't goodbye! We wish her every happiness in her new role.

We are also saying goodbye to one of our Aquatic Helpers Lily. Lily has a busy year coming up so won't be able to work at Kingfishers anymore, but we wish her every success.

And finally...

Our Aquatic Helpers, Lizzie and Caitlin will be leaving as Aquatic Helpers and returning as qualified swimming teachers. They are due to finish their training in August and we wish them both luck with their courses. I'm sure you will join us in supporting them as they join the instructors team.

CountryLiving

"Cause a little bit  
of summer is what  
the whole year  
is all about."

—JOHN MAYER



Contact Sophie or Denise if you'd like to find out more about becoming a swimming Instructor.



Each teacher has nominated  
some students for swimmer  
of the term.  
Congratulations if you were  
nominated!

Matthew  
Stanford

For  
giving it his all.



Notable distance awards!

Tegan Willis - 20 metres at 3yrs old  
Connor Harman - 200m at 5yrs old  
Elijah Jones - 400m at 5yrs old



Finally...

Have a wonderful summer, remember what you've learned and stay safe. We will see you all in September.